

**St. Joseph**, protect our home. Pour forth from heaven blessings on our family. Remain in our midst. Help us to live in love and harmony, in peace and joy. May the wholesome fear of God strengthen us that virtue may adorn what we do and our way may lead to heaven.

To you this day I give the key to our dwelling place. Lock out all things that could do us harm. Lock my home and my loved ones with me in the hearts of Jesus and Mary. This I beg of you, that our days may be like your days in the holy home at Nazareth. Amen.

# THE GREAT FAST BEGINS!

Conscientious Catholics often will make a sincere Sacramental Confession part of their travel preparations. Before getting on a plane or going on a longer trip to get away or for an extended period of time, many people actually make a point of asking a Priest to "hear their Confession". Why? Well, besides the possibility that something could happen, they want a fresh start and want to be in God's Grace as they go for a rest or to refresh themselves or begin a period of new work or studies or to face some challenge. Well... As we begin the trip of Lent, the journey of the Great Fast, let's also find time to reconcile ourselves with our God and our Neighbours to make a fresh start! **ONLINE**

**TONIGHT - 7 PM FORGIVENESS SERVICE**

**WEEKLY PARISH BULLETIN - AND... COVID-19 PANDEMIC UPDATE - NO. 41**

**Cheesefare Sunday - Forgiveness** February 14, 2021 A.D **Сиропусна Неділя**

## HOLY EUCHARIST PARISH

**Парафія Пресвятої Євхаристії** Archeparchy of Winnipeg - Ukrainian Catholic Church  
460 Munroe Avenue, Winnipeg, MB R2K 1H4 **Tel.** 204-667-8866 **Email:** heparish@gmail.com

Parish Priest: Rev. Dr. Michael Kwiatkowski, JCOD; Assisting: Rev. Fr. Edward Kwiatkowski; Rev. Deacon Walter Dudych  
\_\_\_\_\_ for any **pastoral** needs call Fr. Michael at **204-996-1310** \_\_\_\_\_

**Website:** [www.HolyEucharist.ca](http://www.HolyEucharist.ca) **Church:** 505 Watt St. "Corner of Watt and Munroe"  
**OFFICE** Office Manager Carlene Deptuch. **'Open' Hours:** Monday - Thursday from 9 am to 2 pm.  
otherwise... for **administrative** matters call Mon-Fri 9:00-4:30 **204-880-1334**.

**Masks  
Required**

**JOIN DAILY!** Go to our Parish Website [www.HolyEucharist.ca](http://www.HolyEucharist.ca), then click on **"Livestreaming"**

**Every Day:** 8:20 AM - **Morning Prayer** (Hours)

9:00 AM - **Divine Liturgy**

**Sunday:** 7:20 AM - 3rd Hour

8:00 AM - **Служба Божя** (Ukrainian)

10:00 AM - **Divine Liturgy** (English)

8:35 AM - **Rosary**

6:00 PM - **Vespers** (on Saturday and before feasts)

7:35 AM - Holy Rosary

9:35 AM - Holy Rosary

**CONFESSIONS & HOLY COMMUNION** - We regret that Confession and Holy Communion must be arranged by appointment. Call Fr. Michael **204-996-1310** and see what is possible. **HOWEVER...** make a perfect **Act of Contrition** and a spiritual **Act of Holy Communion** daily via Livestream.

**OUR PARISH IS GETTING A BIT MORE ACTIVE!** We can now have in-person attendance at 10% capacity at our church services. We want to take advantage of this, **albeit in a cautious way**. **Masks** are mandatory, as is **social distancing**! Those attending must pre-register by calling the parish office and leaving a message by Friday noon. Name, Surname and Contact number will be required. *[Alas, as numbers are limited, sometimes people may be declined but just to allow others the opportunity]* If you are **feeling ill** or have been **travelling** or have been in **contact** with someone who **has had the coronavirus**, or if you cannot or don't intend to **follow the rules**, please do not come. The in-person attendance is for those that want to be in church to be in the presence of God and to pray and to receive the Sacraments.

**WE NEED MORE VOLUNTEERS** for **ushering** and **sanitizing**. Those wanting to attend in-person will be asked to volunteer occasionally.

## The Great Fast at Our Parish

Here's the basic plan...

**Friday 7:00 PM - Way of the Cross**

**Saturday 9:00 AM - Sorokousty**

(Remembering our deceased loved ones and ancestors in our prayer. *The 6th Spiritual Work of Mercy*)

**6:00 PM - Vespers**

(Evening prayer as we enter into the Day of the Lord. Rich with theological reflections on our faith and the feast we are celebrating)

**Sunday 7:20 AM - Hour & Rosary**

(We pray one of the *Hours* of the Divine Office then pray the Rosary)

**8:00 AM - Служба Божа**

(Євхарістична Літургія, де ми слухаємо Слово Боже і приймаємо Господа нашого - тіло, кров, душу і божество)

**9:35 AM - Rosary**

**10:00 AM - Divine Liturgy**

(The Eucharistic Liturgy where we hear the Word of God and receive our Lord in Holy Communion, "body, blood, soul and divinity")

**Monday to Saturday 8:20 AM - Hour**

**8:35 AM - Rosary**

**9:00 AM - Liturgy**

(This will be the Divine Liturgy of St. John Chrysostom except on Wednesday and Friday when we will pray the Liturgy of the Presanctified Gifts)

**Please attend all, and check the Bulletin for changes and additional service and events**

# YEAR OF SAINT JOSEPH

"Just as God told Joseph: "Son of David, do not be afraid!" (Mt 1:20), so he seems to tell us: "Do not be afraid!" We need to set aside all anger and disappointment, and to embrace the way things are, even when they do not turn out as we wish. Not with mere *resignation* but with hope and courage. In this way, we become open to a deeper meaning. Our lives can be miraculously reborn if we find the courage to live them in accordance with the Gospel. It does not matter if everything seems to have gone wrong or some things can no longer be fixed. God can make flowers spring up from stony ground. Even if our heart condemns us, "God is greater than our hearts, and he knows everything" (1 Jn 3:20)."



Watch the **EXCLUSIVE INTERVIEW** with Metropolitan Lawrence Herculak go to: [Archeparchy.ca](http://Archeparchy.ca)

This Lent we would like to try a non-professional, but spiritual and prayerful Self-help group for

**heart, soul, mind & neighbour\***

We will meet on **Tuesday** evenings at **6:00 PM** to spend time in **prayer, reflection, sharing, self-challenging** and **supporting**. The goal will be to challenge ourselves a bit (you know.... that whole "**prayer** and **fasting** and **charitable acts**" thing) with the goal of **bettering ourselves** by looking at our hang-ups and unhealthy habits (like maybe... eating unnecessarily, wasting time, procrastinating, not letting go of certain attitudes, and more). The intent is to do this in a supportive way and by looking to our Lord "our light and our Salvation" and looking *beyond* ourselves to those around us who could probably use a bit of our attention.

- Open to all Parishioners -

**See you Tuesday? Church basement**

\* Matthew 22:37-40

(The present PHO permits this.  
If it changes then we'll adapt)

**I believe that it will be a positive experience. Let's try it!**

- Fr. Michael

## SAVE THE DATE

Tridiocesan Family Conference

Kids and  
Young People Session  
May 6, 2021

Adult Session  
May 7, 2021

Family Conference  
May 8, 2021

Stay updated at [lifeandthefamily.com](http://lifeandthefamily.com)

More details to come!





Holy Eucharist is looking for Parishioner-**Volunteers** to serve as essential personnel for the Liturgical services. This means Readers (*Epistle or Old Testament at Vespers*) Due to pandemic restrictions this should be arranged in advance and all safety precautions taken. If you are interested please call **Elaine Bowman 204-668-9630**.

Jesus said to his disciples: "**Love one another even as I have loved you.**" (Jn 13:34)

In response to the question about the first of the commandments, Jesus says: "The first is, 'Hear, O Israel: The Lord our God, the Lord is one; and you shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength.' The second is this, 'You shall love your neighbor as yourself.' There is no other commandment greater than these." (*Mt 22:34-40*)

The apostle St. Paul reminds us of this: "He who loves his neighbor has fulfilled the law. The commandments, 'You shall not commit adultery, You shall not kill, You shall not steal, You shall not covet,' and any other commandment, are summed up in this sentence, 'You shall love your neighbor as yourself.' Love does no wrong to a neighbour; therefore love is the fulfilling of the law." (*Rom 13:8-10*)

(CCC 2196)

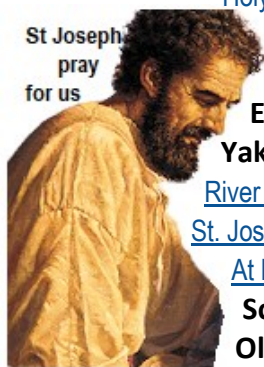
### Annual General Meeting - Sunday, March 14

We are still working out details as to the time and how the safest meeting will take place... watch the bulletin for more details.



Carlene & Curtis processing donation envelopes at the Parish Office

**Please remember in your prayer, call, write to our isolated parishioners...**



St Joseph pray for us

Holy Family Home: Jane Budzen, Mary Horbal, Irene Omeniuk, Jennie Huchko, Elizabeth Boychuk, Fr. V. Yakowchuk, Milly Manitowich

River East Care Home: Liz Simcoe

St. Joseph's Residence: Mary Ruta

At Home or in Hospital: Mary Schurko, Ollie Kowalski, Ollie Kostiuik, Mary

Kozubniak, Anthony Hendricks

Middle Church: Olga Hnatiuk, Margaret Sawchuk

**Ask our clergy (t. 204-996-1310) to make a Pastoral/Sacramental visit - especially when your loved ones request this.**



### English-Ukrainian Bilingual Program

Schools in Winnipeg, Oakbank, East Selkirk & Dauphin

### Ukrainian Language Education Kindergarten Registration

Visit [www.mpue.ca](http://www.mpue.ca)



Supported by Manitoba Parents for Ukrainian Education

### For the Week from February 7, 2021

1	Envelopes	\$1150.00
2	Open	\$15.00
3	Sorokousty Services	\$100.00
4	Initial Offering for Envelopes	\$35.00
5	Sacred Art	\$35.00
6	Christmas Offering	\$150.00
7	Direct Deposit	\$495.00
8	In memory of +Gloria Kroeker (1 yr.)	\$50.00
TOTAL		\$2030.00



## Schedule of Liturgies - Розпорядок Богослужінь

**February 7 — February 14, 2021**

**Participate ONLINE - Live-streamed via: [www.HolyEucharist.ca](http://www.HolyEucharist.ca)**

**February 14**

**Cheese-Fare Sunday**

1 Cor. 8:8-9:2;

Matthew 25: 31-46

(Participate via **livestreaming**)

LOVE &  
CHEESE  
Feb. 14

7:20 am

**3rd Hour & Rosary**

8:00 am

**Служба Божа**

**For All Parishioners**

10:00 am

**Divine Liturgy (Eng)**

**For All Lovers**

7:00 pm

**Forgiveness Service**

**All Welcome**

**Monday, February 15**

**FIRST DAY OF LENT;**

1 Cor. 3:18-23;

Luke 21: 8-36

8:20 am

**3rd Hour & Rosary**

9:00 am

**Divine Liturgy**

**+Andrew Mazur, by  
wife Helen Mazur &  
Family**

**Tuesday, February 16**

**Apostle Pamphilus;**

Rom. 8:14-21;

Matthew 6:1-13

8:20 am

**3rd Hour & Rosary**

9:00 am

**Divine Liturgy**

**+Leonard Baranyk, by  
Family & friends at  
Holy Eucharist Parish**

**Wednesday, February 17**

**Great Martyr Theodore Tyre;**

2 Cor. 4:13-18;

Mark 11: 22-25

8:20 am

**3rd Hour & Rosary**

9:00 am

**Presanctified Gifts**

(We will try having the  
Lenten Liturgy of the  
Presanctified gifts in the  
morning this week. It  
may change in the  
future. Watch bulletin)

**Thursday, February 18**

**Pope Leo;**

Rom. 15:30-33;

Matthew 7:7-11

8:20 am

**3rd Hour & Rosary**

9:00 am

**Divine Liturgy**

**Birthday blessings for  
Lucas, by family**

10:30 am

**Funeral**

**+Richard Grunsten**

**Friday, February 19**

**Apostle Archippus;**

1 Tim. 2:1-7;

Luke 15:1-10:

8:20 am

**3rd Hour & Rosary**

9:00 am

**Presanctified Gifts**

(We will try having the  
Lenten Liturgy of the  
Presanctified gifts in the  
morning this week. It  
may change in the  
future. Watch bulletin)

7:00 pm

**Way of the Cross**

**Saturday, February 20, 2021**

**Venerable Leo of Catania;**

Heb. 1:1-12;

Mark 2: 23-3:5

8:20 am

**3rd Hour & Rosary**

9:00 am

**Divine Liturgy**

**Good Health & Love to  
Mary Ruta (95.5 years  
young), by Wally Ruta &  
Family**

6:00 pm

**Vespers**

**February 21**

**First Sunday of LENT**

Heb. 11:24-26; 32-12:2;

John 1: 43-51

7:20 am

**3rd Hour & Rosary**

8:00 am

**Служба Божа**

**For All Parishioners**

10:00 am

**Divine Liturgy**

**For Lorraine Kisil &  
Family**

The Parish Centre and Office will be **closed** for [Catholic] **Louis Riel Day—Family Day** and the **first day of Lent** (aka the GREAT FAST) ..spend time in a safe way with your families...Include some prayer and **Lenten planning**!

**BLUE LAMP**  
(**MARIAN** Side  
Altar)

(February 14, 2021-February 20, 2021 )

**OLLIE EVANYSHYN –  
Birthday Blessings (Feb 12)  
from Cathy & Mom**

**RED LAMP**  
(**SAVIOUR** Side  
Altar)

(February 14, 2021-February 20, 2021 )

**TERESA EVANYSHYN –  
Birthday Blessings (Feb 17)  
from Mom & Cathy**