

St. Joseph, protect our home. Pour forth from heaven blessings on our family. Remain in our midst. Help us to live in love and harmony, in peace and joy. May the wholesome fear of God strengthen us that virtue may adorn what we do and our way may lead to heaven.

To you this day I give the key to our dwelling place. Lock out all things that could do us harm. Lock my home and my loved ones with me in the hearts of Jesus and Mary. This I beg of you, that our days may be like your days in the holy home at Nazareth. Amen.

YEAR OF SAINT JOSEPH

During this year we pray for the Intercession of St Joseph for our church and our families. St. Joseph, the quiet father figure in the life of Jesus and Mary. Always taking care of their needs as best he could. **He'll take care of us too....**



WEEKLY PARISH BULLETIN - AND... COVID-19 PANDEMIC UPDATE - NO. 42

Cheesefare Sunday - Forgiveness February 21, 2021 A.D **Сиропусна Неділя**

HOLY EUCHARIST PARISH

Парафія Пресвятої Євхаристії Archeparchy of Winnipeg - Ukrainian Catholic Church
460 Munroe Avenue, Winnipeg, MB R2K 1H4 **Tel.** 204-667-8866 **Email:** heparish@gmail.com

Parish Priest: Rev. Dr. **Michael** Kwiatkowski, JCOD; Assisting: Rev. Fr. **Edward** Kwiatkowski; Rev. Deacon **Walter** Dudych
_____ for any **pastoral** needs call Fr. Michael at **204-996-1310** _____

Website: www.HolyEucharist.ca **Church:** 505 Watt St. "Corner of Watt and Munroe"
OFFICE Office Manager Carlene Deptuch. **'Open' Hours:** Monday - Thursday from 9 am to 2 pm.
otherwise... for **administrative** matters call Mon-Fri 9:00-4:30 **204-880-1334.**

**Masks
Required**

JOIN DAILY! Go to our Parish Website www.HolyEucharist.ca, then click on **"Livestreaming"**

Every Day: 8:20 AM - **Morning Prayer** (Hours)

9:00 AM - **Divine Liturgy**

Sunday: 7:20 AM - 3rd Hour

8:00 AM - **Служба Божя** (Ukrainian)

10:00 AM - **Divine Liturgy** (English)

8:35 AM - **Rosary**

6:00 PM - **Vespers** (on Saturday and before feasts)

7:35 AM - Holy Rosary

9:35 AM - Holy Rosary

CONFESSIONS & HOLY COMMUNION - We regret that Confession and Holy Communion must be arranged by appointment. Call Fr. Michael **204-996-1310** and see what is possible. **HOWEVER...** make a perfect **Act of Contrition** and a spiritual **Act of Holy Communion** daily via Livestream.

OUR PARISH IS GETTING A BIT MORE ACTIVE! We can now have in-person attendance at 10% capacity at our church services. We want to take advantage of this, **albeit in a cautious way.** **Facial coverings** are mandatory, as is **social distancing!** Those attending must pre-register by calling the parish office and leaving a message by Friday noon. Name, Surname and Contact number will be required. *[Alas, as numbers are limited, sometimes people may be declined but just to allow others the opportunity]* If you are **feeling ill** or have been **travelling** or have been in **contact** with someone who **has had the coronavirus**, please refrain from coming at this time. When you come, please do **follow the rules.** The in-person attendance is for those that want to be in the presence of God and to pray and to receive the Sacraments.

WE NEED MORE VOLUNTEERS for **ushering** and **sanitizing.** Those wanting to attend in-person will be asked to volunteer occasionally.



This week, **Mavis Kaluzny** and **Frances Bodykevich** of the "**Busy Fingers**" knitting club, sorted out a roomful of wool. The members of the club remain busy, albeit from their homes

NEVER TOO SOON OR TOO LATE TO PRAY... We received a unique little postcard in the mail asking that we would join Manitobans in prayer for an end to the horrible tragedy of **human trafficking**. It mentioned that the luring of victims through social media has increased during the

The Great Fast at Our Parish

Here's the basic plan...

Friday 7:00 PM - Way of the Cross

Saturday 9:00 AM - Sorokousty

(Remembering our deceased loved ones and ancestors in our prayer. *The 6th Spiritual Work of Mercy*)

6:00 PM - Vespers

(Evening prayer as we enter into the Day of the Lord. Rich with theological reflections on our faith and the feast we are celebrating)

Sunday 7:20 AM - Hour & Rosary

(We pray one of the *Hours* of the Divine Office then pray the Rosary)

8:00 AM - Служба Божа

(Євхарїйна Літургія, де ми слухаємо Слово Боже і приймаємо Господа нашого - тіло, кров, душу і божество)

9:35 AM - Rosary

10:00 AM - Divine Liturgy

(The Eucharistic Liturgy where we hear the Word of God and receive our Lord in Holy Communion, "body, blood, soul and divinity")

Monday to Saturday 8:20 AM - Hour

8:35 AM - Rosary

9:00 AM - Liturgy

(This will be the Divine Liturgy of St. John Chrysostom except on Wednesday and Friday when we will pray the Liturgy of the Presanctified Gifts)

Wednesday & Friday 6:00 PM

- Liturgy of the Presanctified Gifts

Please attend all, and check the Bulletin for changes and additional service and events

pandemic (one reason would be that more people are "living" online and there is less contact with family and friends and fellow parishioners that would support you and help you better recognize the dangers in certain things). The special prayer initiative is put out by a non-Catholic group known as the Inner City Women's Ministries. They are asking only that we join in Prayer for a greater awareness of the plague of human abuse and trafficking and that we ask the Lord convert the hearts of those that would engage in such an abuse and to inspire us with ideas and actions to stop this for once and for all. There are many horrific practices now in our world - abortion, assisted suicide, bullying, and human trafficking, etc. We must at least **PRAY!** And **WE** need to be informed and **WE** need to speak with others about these things and what **WE** can do as Ukrainian Catholic Faithful!



This Lent consider joining our non-professional, but spiritual and prayerful Self-help group for

heart, soul, mind & neighbour*

TUESDAY evenings at our church at **6:00 PM** (*But that's supper time! Uh, yeah, that's kind of a plus, making a bit of a Lenten sacrifice for a bigger goal*)

We spend time in **prayer, reflection, sharing, self-challenging and supporting**

The goal is to challenge ourselves a bit (you know.... that whole "**prayer** and **fasting** and **charitable acts**" thing) with the goal of **bettering ourselves** first and clarifying who we are and then looking to our neighbours and seeing how we can help. - Open to all Parishioners

* Matthew 22:37-40

we can each come up with a million excuses why we can't. What if we just did it?

Pope Frances' Intention for February 2021 Violence Against Women

We pray for women who are victims of violence, that they may be protected by society and have their sufferings considered and heeded.

Women. Suffering. Violence. Too often, we see these three words together in the news. As if this weren't enough, the pandemic has caused an increase in abuse. How can we repair this damage? You can begin by responding to the call that comes to us from women who suffer any kind of violence: HELP.

As Pope Francis says, "If we want a better world, that will be a peaceful home and not a battlefield, we all need to do a lot more for the dignity of each woman." Get into action, sharing The Pope Video on all your social networks! Make the Holy Father's message denouncing this evil reach many people.

<http://popesprayerusa.net/2021/02/01/february-pope-video-women-victims-violence/>

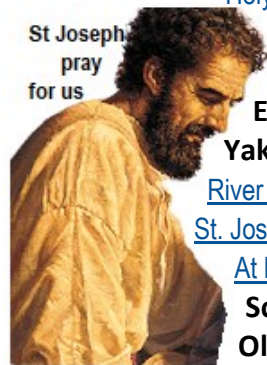
Holy Eucharist is looking for Parishioner-**Volunteers** to serve as essential personnel - Readers, Prayer Readers, Rosary Leaders. This should be arranged in advance and all safety precautions taken. If you are interested please call **Elaine Bowman 204-668-9630**.

THE UKRAINIAN CANADIAN CONGRESS - MANITOBA PROVINCIAL COUNCIL IS PLEASED TO PROVIDE FOUR ACTIVITY PROJECTS AS PART OF THE GOVERNMENT OF MANITOBA

SAFE AT HOME PROGRAM. Please visit the website at

<https://uccmanitoba.ca/category/projects/safeathomemb> to register for the many stay at home activities you can now participate in. UCC-MPC is grateful to the Government of Manitoba, specifically Sport, Culture and Heritage Minister Hon. Cathy Cox and Municipal Relations Minister Hon. Rochelle Squires for this important program.

Please remember in your prayer, call, write to our isolated parishioners...



Holy Family Home: Jane Budzen, Mary Horbal, Irene Omeniuk, Jennie Huchko, Elizabeth Boychuk, Fr. V.

Yakowchuk, Milly Manitowich

River East Care Home: Liz Simcoe

St. Joseph's Residence: Mary Ruta

At Home or in Hospital: Mary Schurko, Ollie Kowalski, Ollie Kostiuik, Mary

Kozubniak, Anthony Hendricks

Middle Church: Olga Hnatiuk, Margaret Sawchuk

Ask our clergy (t. 204-996-1310) to make a Pastoral/Sacramental visit - especially when your loved ones request this.

As our Annual General Meeting approaches, we find ourselves once again contemplating the needs of our Parish and the need for volunteers and staff to oversee the daily activity of our parish. One position that is resurfacing is **Parish Centre Events Manager**. If you have or someone you know has (or would like to have) experience *overseeing* the **scheduling** and **booking** of events at our parish centre please speak/email our Parish Priest **Fr. Michael** (pastor.heparish@gmail.com) and/or our Council Chair **Curtis Shupenia** (cmshupenia@shaw.ca) ASAP. What would this entail exactly? **Let's talk!** And see what we need and what we can work out!

A Sheptytsky Institute Online Retreat

The Experience of Deification in the Lenten Liturgies



March 13, 2021



3:00 PM

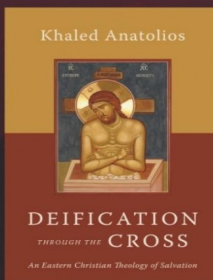


Online (Zoom)



To register for this retreat, please send an email to sheptytsky@utoronto.ca.

Eastern Christians typically speak of salvation as deification. But can salvation and deification be concretely experienced in our lives in this world? Fr. Anatolios will speak on how the liturgy grants us an experience of salvation as deification. This retreat will be based on his latest book, *Deification through the Cross: An Eastern Christian Theology of Salvation* (Eerdmans, 2020).



Presenter: Fr. Khaled Anatolios



Fr. Khaled Anatolios is John A. O'Brien Professor of Theology at the University of Notre Dame. He was born in India and grew up in Egypt and Canada. His other books include *Retrieving Nicaea: The Development and Meaning of Trinitarian Doctrine*.



METROPOLITAN ANDREY SHEPTYTSKY INSTITUTE OF EASTERN CHRISTIAN STUDIES



UNIVERSITY OF ST. MICHAEL'S COLLEGE IN THE UNIVERSITY OF TORONTO

Annual General Meeting - Sunday, March 14

We are still working out details as to the time and how the safest meeting will take place... watch the bulletin for more details.

Feed Your Soul with Prayer this Lent!

This year's BEST LENT EVER journeys through I Heard God Laugh: A Practical Guide to Life's Essential Daily Habit. Through all forty days of Lent, you will receive a daily email with a short video to help you re-connect with yourself and your God. Sign up for Best Lent Ever: <https://www.dynamiccatholic.com/lent/bestlent-ever.html#form-signup>

For the Week from February 14, 2021

1	Envelopes	\$1085.00
2	Initial Envelopes	\$20.00
3	Sorokousty Services	\$60.00
4	Open	\$80.00
TOTAL		\$1245.00



Schedule of Liturgies - Розпорядок Богослужінь

February 21 — February 28, 2021

Participate ONLINE - Live-streamed via: www.HolyEucharist.ca

February 21			
First Sunday of LENT			
Heb. 11:24-26; 32-12:2; John 1: 43-51 (Participate via livestreaming)			
	7:20 am	3rd Hour & Rosary	
	8:00 am	Служба Божа	For All Parishioners
	10:00 am	Divine Liturgy (Eng)	For Lorraine Kisil & Family
Monday, February 22			
Finding the relics of Martyrs at Eugenios; Rom. 15:1-7; Matthew 18: 10-20			
	8:20 am	3rd Hour & Rosary	
	9:00 am	Divine Liturgy	For John & Dymphna Cortens & Family, by Issigonis Family
Tuesday, February 23			
Priest Martyr Polycarp; Gal. 6:2-10; Matthew 4:23-5:13			
	8:20 am	3rd Hour & Rosary	
	9:00 am	Divine Liturgy	+Richard Grunsten, by the Holy Eucharist Women's League
Wednesday, February 24			
1st & 2nd finding of the head of John the Baptist; 2 Cor. 4:6-15; Matthew 11: 2-15			
	8:20 am	3rd Hour & Rosary	
	9:00 am	Divine Liturgy	+Bill Tataryn, (4 years), by wife Joan and Family
	6:00 pm	Presanctified Gifts	
Thursday, February 25			
Venerable Tarasius; 1 Cor. 10:5-12; Matthew 5:27-32			
	8:20 am	3rd Hour & Rosary	
	9:00 am	Divine Liturgy	For a happy, holy & healthy life, By Mom Lydia Firman
Friday, February 26			
Venerable Porphyrius; Rom. 12:6-14; Matthew 5:33-41:			
	8:20 am	3rd Hour & Rosary	
	9:00 am	Divine Liturgy	+Tom Bodie (2 yrs), by wife Oksana & Daughters Patricia & Janice
	6:00 pm	Presanctified Gifts	
	7:00 pm	Way of the Cross	
Saturday, February 27, 2021			
All Souls Saturday; Heb. 3:12-16; Mark 1: 35-45			
	8:20 am	3rd Hour & Rosary	
	9:00 am	Divine Liturgy	"Sorokousty" (for our deceased family and parishioners)
	6:00 pm	Vespers	
February 28			
Second Sunday of LENT			
Heb. 1:10-2:3; Mark 2: 1-12			
	7:20 am	3rd Hour & Rosary	
	8:00 am	Служба Божа	For All Parishioners
	10:00 am	Divine Liturgy	For Fotine Kokonas Family

BLUE LAMP

(MARIAN Side Altar)

(February 21, 2021-February 27, 2021)

For the health of Mary Poworoznyk, by husband Melvin & Family

RED LAMP

(SAVIOUR Side Altar)

(February 21, 2021-February 27, 2021)

Vera Werbeniuk & Family