

4 March 2018

Third Sunday of LENT - Veneration of the HOLY CROSS

4 Березня 2018 р.

100 years



Leo Mol's Holy Eucharist window  
(Luke 24:30-31) [Photo: Dr Sam]

*Let all bitterness, and wrath, and anger, and clamor, and evil speaking, be put away from you, with all malice. And be kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake has forgiven you. (Ephesians 4:31-32)*

What a perfect goal for Lent! Not only as something to strive for during the Great Fast, but as a **life-changer** going forward! The Apostles and Saints understood this. The more they understood how great of an insult and destruction sin is, the more they accepted in humility their trials and even injustices against them. They accepted in their hearts that they may have not deserved this treatment for this reason from this person, **but...** they very well might deserve it for another reason in their past life when they unjustly showed disrespect or hurt another person. Read the writings of St Paul and of the great Saints. They understood this well.

This year we have really unique **Lenten Mission!** Our Bishop, **Metropolitan Lawrence** is leading us. We need to travel around to three churches. Let's commit to this! Let's open up to helping others get to the talks! Let's **ASK** others to help us get there! See the notices!

### HOLY EUCHARIST BOOK STORE

A wide range of spiritual and inspirational reading... Many beautiful gift ideas for Birthdays, Weddings, First Communion, Baptisms... cards, Icons, Rosaries, Chotky & Crosses. **GIFT CERTIFICATES AVAILABLE!**  
For More Information Contact Liz at 204.334.2081

The perfect gifts for **Anniversaries** - not to mention: **Birthdays** and... **just-because!**

Holy Eucharist Ukrainian Catholic Parish  
Українська Католицька Парафія  
Пресвятої Євхаристії

Web: **www.HolyEucharist.info**

Church: 505 Watt St. - 'corner of Watt & Munroe'

Office: 460 Munroe Ave. Winnipeg, MB R2K 1H4

Hours: Monday - Friday, 8:30 AM - 4:00 PM

Tel: 204.667.8866

Email: heparish@gmail.com

Fax: 204.668.2024

Parish Auditorium: 505 Watt St.

Tel: 204.654.4786

Parish Centre: 460 Munroe Ave.

Tel: 204.661.5240

Remember to visit **www.archeparchy.ca** website for news and information.

### LITURGICAL SERVICE SCHEDULE

**Divine Liturgy — Божественна Літургія**  
**Sunday - Неділя\***

8:30 am - Ukrainian/Українська

9:00 am Catechism program

10:00 am -English

**Weekdays - Будні (see inside page)**

**Confessions - Сповідь** - Prior to every Divine Liturgy

**Baptisms - Хрещення** - Contact the pastor

**Weddings - Вінчання** - Contact the pastor  
at least 6 months in advance

\* occasionally subject to change—see back page

To request a Divine Liturgy or other service, please call the Parish Office.

**AGM**  
ANNUAL GENERAL MEETING

**Attention all parishioners** the Annual General Meeting has been **postponed** due to the unforeseen delay in the completion of the financial review.

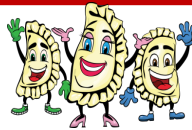
**The AGM will take place on Sunday March 18, 2018 after the 10:00 am Divine Liturgy!**

**\*\*\*Take note we will have only one Divine Liturgy on this Sunday at 10:00 am followed by refreshments and the prompt start of our Annual General Meeting held in the Parish Auditorium!!\*\*\***

## Winnipeg's Largest Perogy BASH

April 14, 2018

The 1st Annual all you can eat Perogy Bash  
Holy Eucharist Parish Centre,  
460 Munroe Ave.



**Tickets Only \$20.00 Adults \$8.00 Children**  
\*\*Cash Bar\*\*

Doors open at 5:00 pm - Supper served from 5:30 pm to 7:30 pm  
All you can eat homemade perogy's, perogy eating contests  
with guest judges, learn the perogy dance, door prizes,  
famous Ukrainian Auction, Dancing and much...much  
More!!! Music by: The Ukrainian Old Timers...

For Tickets call: 204-667-8866

We are asking for donations towards the auction. If you are  
able to make a contribution please contact the Parish Office  
at 204-667-8866. Tickets are available!!

Tickets are going FAST.....

We are asking anyone interested in helping out with this  
event to give Mike a call at 204-663-5363.  
Everyone WELCOMED

**Calling on all Parishioners** ...we have a  
few Parishioners that are in need of  
rides on Sunday mornings for Divine  
Liturgies. If you are able to pick up a  
Parishioner please contact the office for  
details. Also if you or you know of  
someone that is in need of a ride please also contact the  
office. We do not want anyone to miss services on Sunday  
due to a lack of rides. Thank you all in advance...



**The Great Fast...is upon us, let us all prepare  
ourselves for the Resurrection of our Christ.**

**Lent has begun...**

**Easter Sunday is April 1, 2018**

During lent we will once again have the **Liturgy of  
Presanctified Gifts** on Wednesdays and Thursdays (and  
other days...). **Starting at 5:30 pm.**

Liturgy of Presanctified Gifts will also be celebrated on  
Fridays March 9, 16 and 23rd starting at **5:30 pm** followed  
by a light meatless **fellowship supper** (goodwill offering)  
and at **7:15 pm Way of the Cross.**

Please note there will be no scheduled\* morning Divine  
Liturgies Wednesday, Thursdays and Fridays during Lent.  
(\*special requests and arrangements may be made)

**Palm Sunday, March 25th the young adults will host a  
pancake breakfast after 10:00 am Divine Liturgy.**

**Sorokousty Services** for our deceased Family members will  
be taking place on Saturdays March 10, 17 and 24th at 9:00  
am. Please update your lists prior to Friday, February 16,  
2018. Please call the Parish office with updates 204-667-  
8866.

## TODAY

72nd Annual Daffodil Tea

March 4, 2018

1:00 pm to 3:00 pm - Parish Centre



**NOTE DATE CHANGE**

**Sunday, March 18, 2018**

**After one Divine Liturgy 10:00 am.**

**Meeting/refreshments to follow in Parish  
Auditorium.**

**Winnipeg Life's Vision presents its annual Pro-life  
lunch on Saturday, March 24, 2018 at 12pm at  
Holy Eucharist Parish Centre, 460 Munroe Ave in  
East Kildonan.**

The luncheon will be preceded by an optional workshop  
on Pro-Life apologetics (conversation skills) from 9:30 to  
11:30 am. This session will provide skills on how to  
dialogue on life issues. Keynote speaker at the lunch is  
Cameron Côté, Western Outreach Director, Canadian  
Centre for Bioethical Reform (CCBR). Cameron will speak  
on "The Hope for the Pro-Life Movement". This will  
include the changes we have seen, the experience we  
have gained, and the results that are on the horizon for  
the pro-life movement. Donations of NEW baby items  
are greatly appreciated and will be collected for Crisis  
Pregnancy Centre. Cost \$20. Contact Life's Vision at 204-  
233-8047 or email lifesvision@shaw.ca to reserve your  
ticket.

**Knights of Columbus Father Filipow Council #8944**

**Easter Meat BINGO**

**Sunday March 18, 2018**

Card sale at noon—Games 12:30-4:00 pm

Only \$7 Entry (3 cards)!!!

**St. Nicholas Church Hall**

**Arlington St./Bannerman Ave.**

Meat, Cash and other Prizes Galore!!!!

Lunch/Silent Auction/50-50 too!!!



**The Miraculous Icon will be in the  
home of *Joan Lewandosky.*  
this week.**

**Please** call Evelyn Tymchak 204-667-6791  
today to have this beautiful Icon in your home.

**Жертводавство**

**"The portion of your blessings that you have returned  
to the Lord" For the Week of  
Sunday February 25, 2018**

1.	Envelopes	\$1510.00
2.	Vigil Lights	\$41.40
3.	Lenten Mission	\$360.00
4.	Vigil Lamps	\$20.00
5.	Youth Outreach	\$100.00
6.	Easter Flowers/Willows	\$10.00
8	Sorokousty	\$470.00
<b>Total this week</b>		<b>\$2511.40</b>

## Events in the Parish and Around the Archeparchy - **Participate! Support! Get Active! Attend!**

### Coffee House Schedule:

**3rd Lenten Supper - Friday, March 9, 2018 - 6:30 pm in the Parish Auditorium - Hosted by the Holy Eucharist Pastoral Council all proceeds going directly to Holy Eucharist Charity Fund.**

**Sunday, March 4, 2018 - 1:00pm to 3:00pm** UCWLC annual Daffodil Tea, Parish Centre.

**Wednesday, March 7, 2018 - 7:00 pm** - UCWLC/UCBC Monthly meetings, Parish Centre.

**Saturday, March 10, 2018 - 6:30 pm Start** - **"Travel the World"** Immaculate Heart of Mary Fundraising Dinner at Holy Eucharist Parish Centre, 460 Munroe. Tickets \$125.00 each and can be purchased directly from Holy Eucharist Parish Office or by calling IHMS at 204-582-5698.

**Sunday, March 11, 2018** - Parish AGM following 10:00 am Divine Liturgy.

Join Faithful From Around the City For an Evening of Prayer and Meditation as the  
**MACENKO MEMORIAL MALE CHOIR** sings their version of the hauntingly beautiful

### "JERUSALEM MATINS"

**at the amazing Holy Eucharist Church\* (505 Watt Street, Winnipeg) on  
Good Friday, March 30, 2018 at 7:00 PM** Fellowship with "Lenten Refreshments" to follow  
All are Welcome! There's no other place you'd rather be...

**March 12 - 14, 2018 - MISSION DAYS with His Grace Metropolitan Lawrence. Please see your insert for times and location.**

**Tuesday, March 13, 2018 - 7:00 pm** - Screening of the movie MYTH for what Vasyl Slipak died, Manitoba Museum Auditorium. Admission \$20.00.

**Thursday, April 19, 2018—40th Annual Caritas Awards Dinner—honoring "The Catholic Health Association of Manitoba (CHAM)"** RBC Convention Centre. Tickets are \$110.00 each and can be purchased directly from the Parish Office.

**Sunday, April 22, 2018** - 1st Solemn Holy Communion

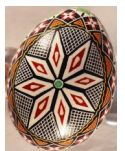
**Sunday, April 29, 2018 - 10:00 am** - 55th Annual Tea, Holy Eucharist Church, Rosa MB. Lunch and Celebration to follow at the Shevchenko Ukrainian Centre in Rosa. Silver collection and silent Auction.

### News... from the Holy Eucharist Busy Fingers Knitting Group



We are looking for donations of wool...if anyone would like to donate please call Mavis at 204-663-5894. Our next meeting will be on Monday, March 12 from 10:00 am to 12:00 pm. Everyone Welcome!!!!

**Holy Eucharist Annual Pysanka workshop** will be taking place on Saturday, March 17, 2018 from 1:00 pm to 4:30 pm in the Church Auditorium. To register please call Val at 204-667-7395 or Rosanne at 204-663-7156.



### 2018 Youth Winter Games Schedule

Mini-Olympics: Saturday, March 17, 2018, Immaculate Heart School, 650 Flora Ave Registration 2:30pm., games and snacks 3:00-5:30 pm Clean indoor shoes required

Indoor Soccer: Saturday, April 14, 2018 Seven Oaks Soccer Plex, 725 Kingsbury Ave., Registration 2:30pm., soccer and snacks 3:00-5:00pm Clean indoor runners required

Windup: Saturday April 28, 2018 St Joseph's Parish Hall, 250 Jefferson Ave., Food, Music, Games and Awards 6:00-10:00pm

**All youth are invited and admission is free for all events.**



### 100th Anniversary Committee NEWS!!!

Exciting events are starting to take place...but we will need the help of all our Parishioners. The next 100th Committee meeting will be held on **Thursday, March 8, 2018 at 7:00 pm in the Parish Auditorium.**

Thank-you for the use of Holy Eucharist hall for our sessions. We had 71 participants attending each night including Metropolitan Lawrence and Bishop Gagnon. A big thank-you to Fr. Michael who went out of his way to find a way for the participants to view the stained glass window of Blessed Martyr Fr. Kowch. Also his gift to Rabbi Green was so appropriate and so well received. After the last session people just didn't want to leave. The ladies prepared a great reception. Special thanks to Elaine Bowman and her ladies. Thanks again. God Bless Vicky Adams

**BLUE MARIAN**  
(Side Altar lamp)

(March 4 - March 10, 2018)

**Blessing for health of our family, By Vera Werbeniuk**

**RED SAVIOUR**  
(Side Altar lamp)

(March 4 - March 10, 2018)

**+Bill Werbeniuk, By Family**





**PLEASE DO THIS! Please VISIT or if you can't then at least CALL:**

Mary Schurko, Alice Lapka, Steve Romas, Tom Bodie, Katherine Hoffman, Bill Stepanskiuk, Janet Klimchuk, Betty Soloway, Nadia Kozoris, Ray Kadeshuk, Leonard Rybak, Vera Werbeniuk, Edward Berezuk, Anna Bakan, Teresa Letwin

**Amber Meadows:** Walter Drewniak, Walter Babiniec

**Holy Family:** Ollie Smerek, Nell Lupyrypa, Mary Horbal, Irene Omeniuk, Bill Simcoe, Helen Babiniec

**Middle Church:** Olga Hnatiuk, Margaret Sawchuk

**Concordia Hospital:** Jeannie Huchko **Deer Lodge Centre:** Mary Kozubniak

**Maples Personal Care Home:** Anne Wach **St. Boniface:** Pearl Tymofichuk, Mike Rychlicki

And our **Priests:** Fathers E. Evanko, A. Wach, B. Borowec, L. Ratuszniak, V. Yakowchuk

Call our priests anytime for a Pastoral or **Sacramental** visit. **NUMBERS ON THE FRONT PAGE**

**Schedule of Liturgies - Розпорядок Богослужінь**

**!! NOTE: TIME CHANGES !!**

Date	Time	Epistle/Gospel Readings	Intention	Epistle Reader	Ushers/Greeters
<b>Sunday</b> Mar. 4, 2018 <b>Third Sunday of Lent—Veneration of the HOLY CROSS</b>	8:30 am 9:00 am 10:00 am	<i>Українська Служба</i> <i>Catechism</i> <i>Ep. Heb. 4:14-5: 6</i> <i>Gp. Mk. 8: 34-9:1</i>	<i>For all Parishioners</i>  <i>Blessings for all our visitors and guests for today's tea</i>	H. Mazur  C. Shupenia	  E. Kozak A. Rybak
Monday Mar. 5, 2018 <b>Martyr Canon of Isauria</b>	9:00 am 5:30 pm	<i>Ep. Phil. 2: 5-11</i> <i>Gp. Mt. 13: 10-23</i>	<i>+Mike Chemerika (5 yrs.), by wife Margaret &amp; Family</i>  <i>Liturgy of Presanctified Gifts</i>	E. Bowman H. Mazur	Come to the Eucharistic Liturgy—morning or evening or... both
Tuesday Mar. 6, 2018 <b>42 Martyrs of Amorius</b>	9:00 am 5:30 pm	<i>Ep. 1 Cor. 1 18-25</i> <i>Gp. Mt. 13: 36-43</i>	<i>+Olga Boychuk, by Sister Halia Pushkar</i>  <i>Liturgy of Presanctified Gifts</i>	E. Bowman H. Mazur	
Wednesday Mar. 7, 2018 <b>Hieromartyrs Ephrem, Basil &amp; Eugene</b>	12:00 noon 5:30 pm	<i>Ep. Gal. 2: 16-20</i> <i>Gp. Mt. 9: 18-26</i>	<i>Blessings on all the residents of Kildonan Horizons</i>  <i>Liturgy of Presanctified Gifts</i>	E. Bowman H. Mazur	
Thursday Mar. 8, 2018 <b>Confessor Theophylactus</b>	12:00 noon 5:30 pm	<i>Ep. Gal.5: 22-6:2</i> <i>Gp. Mt. 25: 14-30</i>	<i>+Lynn Yuristy (40 days), and +Betty Kaban, by Yuristy Family</i>  <i>Liturgy of Presanctified Gifts</i>	E. Bowman H. Mazur	
Friday Mar. 9, 2018 <b>40 Martyrs of Sebastia</b>	5:30 pm ← 6:30 pm 7:15 pm	<i>Ep. Heb. 12: 1-10</i> <i>Gp. Mt. 20: 1-16</i>	<i>Liturgy of Presanctified Gifts</i> <i>Lenten fellowship Supper</i> <i>Way of the CROSS</i>	H. Mazur	<i>Dinner Guest Speaker and discussion!</i>
Saturday Mar. 10, 2018 <b>All Souls Saturday</b>	9:00 am	<i>Ep. Heb. 6: 9-12</i> <i>Gp. Mk. 7: 31-37</i>	<i>Sorokousty Divine Liturgy</i>	E. Bowman	Update Parish record of deceased relatives (that they will be kept in prayer for the future)
<b>Sunday</b> Mar. 11, 2018 <b>Fourth Sunday of Lent</b>	8:30 am 9:00 10:00 am	<i>Українська Служба</i> <i>Catechism</i> <i>Ep. Heb. 6:13-20</i> <i>Gp. Mk. 9: 17-31</i>	<i>For all Parishioners</i>  <i>Holy Spirit guide our AGM! AGM to FOLLOW!!</i>	C. Hoffman  A. Letwin	  L. Deptuch S. Kowalchuk



## LOVE ENCOUNTERING THE OTHER, CONNECTING...IN A MEDIA WORLD

*Letter of the Catholic Bishops of Manitoba  
marking the National Week for Life and the Family  
13-20 May 2018*

Dear Brothers and Sisters,

We bring you greetings as we prepare for our annual National Week for Life and the Family to be held from May 13 to 20, 2018. Each year in Canada the National Week for Life and the Family is dedicated to honour human life as a gift and to encourage Christian Family life. In today's culture, these two areas of the human experience are under great stress and we must do all we can to encourage a Christian understanding of human life and the environment of the family.

This year the National Week for Life and the Family will feature a special screening of the documentary, entitled: "Screenagers". This will be an examination of the effects of digital culture on the younger generation. The week will also feature talks given by Clayton Imoo on the use of social media. Mr. Imoo serves the Archdiocese of Vancouver in several capacities including the Office of Youth Ministry. Finally, Kevin Prada of the Catholic School of Evangelization will be speaking on the importance of using social media and technology in building up our Church communities.

We cordially invite all of you to be supporters of this national initiative in your parishes and by attending the above special events. Further information will be coming to parishes regarding the details of the National Week for Life and the Family in Manitoba.

Thank you for considering this invitation.

Sincerely in Christ the Lord!

✙Lawrence Huculak

✙Albert LeGatt

✙Richard Gagnon

Metropolitan-Archbishop of Winnipeg

Archbishop of Saint-Boniface

Archbishop of Winnipeg

The National Week for Life and the Family (NWLF), an initiative of the Canadian Conference of Catholic Bishops, highlights the dignity of each person and the importance of family. It will be celebrated this year from May 13-20. In Manitoba, members of a tri-diocesan committee have chosen for the 2018 theme, "Love Encountering the Other, Connecting ... in a Media World." We have planned a variety of events related to this theme which we encourage you to promote including through your parish bulletin and/or by putting up the attached posters.

In a joint effort to make this a successful week, we are inviting each parish to participate in this initiative by promoting the week and organizing parish activities. You are encouraged to appoint a person to be responsible to organize an activity (activities) throughout the week of May 13-20. In addition, we are asking that you address the theme Sunday May 13 and May 20. Parish events can be submitted to Nadine Fetherston at [mfl2@archsaintboniface.ca](mailto:mfl2@archsaintboniface.ca) and will be added to a Calendar of events in promotion of this week.

This guide can be used to help parishes by providing suggestions for activities and resources. You may use them as they relate to your community:

- National Week for Life and the Family: Purpose, Vision and Goals
- Promotion
- National Week for Life and the Family Events in Winnipeg (see events poster)
- Prayers of the Faithful
- Family Activity Suggestions
- Resources
- Screenagers Movie/Documentary (poster attached). Map of Canadian Mennonite University Venue Destination (Page 8 of the guide)

We pray that through these events families will continue to grow ever closer to God, to one another and with the larger community.

Thank You!

National Week for Life and the Family Committee

# March for Life



Thursday, May 10<sup>th</sup>, 2018



## Activities:

- 10:30 AM Mass at St. Mary's Cathedral, Winnipeg
- 11:30 AM Gather for the March at the Legislative Buildings
- 12:00 PM March begins
- After the March – Testimonials, speakers and closing prayer

Sponsored By: Knights of Columbus, Catholic Women's League,  
Ukrainian Catholic Women's League, Campaign Life Coalition and Life's Vision  
For more information, contact Life's Vision, 204-233-8047

**May 10, 2018**  
**The Feast of the**  
**ASCENSION**

**Holy Eucharist** once again supports this very important issue...we ask all parishioners to please save this date and commit to attending...this walk is dedicated to **honour human life as a gift**, and we can show our support with all Christians on this most pressing issue. It is very important to let our governments know that we are here and need to be heard.

**We will be planning car pools and if the needed we will once again rent a van or bus. Please submit your name to the Parish Office (204-667-8866) and we will get you there...**

*Please also remember to pray on this issue and to pray for those in need of making the right decision.*

## National Week for Life and the Family May 13-20, 2018

Love: Encountering the Other  
Connecting ... in a Media World



### May 9 Screenagers - Movie/Documentary

Canadian Mennonite University Free-will offering 600 Shaftesbury Blvd. (South side of Grant Ave.) Winnipeg 7:30 pm

### May 10 March For Life

Mass-St. Mary's Cathedral 353 St. Mary Ave. Winnipeg 10:30 am  
March at Legislature 450 Broadway St. Winnipeg 12:00 pm

**May 15 Social Media...**Making it Work in our Church Kevin Prada  
St. Timothy Parish 135 John Forsythe Rd. Winnipeg 7:00 pm

### May 17 Leading a Double Life Clayton Imoo

St. Philip Minh Parish 615 Lafleche St. Winnipeg 7:00 pm

**May 18 Disconnecting Media & Reconnecting Family Clayton Imoo**  
St. Boniface Cathedral Hall

180 de la Cathedrale Ave. Winnipeg 7:30 pm

**For more info contact: Nadine Fetherston**  
mfl2@archsaintboniface.ca 204-594-0295

# SCREEN AGERS

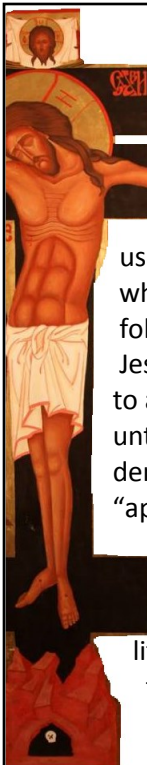


**GROWING UP IN THE DIGITAL AGE**

[screenagersmovie.com](http://screenagersmovie.com)







## The Third Sunday of the Great Fast - Veneration of the Holy Cross

This Sunday is the halfway point in Lent. Midway on our journey to Holy Week and Pascha, many of us are tiring of our spiritual disciplines. What we approached with joy the first week has now turned into a

chore. We have become aware how little love we have in our hearts, which can be very discouraging. For this reason, the Church uses this Sunday to direct our attention to the

Cross. The Cross is our strength and our salvation. We look to it and pray to Christ to give us strength to complete this journey. The Gospel passage for this Sunday challenges us again to commit our whole lives to Christ. As Christ was crucified for our salvation, we are called to take up our meager cross and follow Christ by crucifying our sinful desires and surrendering our will to His.

Jesus extends His invitation to us once again to “deny ourselves, take up our cross and follow Him.” According to accepted English dictionaries, “deny” means to refuse, reject, repudiate and/or to declare something untrue. If we limit ourselves to these definitions, we do an injustice to the deeper meaning of Christian self-denial. For a clearer picture of what Jesus means, we must return to the original Greek text. The Greek is “aparnisastho” and it has the meaning of renunciation and absolute rejection of whatever is incongruous with Jesus’ planned salvation for us.

We may begin with a narrow and limited understanding of self-denial. We pick and choose at random what we will give up and what we will do in the name of Christianity. We proceed to label them “Our little crosses we must bear.” “I’ll give up movies and/or TV during lent.” Thus we end up with a list of trivialities that have no bearing on the “self-denial” Jesus speaks about in our gospel lesson for today. Christ-like self-denial goes much deeper. It penetrates the facade which hides our hidden sins, our shortcomings and our faults.

Utter denial does not mean depriving ourselves of the necessities of life, nor does it mean we must become paupers and live in rags. Neither does it mean we must lose our individuality, personality and identity. When Jesus speaks of total and utter denial of self, He means we must subordinate our clamoring ego that prohibits us from being the Children of God we were intended to be. Good intentions are not enough. This is why Jesus says, “If anyone would come after me, let him deny himself and take up his cross and follow me.

“Take up your cross and follow me” means to get started on our journey to salvation. If the road we are on does not have God’s Eternal Kingdom as its destination, then we had better make a U-turn and find the right one!

“Taking up our cross and following Jesus” means trying harder when those moments of calamity, tragedy, sorrow and loss and grief beset us. It means bringing under control our uncontrollable anger, our undue insensitivity, our impatience and impetuosity. It means subduing our temperament and disposition so that we can master them rather than their mastering us.

Our Church gives us this Third Sunday of Lent—Mid-point to Golgotha—to pause with Jesus, to refresh ourselves spiritually, to assess our Lenten journey and to continue with greater determination. But the initiative is still ours. There is no way into spring but that we endure the rigors of winter. There is no way we can arrive to Easter Sunday if we do not live the agonies of all our Good Fridays. There is no way we can achieve eternal life with God unless we deny ourselves utterly and totally in Christ. This we do when we endure and sustain our own personal crosses and follow Him.

Inasmuch as in the forty days of fasting we in a way crucify ourselves and become bitter, despondent and failing, the Life-giving Cross is presented to us for spiritual refreshment and assurance, for remembrance of our Lord’s Passion and for comfort. Like those who are following a long and tedious path are tired, see a beautiful tree with many leaves, they would sit in its shade and rest for a while and then, as if rejuvenated, they will continue their journey. Likewise today, in the time of fasting and difficult journey and effort, the Life-giving Cross was planted in its midst by the Holy Fathers of the Church to give rest and spiritual refreshment, to make us light and courageous for the remaining task.

Christ comforts us who are, as it were, in a desert until He will lead us up to the spiritual Jerusalem by His Resurrection. Just as the Precious Cross, which is also called the Tree of Life, was planted in the middle of Paradise, so our Holy Fathers planted the Cross in the middle of holy and Great Lent, as a sacred reminder of both Adam’s bliss and how he was deprived of it. Remembering also, that by partaking of this Tree of Life, the Precious and Life-giving Cross, we no longer die but are kept alive.”

*(from Sts Peter & Paul, Saskatoon)*

*(The Cross is a detail of the work of Lviv sacred art Student Vasyl Skrykuliak - other art: <https://lnam.edu.ua/uk/sacral-art/gallery.html> )*

Tri-Parochial 2018  
**LENTEN PILGRIMAGE MISSION**  
with the Archbishop of Winnipeg  
**METROPOLITAN LAWRENCE**

JOIN OUR **THREE-DAY JOURNEY** WITH YOUR CHOICE  
OF MORNING OR EVENING SESSIONS

**March 12, 13 & 14 2018**

Or... come to both, if you can as there will be different people  
with which to experience the talks and, as always, you'll catch something that would be missed only  
hearing it once!

**3 CONSECUTIVE DAYS TAKING PLACE AT 9:00 AM and  
7:00 PM each day!**

NB The Talks are **not** repeated in each church - **A Different Talk Every Day!**

**Mon. Mar. 12 Session № 1 ST. ANNE (35 Marcie Street)**

**Tues. Mar. 13 Session № 2 ST. MICHAEL (400 Day Street)**

**Wed. Mar. 14 Session № 3 HOLY EUCHARIST (505 Watt Street)**

**A SPECIAL JOURNEY OF PRAYER,  
COMMUNITY AND  
LENTEN PREPARATION**

*Fellowship, refreshments and discussion **after each event***

COME LET US GROW AS SISTERS "EAST-OF-THE-RED"  
PARISHES OF **ONE CHURCH AND ONE ARCHEPARCHY!**

*Yes, this is a traveling Pilgrimage so it will also be an exercise in **CHARITY** as we  
reach out to help each other get to the three churches... let us be willing to **give**  
each other a ride to the*

mission. If you are able to offer a ride or if you need a ride - we ask  
that you please meet

***35 minutes before the event***

at ***your home parish***

parking lot and work together so that everyone can  
attend the various locations.

