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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
February 26 Cheesefare Forgiveness Sunday	Feb. 27 1st Day Great Fast 	Feb. 28 	March 1 	March 2 	March 3 	March 4 G. Martyr Theodore 
March 5 Sunday of Orthodoxy	March 6 	March 7 	March 8 	March 9 	March 10 	March 11 All Souls Saturday 
March 12 2nd Sunday	March 13 	March 14 	March 15 	March 16 	March 17 	March 18 All Souls Saturday 
March 19 Veneration of the Holy Cross	March 20 	March 21 	March 22 	March 23 	March 24 	March 25 Annunciation Mother of God
March 26 John of the Ladder (Climacus)	March 27 	March 28 	March 29 Matins, Canon St. Andrew 	March 30 	March 31 	April 1 Akafist Saturday 
April 2 Mary of Egypt	April 3 	April 4 	April 5 	April 6 	April 7 	April 8 Lazarus Saturday 
April 9 Palm Sunday	April 10 	April 11 	April 12 	April 13 Holy Thursday 	April 14 Good Friday	April 15 Holy Saturday 

"A Kindness a Day during Lent"

The above calendar serves as a simple reminder of how you may wish to enrich your Lenten journey through the undertaking of simple Acts of Kindness. By doing Little Acts of Kindness, you are sharing the love you have to give with family, friends and everyone you meet. Check off circle a 'footprint' for each Act of Kindness for each day on your Lenten walk with the Lord. There are many things you can do as little expressions of kindness, such as the following:

- Visit or call someone who is sick or elderly and bring them a simple meal, soup, or loaf of homemade bread;
- Give someone a smile who needs it — spend some time with them to help cheer them up;
- Yield the right-of-way to another driver or give up a parking space — give them a wave and a smile rather than a frown;
- Bring someone a coffee who would appreciate it;
- Help out at home where needed;
- Give or help at a soup kitchen or home;
- Help shovel someone's driveway or walkway;
- Help an elderly person get their groceries or offer them a drive in the cold/slippery weather;
- Baby-sit for a young couple or single mother so they can enjoy some time do what they like;
- Run an errand for someone who needs it;
- Spend some time listening to someone because many times we are *too busy* to do so;
- Open a door for someone;
- Opportunities for kindness present themselves during every hour of every day — take advantage of them as often and wherever you can! Use your imagination. And don't forget to enjoy the journey! You'll be in the best of Company