

11 March 2018

Fourth Sunday of LENT

11 Березня 2018 р.

100 years



Leo Mol's Holy Eucharist window  
(Luke 24:30-31) [Photo: Dr Sam]

**What an exciting week in our parish!** We are part of a truly historic Lenten Mission that we are sharing with two other parishes! The preacher for the Mission is the successor to the Apostles - our Metropolitan-Archbishop Lawrence! We have an opportunity to hear and discuss the Mission Talks with brothers and sisters that share our faith! No one of us wants to miss this! At the minimum we want to attend one of the talks each day (tomorrow, Tuesday and Wednesday) at the perspective church. Even better if we would make the effort to attend both! Why? Because we will be with slightly different crowds and be able to hear the message in a slightly different way (preachers always give different examples and word things slightly differently each time!) and to discuss the points with fellow Christians at the fellowship. Don't be afraid to attend this rare opportunity! Don't be afraid to ask for a ride! See the announcement in this bulletin! We are also praying the penitential canon of St. Andrew on Thursday, and we are having the next in our series of Lenten Friday evenings - Presanctified, Supper with a guest speaker and the Way of the Cross.

**Take advantage of these opportunities!** (James 4:14)

## HOLY EUCHARIST BOOK STORE

A wide range of spiritual and inspirational reading... Many beautiful gift ideas for Birthdays, Weddings, First Communion, Baptisms... cards, Icons, Rosaries, Chotky & Crosses. **GIFT CERTIFICATES AVAILABLE!**

**For More Information Contact Liz at 204.334.2081**

The perfect gifts for **Anniversaries** - not to mention: **Birthdays** and... **just-because!**

**Holy Eucharist Ukrainian Catholic Parish**  
**Українська Католицька Парафія**  
**Пресвятої Євхаристії**

Web: **www.HolyEucharist.info**

Church: 505 Watt St. - 'corner of Watt & Munroe'

Office: 460 Munroe Ave. Winnipeg, MB R2K 1H4

Hours: Monday - Friday, 8:30 AM - 4:00 PM

Tel: 204.667.8866

Email: [heparish@gmail.com](mailto:heparish@gmail.com)

Fax: 204.668.2024

Parish Auditorium: 505 Watt St.

Tel: 204.654.4786

Parish Centre: 460 Munroe Ave.

Tel: 204.661.5240

**Remember to visit [www.archeparchy.ca](http://www.archeparchy.ca) website for news and information.**

## LITURGICAL SERVICE SCHEDULE

**Divine Liturgy — Божественна Літургія**

**Sunday - Неділя\***

8:30 am - Ukrainian/Українська

9:00 am Catechism program

10:00 am -English

**Weekdays - Будні (see inside page)**

**Confessions - Сповідь** - Prior to every Divine Liturgy

**Baptisms - Хрещення** - Contact the pastor

**Weddings - Вінчання** - Contact the pastor

at least 6 months in advance

\* occasionally subject to change—see back page

To request a Divine Liturgy or other service, please call the Parish Office.

**AGM**  
ANNUAL GENERAL MEETING

**Attention all parishioners** the Annual General Meeting has been **postponed** due to the unforeseen delay in the completion of the financial review.

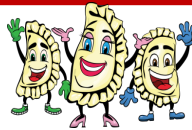
**The AGM will take place on Sunday March 18, 2018 after the 10:00 am Divine Liturgy!**

**\*\*\*Take note we will have only one Divine Liturgy on this Sunday at 10:00 am followed by refreshments and the prompt start of our Annual General Meeting held in the Parish Auditorium!!\*\*\***

### Winnipeg's Largest Perogy BASH

April 14, 2018

The 1st Annual all you can eat Perogy Bash  
Holy Eucharist Parish Centre,  
460 Munroe Ave.



**Tickets Only \$20.00 Adults \$8.00 Children**  
**\*\*Cash Bar\*\***

**Doors open at 5:00 pm - Supper served from 5:30 pm to 7:30 pm**  
**All you can eat homemade perogy's, perogy eating contests**  
**with guest judges, learn the perogy dance, door prizes,**  
**famous Ukrainian Auction, Dancing and much...much**  
**More!!! Music by: The Ukrainian Old Timers...**

**For Tickets call: 204-667-8866**

**We are asking for donations towards the auction. If you are**  
**able to make a contribution please contact the Parish Office**  
**at 204-667-8866. Tickets are available!!**

**Tickets are going FAST.....**

**We are asking anyone interested in helping out with this**  
**event to give Mike a call at 204-663-5363.**  
**Everyone WELCOMED**

**Calling on all Parishioners** ...we have a  
few Parishioners that are in need of  
rides on Sunday mornings for Divine  
Liturgies. If you are able to pick up a  
Parishioner please contact the office for  
details. Also if you or you know of  
someone that is in need of a ride please also contact the  
office. We do not want anyone to miss services on Sunday  
due to a lack of rides. Thank you all in advance...



**The Great Fast...is upon us, let us all prepare**  
**ourselves for the Resurrection of our Christ.**

**Lent has begun...**

**Easter Sunday is April 1, 2018**

During lent we will once again have the **Liturgy of**  
**Presanctified Gifts** on Wednesdays and Thursdays (and  
other days...). **Starting at 5:30 pm.**

Liturgy of Presanctified Gifts will also be celebrated on  
Fridays March 16 and 23rd starting at **5:30 pm** followed by  
a light meatless **fellowship supper** (goodwill offering) and  
at **7:15 pm Way of the Cross.**

Please note there will be no scheduled\* morning Divine  
Liturgies Wednesday, Thursdays and Fridays during Lent.  
(\*special requests and arrangements may be made)

**Palm Sunday, March 25th the Young Adults will host a**  
**pancake breakfast after 10:00 am Divine Liturgy.**

**Sorokousty Services** for our deceased Family members will  
be taking place on Saturdays March 17 and 24th at 9:00 am.

Please update your lists prior to Friday, February 16, 2018.

Please call the Parish office with updates 204-667-8866.

# AGM

ANNUAL GENERAL MEETING

### NOTE DATE CHANGE

**Sunday, March 18, 2018**

**After one Divine Liturgy 10:00 am.**

**Meeting/refreshments to follow in Parish**  
**Auditorium.**

**Don't forget to pick up your AGM booklet at**  
**the back of the Church!!!**

**Winnipeg Life's Vision presents its annual Pro-life**  
**lunch on Saturday, March 24, 2018 at 12pm at**  
**Holy Eucharist Parish Centre, 460 Munroe Ave in**  
**East Kildonan.**

The luncheon will be preceded by an optional workshop  
on Pro-Life apologetics (conversation skills) from 9:30 to  
11:30 am. This session will provide skills on how to  
dialogue on life issues. Keynote speaker at the lunch is  
Cameron Côté, Western Outreach Director, Canadian  
Centre for Bioethical Reform (CCBR). Cameron will speak  
on "The Hope for the Pro-Life Movement". This will  
include the changes we have seen, the experience we  
have gained, and the results that are on the horizon for  
the pro-life movement. Donations of NEW baby items  
are greatly appreciated and will be collected for Crisis  
Pregnancy Centre. Cost \$20. Contact Life's Vision at 204  
233-8047 or email [lifesvision@shaw.ca](mailto:lifesvision@shaw.ca) to reserve your  
ticket.

Knights of Columbus Father Filipow Council #8944

### Easter Meat BINGO

**Sunday March 18, 2018**

Card sale at noon—Games 12:30-4:00 pm

Only \$7 Entry (3 cards)!!!

**St. Nicholas Church Hall**

**Arlington St./Bannerman Ave.**

**Meat, Cash and other Prizes Galore!!!!**

**Lunch/Silent Auction/50-50 too!!!**



**The Miraculous Icon will be in the**  
**home of Emily Hawrysh.**  
**this week.**

**Please** call Evelyn Tymchak 204-667-6791  
today to have this beautiful Icon in your home.

### Жертвода́вство

**"The portion of your blessings that you have returned**  
**to the Lord" For the Week of**  
**Sunday March 4, 2018**

1.	Envelopes	\$1420.00
2.	Vigil Lights	\$44.05
3.	Lenten Mission	\$20.00
4.	Vigil Lamps	\$30.00
5.	Direct Deposit	\$370.00
6.	Metropolitan Lenten Charity	\$10.00
8.	Sorokousty	\$25.00
9.	Holy Family home	\$5.00
<b>Total this week</b>		<b>\$1924.05</b>

## THE JOURNEY THROUGH THE GREAT FAST

### Lenten prayer of St. Ephrem

Lent, a.k.a. The Great Fast – is one big journey and one great reflection on life and death. During the weeks that lead us to Easter, the Scripture readings and the special prayers strongly encourage us to step back and take a critical look at ourselves. What motivates our actions? (Laws or Love?) How do we see others? (With condemnation or compassion?)

For the next 20 days (yes that is all that remains!) our task is to focus on our relationship with God. The Fast is not about diet; it is about doing what it takes us personally to bring our consciousness into harmony and awareness of Divine presence in our ordinary existence. Our liturgical services support and sustain our personal journeys by praying together as a community, through the readings, and hymns.

Our Lenten journey, both personal and communal is encapsulated most perfectly in the Lenten **Prayer of St Ephrem** that we pray (at least once) every day. Through this ancient prayer, we recall the lessons presented to us especially through themes and Scripture readings. With each repetition of this prayer we take inventory of our status as persons who have professed to “put on Christ”.

St Ephrem's prayer has been said to contain **the entire content and purpose of the Great Fast**. St Ephrem the Syrian (ca. 306-373 AD) is a Church Father. He was a monk, theologian, and poet, who comforted both bodies and souls during his lifetime. He died ministering to victims of plague and famine in Edessa (SE Turkey today). Traditionally, when we say the words of this prayer, we bring our full body into meditation by making a full prostration (poklin) after each of the three segments, and after repeating the segments together at the end. In between this prayer, it's customary to repeat (4 times) the prayer of penitence that we pray before receiving the Eucharist: “Lord, be merciful to me a sinner; Lord, cleanse me of my sins and have mercy on me; I have sinned without number, Lord forgive me.” (We bow deeply with each petition and cross ourselves.) English translations of St Ephrem's prayer vary greatly, but the expression of profound desire to live in Grace is constant nonetheless.

Each year in the Lenten period, we have the opportunity to join **16 centuries** of faithful who have been spiritually nourished and encouraged by St Ephrem's devotion to Christ.

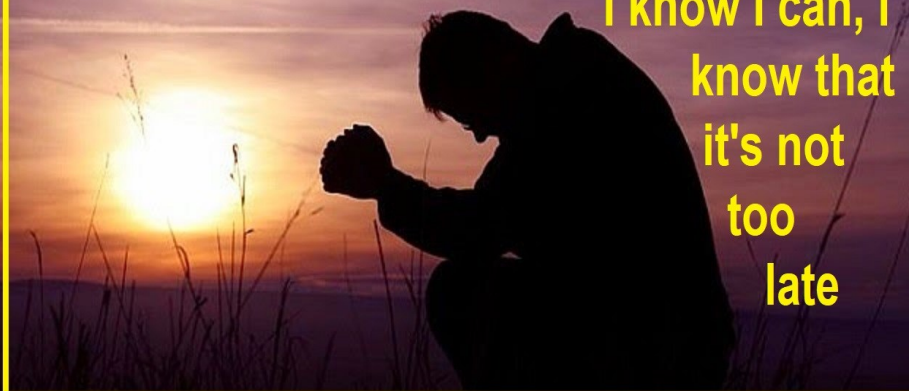
**+ Lord and Master of my life, keep me from being lazy, apathetic, selfish, and boastful. (Prostration)**

**+ Instead, bestow on me, your servant, the spirit of integrity, humility, patience, and love. (Prostration)**

**+ Yes, O Lord and King, let me see my own sins and not judge my brothers and sisters; For you are blessed forever and ever. Amen (Prostration).**

Lord, please help me to become the  
person that You want me to be.

With your grace,  
I know I can, I  
know that  
it's not  
too  
late





## Events in the Parish and Around the Archeparchy - **Participate! Support! Get Active! Attend!**

### Coffee House Schedule:

**4th Lenten Supper - Friday, March 16, 2018 - 6:30 pm in the Parish Auditorium - Hosted by the Holy Eucharist Perogy Group all proceeds going directly to Holy Eucharist Charity Fund.**

**March 12 - 14, 2018 - MISSION DAYS with His Grace Metropolitan Lawrence. Please see your insert for times and location.**

**Tuesday, March 13, 2018 - 7:00 pm - Screening of the movie MYTH for what Vasyl Slipak died, Manitoba Museum Auditorium. Admission \$20.00.**

**Sunday, March 18, 2018 - Parish AGM following 10:00 am Divine Liturgy.**

**Thursday, March 29, 2018 - 10:00 am - Great & Holy Thursday. Traditional "Washing of the Feet" with Metropolitan Lawrence Huculak. St. Nicholas Parish, 737 Bannerman Ave.**

Join Faithful From Around the City For an Evening of Prayer and Meditation as the  
**MACENKO MEMORIAL MALE CHOIR** sings their version of the hauntingly beautiful

### "JERUSALEM MATINS"

**at the amazing Holy Eucharist Church\* (505 Watt Street, Winnipeg) on  
Good Friday, March 30, 2018 at 7:00 PM** Fellowship with "Lenten Refreshments" to follow  
All are Welcome! There's no other place you'd rather be...

**Thursday, April 19, 2018—40th Annual Caritas Awards Dinner—honoring "The Catholic Health Association of Manitoba (CHAM)" RBC Convention Centre.** Tickets are \$110.00 each and can be purchased directly from the Parish Office.

**Sunday, April 22, 2018 - 1st Solemn Holy Communion**

**Sunday, April 29, 2018 - 10:00 am - 55th Annual Tea, Holy Eucharist Church, Rosa MB. Lunch and Celebration to follow at the Shevchenko Ukrainian Centre in Rosa. Silver collection and silent Auction.**

**Wednesday, May 16, 2018 - 7:00 pm - Holy Eucharist Brotherhood invites all parishioners to attend their annual pilgrimage to Bishop Velychkovsky Martyr's Shrine. For more information please contact Ron Aftanas at 204-661-0025.**



### **GREAT AND HOLY THURSDAY Annual Archeparchial Divine Liturgy with Metropolitan Lawrence Huculak**

Come join the Clergy, Religious and all the Faithful of the Arch-eparchy as they come together for the ancient tradition of the Holy Thursday commemoration of Christ's institution of the Holy Eucharist and the

Holy Priesthood at the "Last Supper". Traditionally the Holy Myron Oil used throughout the Manitoba for the Mystery of Chrismation in the coming year is also blessed at this time and the Metropolitan-Archbishop reminds us of Christ's teaching of humility and service by performing the "Washing of Feet".

**Beginning at 10:00 AM**

**On Thursday 29 March 2018. At Saint Nicholas Parish Church [737 Bannerman Avenue, Tel. 204-582-6695]**

**You are invited to make time during this PASSION WEEK 2018 to be present for this inspirational Archeparchial event!**

**We thank the Basilian Fathers and the Parishioners of St. Nicholas Parish for hosting this event.**



### **News... from the Holy Eucharist Busy Fingers Knitting Group**

We are looking for donations of wool...if anyone would like to donate please call Mavis at 204-663-5894. Our next meeting will be on Monday, March 12 from 10:00 am to 12:00 pm. Everyone Welcome!!!!

**Holy Eucharist Annual Pysanka workshop** will be taking place on Saturday, March 17, 2018 from 1:00 pm to 4:30 pm in the Church Auditorium. To register please call Val at 204-667-7395 or Rosanne at 204-663-7156.



### **100th Anniversary Committee NEWS!!!**

Exciting events are starting to take place...but we will need the help of all our Parishioners.

The next 100th Committee meeting will be held on **March, Thursday, 26, 2018 at 7:00 pm in the Parish Auditorium.**



### **2018 Youth Winter Games Schedule**

**Mini-Olympics:** Saturday, March 17, 2018, Immaculate Heart School, 650 Flora Ave Registration 2:30pm., games and snacks 3:00-5:30 pm Clean indoor shoes required

**Indoor Soccer:** Saturday, April 14, 2018 Seven Oaks Soccer Plex, 725 Kingsbury Ave., Registration 2:30pm., soccer and snacks 3:00-5:00pm Clean indoor runners required

**Windup:** Saturday April 28, 2018 St Joseph's Parish Hall, 250 Jefferson Ave., Food, Music, Games and Awards 6:00-10:00pm

**All youth are invited and admission is free for all events.**

**BLUE MARIAN**  
(Side Altar lamp)

(March 11 - March 17, 2018)

**+Kathleen Sawula (Kay)-  
Birthday, Daughter Eleanor  
Smallwood and family**

**RED SAVIOUR**  
(Side Altar lamp)

(March 11 - March 17, 2018)

**+Ted Gierys, By wife Sophie  
and Family**



**PLEASE DO THIS! Please VISIT or if you can't then at least CALL:**

Mary Schurko, Alice Lapka, Steve Romas, Tom Bodie, Katherine Hoffman, Bill Stepanskiuk, Janet Klimchuk, Betty Soloway, Nadia Kozoris, Ray Kadeshuk, Leonard Rybak, Vera Werbeniuk, Edward Berezuk, Teresa Letwin

**Amber Meadows:** Walter Drewniak, Walter Babiniec

**Holy Family:** Ollie Smerek, Nell Lupyrypa, Mary Horbal, Irene Omeniuk, Bill Simcoe, Helen Babiniec

**Middle Church:** Olga Hnatiuk, Margaret Sawchuk **Misericordia:** Jennie Huchko

**Concordia Hospital:** Anna Bakan **Deer Lodge Centre:** Mary Kozubniak

**Maples Personal Care Home:** Anne Wach **St. Boniface:** Pearl Tymofichuk, Mike Rychlicki

And our **Priests:** Fathers E. Evanko, A. Wach, B. Borowec, L. Ratuszniak, V. Yakowchuk

Call our priests anytime for a Pastoral or **Sacramental** visit. **NUMBERS ON THE FRONT PAGE**

**Schedule of Liturgies - Розпорядок Богослужінь**

**!! NOTE: TIME CHANGES !!**

Date	Time	Epistle/Gospel Readings	Intention	Epistle Reader	Ushers/Greeters
<b>Sunday</b> Mar. 11, 2018 <b>Fourth Sunday of Lent</b>	8:30 am 9:00 am 10:00 am	<i>Українська Служба</i> <i>Catechism</i> <i>Ep. Heb. 6:13-20</i> <i>Gp. Mk. 9: 17-31</i>	<i>For all Parishioners</i>  <i>Holy Spirit guide our AGM!</i> <i>March 18, 2018</i>	C. Hoffman  A. Letwin	  L. Deptuch S. Kowalchuk
Monday Mar. 12, 2018 <b>Confessor Theophane</b>	9:00 am 7:00 pm	<i>Ep. Rom. 12: 1-3</i> <i>Gp. Lk. 6: 31-36</i>	<i>Mission at St. Anne's (with Akafist)</i>  <i>Mission at St. Anne's (with Presanctified)</i>		Metropolitan <b>Lawrence</b> is the preacher at each of the six talks
Tuesday Mar. 13, 2018 <b>Transfer of the relics of Nicephorus</b>	9:00 am 7:00 pm	<i>Ep. Eph. 4:14-16</i> <i>Gp. Lk. 6: 24-31</i>	<i>Mission at St. Michael's (with Akafist)</i>  <i>Mission at St. Michael's (with Presanctified)</i>		Come to the 9 AM <b>or</b> 7 PM EACH DAY! (or come to both each day for a different perspective)
Wednesday Mar. 14, 2018 <b>Venerable Benedict</b>	9:00 am 7:00 pm	<i>Ep. Eph. 4: 17-25</i> <i>Gp. Lk. 7: 36-50</i>	<i>Mission at Holy Eucharist (with Akafist)</i>  <i>Mission at Holy Eucharist (with Presanctified)</i>	E. Bowman (Reader/usher) L. Deptuch (Usher)  H. Mazur (Reader/Usher) M. Kowichuk (Usher)	<i>We will be attending each day at one of our Sister Churches. Please take note of which church!</i>
Thursday Mar. 15, 2018 <b>Martyr Agapius and companion martyrs</b>	8:00 am 12:00 noon	<i>Ep. Eph.4: 25-32</i> <i>Gp. Lk. 13: 1-9</i>	<i>Canon of St Andrew</i>  <i>For the healing of those whom we have hurt</i>	J. Hoffman  E. Bowman	
Friday Mar. 16, 2018 <b>Martyr Sabinus</b>	5:30 pm ← 6:30 pm 7:15 pm	<i>Ep. 2 Cor. 5: 10-15</i> <i>Gp. Lk. 12: 42-48</i>	<i>Liturgy of Presanctified Gifts</i> <i>Lenten fellowship Supper</i> <i>Way of the CROSS</i>	H. Mazur	<i>Dinner Guest Speaker and discussion!</i>
Saturday Mar. 10, 2018 <b>Akathist Saturday</b>	9:00 am	<i>Ep. Heb. 9: 24-28</i> <i>Gp. Mk. 8: 27-33</i>	<i>Sorokousty Divine Liturgy</i>	E. Bowman	Update Parish record of deceased relatives (that they will be kept in prayer for the future)
<b>Sunday</b> Mar. 18, 2018 <b>Fourth Sunday of Lent</b>	NO 8:30 9:00 10:00 am	← ← ← <i>Catechism</i> <i>Ep. Heb. 9:11-14</i> <i>Gp. Mk. 10: 32-45</i>	<i>For all Parishioners</i>	A. Tataryn	C. Shupenia J. Prociuk

Tri-Parochial 2018  
**LENTEN PILGRIMAGE MISSION**  
with the Archbishop of Winnipeg  
**METROPOLITAN LAWRENCE**

JOIN OUR **THREE-DAY JOURNEY** WITH YOUR CHOICE  
OF MORNING OR EVENING SESSIONS

**March 12, 13 & 14 2018**

Or... come to both, if you can as there will be different people  
with which to experience the talks and, as always, you'll catch something that would be missed only  
hearing it once!

**3 CONSECUTIVE DAYS TAKING PLACE AT 9:00 AM and  
7:00 PM each day!**

NB The Talks are **not** repeated in each church - **A Different Talk Every Day!**

**Mon. Mar. 12 Session № 1 ST. ANNE (35 Marcie Street)**

**Tues. Mar. 13 Session № 2 ST. MICHAEL (400 Day Street)**

**Wed. Mar. 14 Session № 3 HOLY EUCHARIST (505 Watt Street)**

**A SPECIAL JOURNEY OF PRAYER,  
COMMUNITY AND  
LENTEN PREPARATION**

*Fellowship, refreshments and discussion **after each event***

COME LET US GROW AS SISTERS "EAST-OF-THE-RED"  
PARISHES OF **ONE CHURCH AND ONE ARCHEPARCHY!**

*Yes, this is a traveling Pilgrimage so it will also be an exercise in **CHARITY** as we  
reach out to help each other get to the three churches... let us be willing to **give**  
each other a ride to the*

mission. If you are able to offer a ride or if you need a ride - we ask  
that you please meet

***35 minutes before the event***

at ***your home parish***

parking lot and work together so that everyone can  
attend the various locations.

