17 March 2019

2nd Sunday of LENT

17 Березня 2019

WE ENTER THE 3RD WEEK OF THE GREAT FAST! If you are presently or ever were a video game player... making it to week 3 may remind you of the excitement of making it to the "next level"! Okay, I'll fess up here... I'm not particularly proud of it, but back in university days I was introduced to the earlier version of "Prince of Persia", a computer game on which I spent more than a few hours trying to complete. There were a lot of tasks and "levels" that one had to get through. Whenever you made it (finally made it!) to the next level (there were 12) you experienced a sense of joy or at least profound relief (especially if it took a long time to master the skills and tricks needed to complete a certain level). Well, our spiritual journey can be somewhat similar. Sometimes, it takes us a long time to understand what the "game" is all about (!) and then we need to

understand what the skills are that we need, and slowly learn them! We have to remember at the same time that if we aren't careful we will fall into the same trap over and over again until we learn to approach the problem in a different way. But we have to want to get to the next level and not give up. We will see progress in our journey, which in itself will be an encouragement to tackle the next level. Although one might learn something about life from a game,* one certainly will learn from the Gospel, the experiences of the saints and the teaching of the Church. Its all been experienced and taught before! We only need to seek guidance. If we open our minds and look into the spiritual journey of a follower of Christ, we may be surprised at how many Catholic answers and directives there already are available to help us through life. The amazing thing is that we not only have the living Word of God in the Bible that already shows us the way... we also have the teachings of Christ's Church based on the Bible to understand the present world. We also have thousands of saints that have shared their experience of striving for a full life in Christ. We need only read their "manuals". But we also have something more that is truly amazing - we have the Lord Himself making the journey with each of us and showing us how to get to the "next level". We need merely be attentive and trust in Him. We will go far!



(*DISCLAIMER: THERE ARE A LOT OF VERY UNHEALTHY GAMES OUT THERE THAT ARE NOT ONLY ADDICTIVE, BUT PROMOTE VERY NON-CHRISTIAN MESSAGES OF VIOLENCE, DISRESPECT, THE OCCULT AND IMMORALITY)

Holy Eucharist Ukrainian Catholic Parish Українська Католицька Парафія Пресвятої Євхаристії

Web: www.HolyEucharist.info
Church: 505 Watt St. - 'corner of Watt & Munroe'
Office: 460 Munroe Ave. Winnipeg, MB R2K 1H4
Hours: Monday - Friday, 8:30 AM - 4:00 PM
Tel: 204.667.8866
Email: heparish@gmail.com
Fax: 204.668.2024
Parish Auditorium: 505 Watt St.
Tel: 204.654.4786
Parish Centre: 460 Munroe Ave.

Tel: 204.661.5240

Remember to visit www.archeparchy.ca website for news and information.

LITURGICAL SERVICE SCHEDULE

Divine Liturgy — Божественна Літургія Sunday - Неділя*

8:00 am - Українська 10:00 am - English

Weekdays - Будні (see inside page) Confessions - Сповідь - Prior to every Divine Liturgy Baptisms - Хрещення - Contact the pastor

Weddings - Вінчання - Contact the pastor at least 6 months in advance

occasionally subject to change—see back page

To request a Divine Liturgy or other service, please call the Parish Office.

PARISH Contacts

Fr Michael Kwiatkowski 204-996-1310 Fr Edward Kwiatkowski 204-250-5210 Subdeacon Antin Sloboda 204-361-5071 Cantor: Dave Hrehirchuk 204-669-2068 Readers, Rosary & Ushers: 204-667-8866

Facility Rentals: 204.880.1334

Sacristans: Vadym Purtov 204-960-9027 Council Chair: Curtis Shupenia 204-668-2475

Property Management Chair:
Mike Kowalchuk 204-663-5363
Catechism: Pat Sirski 204-453-7678
Altar Servers - Ihor Purtov 204-417-9024
Brotherhood - Ron Aftanas 204-661-0025

U.C. Women's League - President: Val Munson 204-667-7395 Seniors - Elsie Taylor 204-257-1630

Social Club: Milly Manitowich 204-668-8757

Perogy Hotline: 204-667-6304

HAVE A CONCERN? WANT TO GET MORE INVOLVED? LET US KNOW!

FOR A HOSPITAL VISIT, CALL THE CLERGY DIRECTLY - Please don't procrastinate. If some one is taken to hospital let your priest know. Its quite unfair to wait until the person can not communicate or receive Holy Communion. Its called Anointing of the Sick - not "last rites"

Temporary Parish Office Hours Monday thru Thursday -10:00 am to 1:00 pm Fridays - 1:00 pm to 4:00 pm

Please remember that if you do find yourself in the case of an emergency and/or need to get a hold of Father Michael and the office is closed—you can always call him directly

204-996-1310

The East End Tri-Parochial Lenten Pilgrimage Mission is back!

You are invited to join the parishioners of Holy Eucharist Parish (East Kildonan) St. Michael Parish (Transcona) St. Anne Parish (North Kildonan) as they make a pilgrimage visit to each other for the

2019Holy Week Mission with Metropolitan-Emeritus Archbishop STEFAN Soroka



The first three days of Passion Week!

Monday - April 15 - Holy Eucharist (505 Watt Str) t. 204-667-8866 10:00 AM [Lenten Hours] and 7:00 PM [Presanctified Gifts]

Tuesday - April 16 - St. Michael's (400 Day Str) t. 204-222-4283 10:00 AM [Lenten Hours] and 7:00 PM [Presanctified Gifts]

Wednesday - April 17 - St. Anne's (35 Marcie Str) t. 204-667-9588 10:00 AM [Lenten Hours] and 7:00 PM [Presanctified Gifts]

- A different talk each day!
- Lenten Refreshments and Fellowship following each of the six events!
- Come every day! Come twice a day!
- Call the respective parishes for more information!

SAVE THE DATES! PLAN TO ATTEND NOW!

Youth Winter Games:

Indoor Soccer: Saturday, April 13 Seven Oaks Soccer Plex (725 Kingsbury Ave.) Registration 2:30pm Soccer and snacks 3:00—5:00pm Clean indoor runners required

WINDUP: Saturday, May 4 Sts. Peter and Paul Parish Centre (400 Marion Ave.) Games, Food, Music and Awards 5:30-10:00pm

CANON LUHOVY ASSEMBLY K of C ANNUAL FUNDRAISER

SAVE THE DATE: Thursday, May 16, 2019 at Sts. Peter and Paul Parish.

Wine and Cheese: 6:30pm Dinner: 7:00pm followed by a Draw

This year is unique and we will be supporting three worthy recipients, namely: Immaculate Heart of Mary School Debate Team, Ukrainian Children's Camp Program and Agape Table Mission.

Жертводавство

"The portion of your blessings that you have returned to the Lord" For the Week of March 10, 2019

1.	Envelopes (Mar. 10 2019)	\$1694.00
2.	Open	\$7.00
3.	Vigil Lights	\$20.65
4.	Sorokousty Services	\$90.00
5.	Metropolotan's Lenten Charity	\$140.00

\$1971.65

Our Parish Bingo is held every Tuesday!

Great fun, fellowship & Support



Make sure to order your delicious perogies **SOON!**

Last day (before Easter break) for pick up is Thursday, April 4, 2019. You will have to wait until May 1, 2019, when perogies return.

Recognition of the Right of Christian Communities

That Christian communities, especially those who are persecuted, feel that they are close to Christ and have their rights respected. **Pope Francis prayer intention for** the month of March 2019.



The Miraculous Icon is available to be taken to your home. Imagine... the prayerful presence of our loving mother in the heart of your home for a full week!

March 17—March 24 Icon: Eleanor Smallwood Call Evelyn Tymchak 204-667-6791 today to reserve

this beautiful experience for yourself and all you live at or visit your place

SPIRIT NIGHT – Blessed Bishop and Martyr Vasyl Velychkovsky

In 2001 Saint Pope John Paul II beatified 28 martyrs for the Ukrainian Catholic Church. Among them was Redemptorist Bishop, Vasyl Velychkovsky, who shared in their suffering under the atheist Soviet communist regime. His holy relics are enshrined in St. Joseph's Ukrainian Catholic Church in Winnipeg. We invite you to explore the life and faith of Blessed Vasyl. Presented by Fr. John Sianchuk, **CSsR**from the Ukrainian Catholic Archeparchy of Winnipeg on Saturday, March 30, 2019, starting at **7 pm**. Location: Family Room, Villa Aulneau, 601 Aulneau Street. Fellowship and refreshments to follow. Everyone welcome. No need to sign up. Feel free to bring a friend. For more information about Spirit Night, contact Dirk at spiritnight@hotmail.ca.



Visiting our Parish? Just stepped in? Checking us out? Came with friends or family? That's great! We are happy to have you with us today! Listen, if you have questions or need help or just want to know more about us or want to join us formally just ask the person beside you and/or speak with our Pastor, Fr Michael and/or contact the Parish Office. 204-667-8866.

PLEASE DO THIS! Please VISIT or, if you can't, then at least **CALL**:

At Home or Hospital: Mary Schurko, Alice Lapka, Steve Romas, Nadia Kozoris, Betty Burak,

Sandra Rychlicki, Marilyn Langan, Courtney Smerechynski, Ollie Kowalski, Ollie Kostiuk, Mary Kozubniak,

Carlene Deptuch <u>Bethania Personal Care Home:</u> Leonard Rybak

<u>Holy Family</u>: Ollie Smerek, Mary Horbal, Irene Omeniuk, Bill Simcoe, Helen Babiniec, Jennie Huchko,

Anne Wach, Fr. V. Yakowchuk, <u>Irene Baron Eden Personal Care Home</u>: Liz Simcoe

Middle Church: Olga Hnatiuk, Margaret Sawchuk, Alexander Roberecki

Irene Baron Eden Personal Care Home: Liz Simcoe Maples Personal Care Home: Joe Ewanochko

Call our priests anytime for a Pastoral or Sacramental visit. Phone NUMBERS ON THE FRONT PAGE



National Week for Life and the Family:

Tridiocesan Catholic Family Conference – Saturday, April 6, 2019 This year for the National week for Life and the Family, we are pleased to offer a free, enriching Catholic family conference for families: parents, grandparents, children and youth while exploring the theme: "Listening to the Gospel – Renewing the Family Bond". The conference is on Saturday, April 6, 2019, from 9 am-4pm at the St. Boniface Cathedral Hall, featuring dynamic guest speaker, Leah Perrault. There will be presentations and activities aimed at renewing the family bond while exploring faith and the Gospel today. Donations gratefully accepted. Please register online at: bit.ly/familyconference1 For more information: Nadine Fetherston

mfl2@archsaintboniface.ca or (204)-594-0295



Thursday, April 11, 2019 Caritas Awards Dinner RBC Convention Centre Reception 6:30pm, Dinner 7:00pm

This year honouring Joy Smith, Sr. Carole Peloquin & Bo Gajda. Tickets \$110.00 each Available at Parish Office

Holy Eucharist Senior NEWS:

Friday, March 22, 2019 the Seniors will be hosting the Lenten Dinner following the Divine Liturgy of Presanctified Gifts.

Sunday, March 31, 2019—Coffee House after 10:30am Liturgy ONLY

Next Centenary Meeting

Monday, March 18, 2019 at 6:30 pm in Parish Auditorium.

100th Anniversary book meeting **Thursday, March 28, 2019** from **2:00 pm to 3:30 pm** in Board Room (Parish Centre).

Winnipeg Life's Vision presents our annual Pro-life lunch on Saturday, March 30, 2019 at 12pm at Holy Eucharist Parish Centre, 460 Munroe Ave in East Kildonan. We are offering a free Pro-Life 101 Workshop from 9:30 to 11:30 am to provide skills on how to dialogue on life issues with your family, friends and neighbours. Luncheon Keynote speaker Alissa Golob, co-founder of RIGHT Now, will address, "What do we need to know about having our voices heard in the upcoming Federal election? What are the issues?" The luncheon cost is \$25/person or a table of 8 for \$175.00. Donations of NEW baby items are greatly appreciated and will be collected for Crisis Pregnancy Centre. Contact Life's Vision at 204 233-8047 or email lifesvision@shaw.ca to reserve your place.

The Big 100!

Save the dates: Join Holy Eucharist Parish in celebrating our 100 years!

From Thursday June 20th to Sunday June 23rd, 2019 Holy Eucharist Parish will be having various events to celebrate this special anniversary. Please come for one or all of them: Divine Liturgies, Conference, Gala Dinner, BBQ and many more.

Please check our website and our bulletins regularly for updates: www.HolyEucharist.info Tel: 204 668 8866

LET'S MAKE THIS A CENTENNIAL CELEBRATION WHERE EVERYONE IS REMEMBERED, BECAUSE... EVERYONE GETS INVOLVED!

Your family and the members of your organization should be remembered, so please - double-check that they are in some way.

Lenten Services at Holy Eucharist

Wednesdays March 20,27 and April 3 & 10th 2019 at 5:00 pm Service of Presanctified Gifts.

Fridays March 22, 29, April 5 & 12th 2019 at 5:30 pm Service of Presanctified Gifts, light supper and discussion to follow and 7:00 pm Way of the Cross.

Sorokousty Services for our deceased Family members will begin on Saturday March 16, 2019 at 9:00 am. Remember Sorokousty services are \$20.00. Please watch bulletin for any updates.

Please call the Parish office with updates 204-667-8866.

GREAT AND HOLY FAST

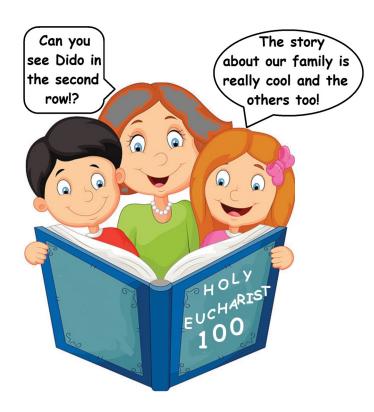
- 1. Apostolic Times For the Apostles arid First Christians, the day of the Jewish Pasch was a sorrowful day commemorating he death of Jesus Christ, therefore, they celebrated this day with prayer, contrition and fasting. This association of the Pasch with fasting lasted a long time. Even in the second century one may find the word "Pasch" used to denote "fasting". This practice seems to echo the time when the celebration of the death and resurrection of Jesus Christ took place on one and the same day. This association of the sad event of Christ's death with the joyful event of His resurrection has left its traces in our Great Saturday services in which the lenten service is merged with the resurrection service.
- 2. The Paschal Fast and the Catechumenate The third and fourth centuries witnessed the greatest flourishing of the catechumenate. Catechumens were those who were being prepared for the sacrament of Baptism.

This preparation extended over a period of three years and terminated solemnly during the Great Fast. The concluding acts of this preparation were: the giving of a name to the catechumen at the beginning of the Great Fast, an exorcism of evil spirits which took place daily throughout the whole lenten period, the last instructions in the truths of the holy faith, the final examination and then, the Baptism itself which took place on Great Saturday. Some of these actswere incorporated into the daily service. To become a Christian and a member of the Church through Baptism was regarded as an important event in the life of the newly baptized and in the life of the Church. For this reason, this joyful event was usually celebrated on the great feasts of the Pasch (Resurrection), Pentecost or the Theophany. In the third century, the rite of baptism was associated above all with the feast of the Pasch. The catechumens prepared themselves for baptism by fasting and prayer. Under the influence of the catechumenate the pre-paschal fast was extended to forty days. As time went on, the rest of the faithful also began to observe this fast together with the catechumens. St. Justin the Martyr (+167) speaks about this custom of the faithful observing the fast together with the catechumens. He says that those who embraced the Christian faith "were taught to implore God by fasting and prayer for the forgiveness of past sins, and we pray and fast together with them" (Apol. 1,61)

3. The Great Fast – An Endeavor of Soul and Body. The institution of the catechumenate contributed not only to the extension of the Great Fast to forty days, but also to the fact that, in time, all the faithful adopted this fast so that it became the pre-paschal fast for the whole Church. Later, when the institution of the catechumenate lost some of its meaning, the Forty Days Fast became an independent ritual. Today, it is observed by the faithful as a time for special prayer, fasting and penance, and as a spiritual preparation for the feast of the Pasch (Resurrection). This attitude of the Church finds its most beautiful expression in our Lenten services, customs and practices. We shall mention certain ones here.

https://catholicukes.org.au/great-and-holy-fast/





NOW HEAR THIS !!! This is big news!

The Parish 100 Year Historical Book Committee would like to have many Parish families (preferably ALL!) provide historical write-ups for the commemorative book now being composed. The Committee reviewed the information shared with you in recent Parish Bulletins. They unanimously agreed to make significant changes. It is now suggested that **your family** write a brief 'biography' that would be one (but only one) page - which can be up to 500 words without a photo or if you want to add a photo (and who doesn't!?) the text would

up to 400 words. You get all this for – *are you sitting down!?* - for only \$10.00!! If your total write-up is more than one page (7 x 9 inches) a donation would be appreciated to help cover book printing costs. And get this - to give you more time to do a write-up, the deadline has been extended to the end of April! To help you get started - here are some suggestions you might consider for your family write-up.... **names** of family members... names of extended family... roots! i.e. where the family pioneers

emigrated from and when... where they first settled in Canada... what they did... Settlement situation... where you grew up... when did your family join Holy Eucharist... involvement in our Parish... career highlights... accomplishments that you are proud of.... family information you would like to share.... a recent family photo... an early family photo.... etc. And that's not all! If you would like some help to do your family write-up, members of our Committee are offering to sit down with you and do a draft write-up for you. You gotta admit, with these changes this is a golden opportunity for you to have your family in this Parish 100 Anniversary Historical book. This is a chance to have a published keep-sake for yourself, your whole family, your grandchildren and our parishioners for years to come!

(the text on this page, by the way, is 340 words...)

So... what are YOU going to write...!?



Winnipeg Life's Vision

Saturday, March 30th, 2019 – 12pm Holy Eucharist Parish Centre 460 Munroe Ave. With Alissa Golob, co-founder of Right Now



Annual Lunch

"What do we need to know about having our voices heard in the upcoming election? What are the issues?"

Luncheon Tickets: - \$25.00
Pro-Life 101 Workshop - 9:30am to 11:30am
With Kyle Coffey, Paola Aguilar, Cam MacDonald

□ Learn effective pro-life apologetics from the experts. Practice your skills.

RSVP - 204-233-8047 or Email: lifesvision@shaw.ca lifesvision.ca

Are you between 20-50 years? Do you find yourself wondering, 'What's the next big step in my life?' or 'I want to do Mission but where should I go/what should I do?'
The Ukrainian Redemptorists with their Youth/

Young Adult Minister, would like to invite you about a Come and See that will be taking place May 2-5, 2019 at The Welcome Home in Winnipeg Manitoba.

What to expect? A weekend of prayer, volunteer/service, and community living and support!

When can I sign up? Email Liz Artymko, Redemptorist Youth/Young Adult Minister, at rymcssr@gmail.com for more Information and Registration

Or check out the website www.thewelcomehome.ca Hurry to register! Limited spots are available!









Tri-Diocesan Catholic Family Conference Listening to the Gospel – Renewing the Family Bond

Saturday, April 6, 2019

9:00- 9:15 am	Registration							
9:15 - 9:30 am	Welcome/Introductions							
9:30 - 10:30 am	"Tending the Fire of Faith in Our Families" – Guest Speaker: Leah Perrault – (Families)							
10:30 - 10:45 am	BREAK							
10:45 - 12:15 pm	Adults "Theology of the Body Beyond the Bedroom" -With Leah Perrault (15 years – Adult)	Youth "Listening to God's Voice in my Life" (9 – 14 years)	Kids "Hearing God Speak to Me" (4 – 8 years)					
12:15 - 1:00 pm	LUNCH (Provided)							
1:00 - 1:20 pm	Praise & Worship Music							
1:20 - 2:40 pm	Adults "Leaning on Faith & Family" -Testimonials & Discussions	Teens "So What God?!" - With Leah Perrault (12-17 years)	Kids "Growing in God's Family" - Youth Testimonials & Praying in Colour (4 - 11 years)					
2:40 – 2:55 pm		BREAK						
2:55 - 3:20 pm	"God's Story Continues in our Stories" – Leah Perrault (Families)							
3:20 - 3:50 pm	"What now?! Answering the Burning Questions!" – Leah Perrault							
3:50 - 4:00 pm	Children's Presentation for Parents							

For many years, Holy Eucharist has had their own **Pysanka** workshop during the Easter Season with a great response. We have children and grandchildren, neighbours and friends attending with beautiful Pysanka for their Easter baskets. However, this year the ladies are in need of someone to take over. So if you would be interested in organizing the workshop(s), please call **Rosanne at 204-663-7156**. She will be more than helpful in getting you started!



Join Us For The Annual

HOME OF HOPE Fundraising Breakfast
Saturday, April 13, 2019—10:00 A.M.
Special guests: Sisters from Ukraine!!

"Hear how you are helping
Keep young girls off the streets of Lviv"

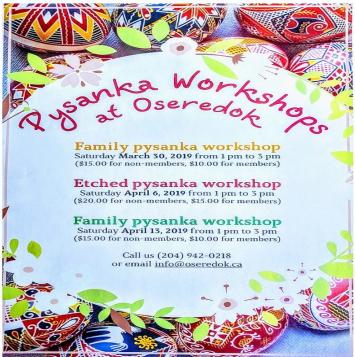
Holy Eucharist Parish Centre,
460 Munroe Ave.

Tickets are \$30.00 and can be purchased from the Parish office.



Sponsored by the UCWLC Archeparchy of





Kildonan Horizons Board is looking for new members. Please attend the AGM on Thursday, March 21 at 7 pm at the Parish Centre Multipurpose Room if you are interested. All are welcome.

UCWLC of Sts. Vladimir & Olga Cathedral, 115 McGregor St.

Cordially invite you to their Annual Spring Tea! Sunday, March 24, 2019 from 1pm to 3pm "Celebrating our Ukrainian youth & song"

Schedule of Liturgies - Розпорядок Богослужінь

Date		Time	Service			
Date Epistle	e/Gospel Readings					
Sunday, March 17th 2nd Sunday of Lent		8:00 am 9:00 am	- Служба Божа - Catechism	For all P	For all Parishioners	
. y 2 y 20110	Heb. 1:10-2:3, Mk .2:1-12		- Divine Liturgy		ss our wonderful Parish! d by AGM (Parish Auditorium)	
Monday, March 18th Cyril, VArchbishop	h 💢 Eph. 4:25-32 Mt. 5:42-48		- Divine Liturgy	+Tom Bc	odie, by the Deptuch Family	
Tuesday, March 19th Chrysanthus & Daria Phil. 2:12-16 Mt. 10:32-38, 19:27-30			- Divine Liturgy	6 years ag	e Francis (installed at St Peter's, go). May his leadership guide the nrough these challenging times	
Wednesday, March 20th Martyrs of St Sabbas Monastery killed by the Saracens Eph. 4:1-6 Mt. 7:1-8		5:00 pm	- Liturgy of the Presanctified Gifts		You are welcome to attend this beautiful Lenten Service	
Thursday March 21st Jamesa, Conf. Col. 3:4-11 Mt. 7:24-29, 8: 1-4		aaaammadata	- Divine Liturgy	40 days∙	40 days +Mike Rychlicki, by Family	
Friday, March 22nd Basil, P.—Mrt. Eph. 5:1-8 Mt. 6:22-34			- Bethania Care Home - Liturgy of the Presanctified Gifts Supper & Discussion - Way of the Cross	Theme: (- All Welcome! Theme: Our 21st Century Ukrainian Catholic Saints	
Saturday, March 23rd Nicon, Mrt. Heb. 10:32-38 Mk. 2:14-17			- Divine Liturgy		Sorokousty Liturgy and Commemoration	
Sunday, March 24th		8:00 am	- Служба Божа	For all Po	arishioners	
3rd Sunday of Lent Zachary, Ven. Tone 3	Heb. 4:14-5:6, Mk .8:34-9:1		- Divine Liturgy		ss our Parish Council and all ho accepted offices	
LITURGY/DAY LECTORS/EXTRA		ORDINARY MINISTERS GREETERS & U		USHERS	JSHERS SACRISTAN & ALTAR	
Mar 17 8 am	ч.—	A. Sloboda	P. Bodr	nar	S. Baran	
10 am		A. Letwin D. Rewniak	A. Tataryn & C.	. Shupenia	D. Hrehirchuk	
Mar 24 8 am	4.— J. i	Lewandosky	J. Petrys	hyn	E. Hall	
10 am		L: W. Lazaruk EMHC: A. Tataryn		L. Deptuch	E. Hall	
BLUE LAMP (MARIAN Side Altar)	(March 17th – M For all the volun	1arch 23rd, 2019)	/	tar) In	March 17th – March 23rd, 2019) memory of +Sonia Wydra vears). Melody & Al Calvo	

(20 years), Melody & Al Calvo