St. Joseph, protect our home. Pour forth from heaven blessings on our family. Remain in our midst. Help us to live in love and harmony, in peace and joy. May the wholesome fear of God strengthen us that virtue may adorn what we do and our way may lead to heaven.

To you this day I give the key to our dwelling place. Lock out all things that could do us harm. Lock my home and my loved ones with me in the hearts of Jesus and Mary. This I beg of you, that our days may be like your days in the holy home at Nazareth. Amen.

YEAR OF SAINT JOSEPH

"After Mary, the Mother of God, no saint is mentioned more frequently in the papal magisterium than Joseph, her spouse. ... Joseph had the courage to become the legal father of Jesus, to whom he gave the name revealed by the angel: "You shall

call his name Jesus, for He will save His people from their sins" (Mt 1:21). As we know, for ancient peoples, to give a name to a person or to a thing, as Adam did in the account in the Book of Genesis (cf. 2:19-20), was to establish a relationship."

- Pope Francis, Patris Corde



WEEKLY PARISH BULLETIN - AND... COVID-19 PANDEMIC UPDATE - NO. 41

Meatfare Sunday—Final Judgement February 7, 2021 A.D М'ясопусна Неділя

HOLY EUCHARIST PARISH

Парафія Пресвятої Євхаристії Archeparchy of Winnipeg - Ukrainian Catholic Church 460 Munroe Avenue, Winnipeg, MB R2K 1H4 Tel. 204-667-8866 Email: heparish@gmail.com

Parish Priest: Rev. Dr. Michael Kwiatkowski, JCOD; Assisting: Rev. Fr. Edward Kwiatkowski; Rev. Deacon Walter Dudych for any pastoral needs call Fr. Michael at 204-996-1310 -

Website: www.HolyEucharist.ca Church: 505 Watt St. "Corner of Watt and Munroe" OFFICE Office Manager Carlene Deptuch. 'Open' Hours: Monday - Thursday from 9 am to 2 pm. Required otherwise... for administrative matters call Mon-Fri 9:00-4:30 204-880-1334.

Masks

JOIN DAILY! Go to our Parish Website www.HolyEucharist.ca , then click on "Livestreaming"

Every Day: 8:20 AM - Morning Prayer (Hours) 8:35 AM - Rosary

> 9:00 AM - Divine Liturgy 6:00 PM - Vespers (on Saturday and before feasts)

Sunday:

7:20 AM - 3rd Hour 7:35 AM - Holy Rosary 8:00 AM - Служба Божа (Ukrainian) 9:35 AM - Holv Rosarv

10:00 AM - Divine Liturgy (English)

CONFESSIONS & HOLY COMMUNION - We regret that Confession and Holy Communion must be arranged by appointment. Call Fr. Michael 204-996-1310 and see what is possible. HOWEVER... make a perfect **Act of Contrition** and a spiritual **Act of Holy Communion** daily via Livestream.

LITURGY LEADERS NEEDED! Thanks to very gifted and generous people, we were blessed from the beginning of the pandemic with the best livestreaming services available. It is now time to expand and plan for the future. We are looking for people with basic computer skills (e.g. PowerPoint) and of singing/responding at the liturgical services (e.g. Divine Liturgy) and/or are willing to learn and would consider coming on a regular basis to church to help lead the services! It may require 1 or 2 people who would be willing to operate the livestreaming and lead responses. Call Father Michael 204-996-1310 if you or someone you know might consider doing this... Think about it, your Parish has been there with services, support (even bursaries, recommendations, Maybe we can give back a little time & talent for the good of all our parish? etc).

Start stretching.... LENT is around the corner..

This is that great time of year when we get off of our "spiritual couches" and challenge ourselves (together with millions of other Christians throughout the world) to a bit some "**spiritual exercises**"! Apostle Paul inspires us to "run the good race". He also wrote in his first letter to the people of Corinth, "Do you not know that in a race all the runners run, but only one gets the prize? **Run in such a way as to get the prize**. Everyone who competes in the games goes into strict training. They do it to get a crown that will not last, but **we do it to get a crown that will last forever**. Therefore I do not run like someone running aimlessly; I do not fight like a boxer beating the air. No, I strike a blow to my body and make it my slave so that after I have preached to others, I myself will not be disqualified for the prize." (1Cor 9:24-27).

The "games" are: Fasting, Praying and Almsgiving/Charitable work

This Lent we hope to continue with some of our all-time favourites...

Wednesday and Friday at 6:00 PM - Liturgy of the Presanctified Gifts Friday - 7:00 PM - The Way of the Cross

Saturday - 9:00 AM - **Sorokusty** - Praying for our deceased loved ones Saturday - 6:00 PM - **Vespers**

Other Days - this year we will continue most of the Divine Liturgy as usual Watch the Bulletin Liturgy Schedule changes and additions - Attend everything! As spiritual renewal is the goal - we will arrange for Confession times that everyone will have the opportunity to become reconciled to the Lord (even as many times as it takes...)

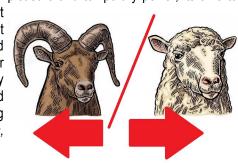
Group Fasting Effort: Anyone interested in doing a bit of a personal weigh-in challenge? Think about it. Our Parish Priest, Father Michael - inspired by brother priests that have been using a walking app on their smartphones - would like to give it a try. Weight-loss is NOT the goal of the Great Fast, but it is surely a 'marker' that shows us some movement (in one direction or the other). So how would it look? Well, those participating would weigh themselves at the beginning and record their number in a ledger. Then we would meet at least weekly to spend some time in prayer and discussion about our faith and the Word of God. And we can talk about our spiritual journey and, yeah, see what might be signs of success that may be voluntarily shared with the group. But the main thing is that we would support each other in our journey through the desert and that we do it in a spirit of FAITH. Watch for details in next weeks bulletin and/or on our parish website.



MEATFARE SUNDAY - FINAL JUDGEMENT

When the Lord "comes in glory" to judge the living and the dead, we want to ask ourselves in which group will we find ourselves and in which direction will be herded? Our loving Saviour gives us freedom to choose, but he came into the world and died for our sins, and left us the Gospel and His true Church and He is always with us, so we would choose wisely and be found among the sheep and be set on His righthand. Why would anyone choose goathood!? Why would anyone choose hell? If it is because we seek personal pleasure and temporary power, its time to

wake up, because all that will pass. If it is because we were hurt by someone at some point and turned against God and His Church, then we also don't roll over and die in a ditch. We do what every wounded person does - cling to life and seek healing. There is always healing So don't let the hurters win! (Besides, they need you to save them too)



Annual General Meeting - Sunday, March 14

We are still working out details as to the time and how the safest meeting will take place... watch the bulletin for more details.

Did you know the Immaculate Heart of Mary Lubov Nursery School is the only Ukrainian Catholic pre-school program in the city of Winnipeg? There are spaces available for your child during this current school year. Late entries during the 2021 school year are welcome and encouraged! Children have the opportunity to experience the Ukrainian culture, faith and have an introduction to the Ukrainian language. IHM Lubov Nursery School is a licensed, part time, play based early childhood program where children learn social and academic skills in preparation for kindergarten. Families of any faith or culture are welcome. To register your 2, 3 or 4 year old, call: 204-669- 1023 or email: stannelubov@mymts.net

JOB OPPORTUNITY - PARISH OFFICE ADMINISTRATOR St. Nicholas Church is currently looking for an individual to assist the Pastor and Assistant Priests in the administration of the Parish (including Holy Family Cemetery. This is a fulltime position (9am - 4pm M-F). Interested applicants are invited to submit their resume electronically to: Fr. Zachary Shwaluk, OSBM,(zachary@osbm.ca) Application deadline: February 22, 2021.

Holy Eucharist is looking for Parishioner-Volunteers to serve as essential personnel for the Liturgical services. Due to pandemic restrictions this will have to be arranged in advance and all safety precautions taken. If you are interested please call Fr. Michael 204-996-1310.

Please remember in your prayer, call, write to our isolated parishioners...

Holy Family Home: Jane Budzen,
Mary Horbal, Irene
Omeniuk, Jennie Huchko,
Elizabeth Boychuk, Fr. V.
Yakowchuk, Milly Manitowich
River East Care Home: Liz Simcoe

St. Joseph's Residence: Mary Ruta
At Home or in Hospital: Mary

Schurko, Ollie Kowalski, Ollie Kostiuk, Mary

Kozubniak, Anthony Hendricks

Middle Church: Olga Hnatiuk, Margaret Sawchuk

Ask our clergy (t. 204-996-1310) to make a Pastoral/Sacramental visit - especially when your loved ones request this.



"Who was that masked man!?"

Dave Hrehirchuk - posing here with our Office Manager Carlene Deptuch - stepped into the office the other day to deal with some Knights of Columbus matters. He is in good spirits and keeping healthy with volunteer snow-shovelling around his neighbourhood.



English-Ukrainian Bilingual Program

Schools in Winnipeg, Oakbank, East Selkirk & Dauphin

Ukrainian Language Education
Kindergarten Registration

Visit www.mpue.ea

For the Week from January 31, 2021

		•
1	Envelopes	\$1010.00
2	Easter Flowers	\$10.00
3	Sorokousty Services	\$80.00
4	Initial Offering for Envelopes	\$30.00
5	Sacred Art	\$10.00
6	Metropolitan's Lent	\$20.00
7	Youth Ministry	\$20.00
8	Lenten Mission	\$10.00
90	Good Friday	\$10.00
	TOTAL	\$1200.00



Schedule of Liturgies - Розпорядок Богослужінь February 7 — February 14, 2021

<u>Participate</u> ONLINE - Live-streamed via: www.HolyEucharist.ca

February 7, 2021 Meat-Fare Sunday 1 Cor. 8:8-9:2;	7:20 am 8:00 am	3rd Hour & Rosary Служба Божа	For Ollie Evanyshyn , by Prayer Partner
Matthew 25: 31–46 (Participate via livestreaming)	10:00 am	Divine Liturgy (Eng)	For All Parishioners
Monday, February 8, 2021 Great Martyr Theodore of Tyre; 3 John 1:1-15; Luke 19: 29-40, 22:7-39	8:20 am 9:00 am	3rd Hour & Rosary Divine Liturgy	+Andy Sirski , by Pat Sirski & Family
Tuesday, February 9, 2021 Martyr Nicephorus Jude 1:1-10; Luke 22:39-42, 45-23:1	8:20 am 9:00 am	3rd Hour & Rosary Divine Liturgy	+William Werbeniuk, by Wife Vera & Family
Wednesday, February 10, 2021 Martyr Charalampus; Rom. 14:6-9; Matthew 26: 57-75	8:20 am 9:00 am	3rd Hour & Rosary Divine Liturgy	For the health of Joanne Mazur , by Mother Helen
Thursday, February 11, 2021 Martyr Blaise; Jude 1:11-25; Luke 23:1-34, 44-56	8:20 am 9:00 am	3rd Hour & Rosary Divine Liturgy	Birthday Blessings for Fr. Kiril Angelov
Friday, February 12, 2021 Venerable Meletius; Eph. 5:8-19; John 19:25-37:	8:20 am 9:00 am	3rd Hour & Rosary Divine Liturgy	+ Gloria Kroeker (1 year), by Oresta Parkasewych & Parish friends
Saturday, February 13, 2021 Venerable Martinian; Rom. 14:19-23, 16:25-27;	8:20 am 9:00 am	3rd Hour & Rosary Divine Liturgy	+Brendan Egan , by Dr. Mary Egan
Matthew 6: 1-13:	6:00 pm	Vespers	<u> </u>
Cheese-Fare Sunday 1 Cor. 8:8-9:2; Matthew 25: 31–46	7:20 am 8:00 am 10:00 am	3rd Hour & Rosary Служба Божа Divine Liturgy	For All Parishioners For All Lovers

SOROKOUSTY... Lent begins Monday February 15... Easter Sunday is April 4, 2021. Please remember request the Sorokousty memorial commemorations for your family and doublecheck that your list of family members is updated.

BLUE LAMP	(February 7, 2021-February 13, 2021)	RED LAMP	(February 7, 2021-February 13, 2021)
(MARIAN Side Altar)	Mother +Wladyslawa Sawicz, by daughter Wanda Lazaruk	(SAVIOUR Side Altar)	