



HOLY EUCHARIST

UKRAINIAN CATHOLIC CHURCH

Українська Католицька Церква Пресвятої Євхаристії

Sunday, December 5, 2021

Twenty-Ninth Sunday after Pentecost, Tone 3

Our Venerable and God-bearing Father Sabbas the Sanctified

Church Address

505 Watt Street
Winnipeg, MB

Office & Mailing Address

460 Munroe Avenue
Winnipeg, MB R2K 1H4

Office Hours

Mon-Fri 8:00 am - 4:00 pm

Office Telephone

204-667-8866

Pastoral Emergencies

204-881-3150

Email

heparish@gmail.com

Parish Website

holyeucharist.ca

Facebook

holyeucharistwinnipeg

Archeparchy Website

archeparchy.ca

LITURGICAL SERVICES

Sunday Services

6:00 pm (Sat) - Great Vespers
8:00 am - Ukrainian
10:00 am - English

HOLY MYSTERIES

Confessions

4:30-6:00 pm Saturdays
or by appointment

Marriage

Please make arrangements with
the Pastor

Baptism, Chrismation, Eucharist

Please make arrangements with
the Pastor

Troparia and Kontakia

Troparion, Tone 3: Let the heavens be glad, let the earth rejoice,* for the Lord has done a mighty deed with His arm.* He trampled death by death. He became the first-born of the dead;* He saved us from the abyss of Hades* and granted great mercy to the world.

Troparion, Tone 8: With the streams of your tears you cultivated the barren desert,* with deep sighs your toils bore fruit a hundredfold.* You became a beacon, shining throughout the world by your wonders,* our venerable Father, Sabbas.* Pray to Christ God that our souls may be saved.

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion, Tone 3: You rose from the tomb, O compassionate Lord,* and led us out from the gates of death.* Today Adam exults and Eve rejoices,* and the prophets together with the patriarchs* unceasingly acclaim the divine might of Your power.

Now and for ever and ever. Amen.

Kontakion, Tone 8: In your virtue,* O blessed Sabbas,* you offered yourself to God from childhood* as an unblemished sacrifice,* becoming a gardener* in the garden of godliness.* Thus you became the adornment of monastics,* a praiseworthy citizen of the desert.* And so we cry to you:* Rejoice, most wealthy Sabbas.

Prokeimenon, Tone 3

Sing to our God, sing; sing to our King, sing.

verse: Clap your hands, all you nations; shout unto God with the voice of joy.

Prokeimenon, Tone 7

Precious in the sight of the Lord* is the death of His venerable ones.

Epistle - Col 1:12-18; Gal 5:22-6:2

Brothers and Sisters, give thanks to the Father who has qualified us to be partakers of the inheritance of the saints in

the light. He has delivered us from the power of darkness and conveyed us into the kingdom of the Son of His love, in whom we have redemption through His blood, the forgiveness of sins. He is the image of the invisible God, the firstborn over all creation. For by Him all things were created that are in heaven and that are on earth, visible and invisible, whether thrones or dominions or principalities or powers. All things were created through Him and for Him. And He is before all things, and in Him all things consist. And He is the head of the body, the church, who is the beginning, the firstborn from the dead, that in all things He may have the preeminence.

Brothers and Sisters, the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control. Against such there is no law. And those who are Christ's have crucified the flesh with its passions and desires. If we live in the Spirit, let us also walk in the Spirit. Let us not become conceited, provoking one another, envying one another. Brethren, if a man is overtaken in any trespass, you who are spiritual restore such a one in a spirit of gentleness, considering yourself lest you also be tempted. Bear one another's burdens, and so fulfill the law of Christ.

Alleluia, Tone 3

verse: In You, O Lord, have I hoped that I may not be put to shame for ever.

verse: Be a protector unto me, O God, and a house of refuge to save me.

verse: Blessed is the man who fears the Lord; he shall delight exceedingly in His commandments.

Gospel - Lk 17:12-19; Mt 11:27-30

The Lord told this parable: "A certain man gave a great supper and invited many, and sent his servant at supper time to say to those who were invited, 'Come,

Anointing of the Sick

Please make arrangements with the Pastor

Funerals

Please make arrangements with the Pastor

Divine Liturgy Intentions

Please make arrangements with the Office

Catechism

Pat Sirski

204-453-4489

Pastor

Fr. Michael Winn

Office: 204-667-8866

Local Cell: 204-881-3150

Main Cell: 587-937-5756

winn.heparish@gmail.com

Parish Office Manager

Carlene Deptuch

204-667-8866

heparish@gmail.com

Parish Facility Rentals

204-667-8866

Perogy Hotline

204-667-6304

Parish Bookstore

204-334-2081

ORGANIZATIONS

Parish Pastoral Council

Curtis Shupenia

204-667-8866

UCWLC

Emily Hawrysh

204-668-8013

UCBC

Contact forthcoming

Millennium Seniors' Club

Bernice Hrehirchuk

204-669-2068

Bingo

Contact forthcoming

for all things are now ready.' But they all with one accord began to make excuses. The first said to him, 'I have bought a piece of ground, and I must go and see it. I ask you to have me excused.' And another said, 'I have bought five yoke of oxen, and I am going to test them. I ask you to have me excused.' Still another said, 'I have married a wife, and therefore I cannot come.' So that servant came and reported these things to his master. Then the master of the house, being angry, said to his servant, 'Go out quickly into the streets and lanes of the city, and bring in here the poor and the maimed and the lame and the blind.' And the servant said, 'Master, it is done as you commanded, and still there is room.' Then the master said to the servant, 'Go out into the highways and hedges, and compel them to come in, that my house

may be filled. For I say to you that none of those men who were invited shall taste my supper.'" The Lord said to His disciples, "All things have been delivered to Me by My Father, and no one knows the Son except the Father. Nor does anyone know the Father except the Son, and the one to whom the Son wills to reveal Him. Come to Me, all you who labor and are heavy laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. For My yoke is easy and My burden is light."

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest.* The just man shall be in everlasting remembrance;* of evil hearsay he shall have no fear.* Alleluia, alleluia,* alleluia.

ANNOUNCEMENTS

The **Holy Eucharist Social Club** is looking towards the future and bringing Bingo back! They plan to re-open in the new year and are looking for volunteers. Anyone interested or if you know anyone interested in volunteering Tuesday nights between 5pm and 10 pm please give Bernice a call 204-669-2068.

Parish Event Workers. Our parish is getting busy again with many inquiries and events being booked at our facilities. Please help your parish out by providing your name and contact info and willingness to work at some events. This will make scheduling of events much easier. We do need more of you so as to be able to spread out the work load. Due to government regulations, some events require workers to have current, full Covid-19 immunization status, and some events don't have this requirement. For this reason alone, your Covid-19 immunization status will be required. As before, you will be paid for your time.

Emmanuel Moleben - Sunday evenings at 7:00 pm throughout the Nativity Fast.

Busy Fingers Knitting Group on Monday, December 6, 2021 at 10:00 am in the Parish Centre, Multi-purpose Room.

Perogy-making - this is the last week for 2021. If you are interested in volunteering or just want to place an order, please call the **Perogy Hotline** at 204-667-6304. Just a reminder Perogies are now \$7.00 a dozen.

The **UCWLC Holy Eucharist Branch's Ukrainian Food Sale** was a sell-out. Thank you for your orders. A very special thank you to all the volunteers, including the Perogy Project Group, who came out faithfully and donated their time and talent to make this event a success.

IHMS—With the holiday season approaching, why not make a gift to purchase a chair in honour of someone! Only a limited number of chairs are available! You can make a gift online here: <https://bit.ly/ihms-back-toschool> or call 204-942-0443. Learn more about our Back to School campaign to purchase new chairs for our auditorium! <https://ihms.mb.ca/back-to-school-campaign-2021/>

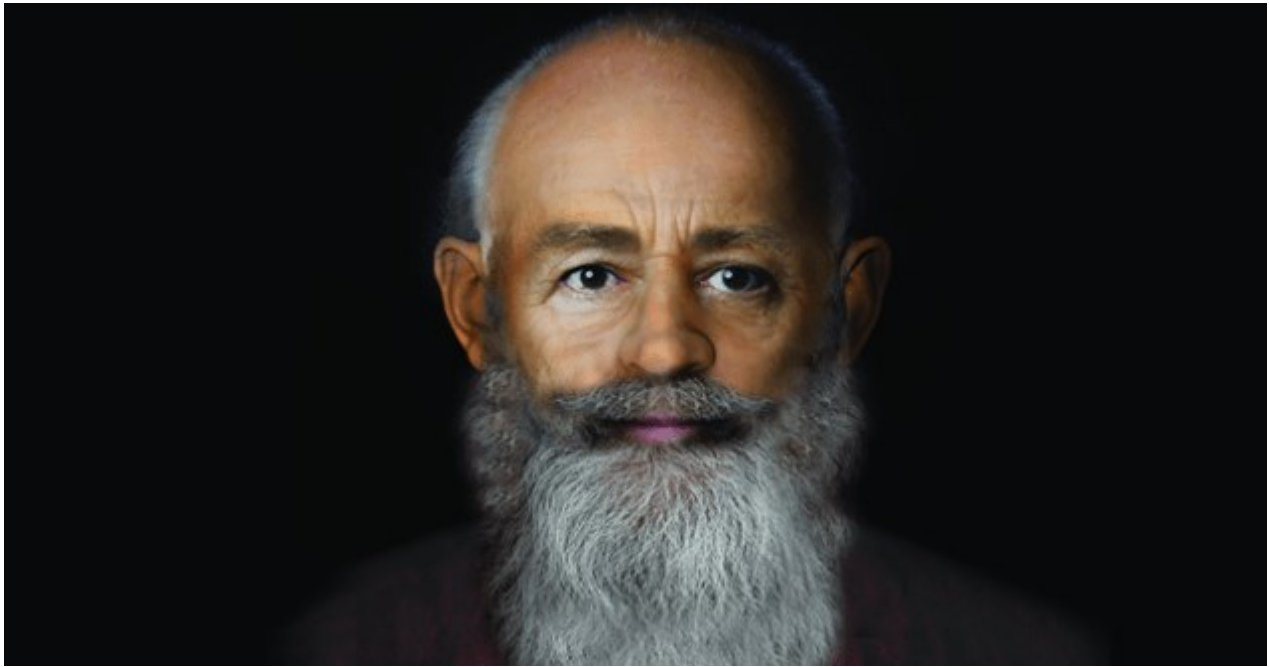
***Our Parish 50/50 Raffle will be starting
On January 1, 2022! Stay tuned!***

**Please remember
in your prayers,
call, or write
to our isolated parishioners!**

Middle Church - Olga Hnatiuk,
Margaret Sawchuk

Holy Family Home - Jane Budzen,
Mary Horbal, Irene Omeniuk, Jennie
Huchko, Elizabeth Boychuk, Fr. Victor
Yakowchuk, Milly Maniowich

The Real Face of Santa Claus



When you were a child, how badly did you want to sneak downstairs on Christmas Eve and see what Santa really looked like? You probably imagined him with a big white beard, jolly belly, red cheeks, and fur lined coat.

But according to scientific analysis and computer models, Saint Nicholas, the 4th century Bishop of Myra who Santa Claus is based on, would have looked a bit different than the Nordic woodsman of popular culture and more like a 4th century Byzantine Bishop.

According to *The Saint Nicholas Center*:

St. Nicholas' remains are buried in the crypt of the Basilica di San Nicola in Bari, Italy. These bones were temporarily removed when the crypt was repaired during the 1950s. At the Vatican's request, anatomy professor Luigi Martino from the University of Bari, took thousands of minutely-detailed measurements and x-ray photographs (roentgenography) of the skull and other bones.

Professor of forensic pathology at the University of Bari, Francesco Introna, knew advancements in diagnostic technique could yield much more from the data gathered in the 1950s. So in 2004 he engaged expert facial anthropologist, Caroline Wilkinson, then at the University of Manchester in England, to construct a model of the saint's head from the earlier measurements.

Using this data, the medical artist used state-of-the-art computer software to develop the model of St. Nicholas. The virtual clay was sculpted on screen using a special tool that allows one to "feel" the clay as it is molded. Dr. Wilkinson says, "In theory you could do the same thing with real clay, but it's much easier, far less time-consuming and more reliable to do it on a computer."

Caroline Wilkinson updated her original 2004 work ten years later, in 2014. This new image incorporates the latest 3D interactive technology and facial reconstruction system as she had further developed it at the University of Dundee and Liverpool John Moores University. Working in the new Face Lab at the School of Art and Design, she and Mark Roughley have produced a more advanced image using the most up-to-date anatomical standards, tissue depth data from the region, and computer graphic imagery techniques. The result is a middle-aged man with a long beard, round head, and square jaw. St. Nicholas also had a severely broken nose that healed asymmetrically.

"This is the most realistic appearance of St Nicholas based on all the skeletal and historical material. It is thrilling for us to be able to see the face of this famous 4th century Bishop," said Professor Wilkinson. The new image was unveiled at St. Nicholas Catholic Primary School. The school is adjacent to the LJMU's School of Art and Design. Wilkinson continued, "It was important to us to involve the local children in the reveal of the latest depiction of the face of St Nicholas and I hope that they will think of his face every year on St Nicholas's feast day."

The result of the project is the image of a Greek man, living in Asia Minor (part of the Greek Byzantine Empire), about 60-years old, 5-feet 6-inches tall, who had a heavy jaw and a broken nose.

Press reaction to the facsimile tended to imply that good Saint Nicholas had had a brawling past, hence the broken nose. It is more likely, however, that his nose was broken when imprisoned and tortured during the persecution of Christians under Roman Emperor Diocletian.

<https://www.stnicholascenter.org/>

UPDATED GUIDELINES

*Promulgated by Metropolitan Lawrence
on October 4, 2021*

1. **FACE MASKS ARE MANDATORY FOR PLACES OF WORSHIP.** You must wear a face mask to participate in liturgical services. However, if you have a medical condition and a doctor's note, you are exempt from wearing a mask.
2. **Hand-sanitization** at the entrance to the church is required.
3. **Capacity Limitation.** Attendance at any Divine Service or faith-based gathering is currently restricted to 33% capacity, which is 99 people for our parish church.
4. **Maintain Physical Distancing** of 2 metres (6 feet). Members of the same household may sit together.
5. **Singing.** A maximum of two cantors are permitted to respond at Divine Services. The faithful are able to sing quietly with their masks on.
6. **No Policing** – (A parish request). Please, no policing of restrictions is to take place. Please be mindful that some people have exemptions. If you have concerns, please contact Fr. Michael. We want to maintain the spirit of a welcoming and vibrant parish.
7. **Entrance and Exit** – (A parish request). Please enter by the south side door and exit by the main doors.
8. **Non-parish events** (e.g., rentals) are to adhere to the current Provincial Public Health Order of October 26, 2021.

Anyone wishing to have a home visit from Father Michael, or know of a parishioner who would like to have a visit. Please contact the parish office to book a time: 204-667-8866.

Offerings	Sunday, Nov. 21	Sunday, Nov 28
Envelopes	\$345.00	\$1405.00
Open collection	\$ 12.00	\$ 24.00
Vigil lights	\$ 37.00	\$ 31.50
Christmas Offering	\$ 0.00	\$ 20.00
Christmas Flowers	\$ 0.00	\$ 60.00
CCCB Collection	\$0.00	\$ 0.00
Church Mission	\$0.00	\$ 0.00
Direct Deposit	\$0.00	\$ 0.00
Carolling	\$0.00	\$ 20.00
Total	\$994.00	\$ 1560.50

Schedule of Services Dec 5 - 12, 2021

*Sundays and Feast Days are live-streamed at holyeucharist.ca
The Rosary is often prayed before Divine Liturgy*

Sunday, December 5

Twenty-Ninth Sunday after Pentecost, Tone 3; Venerable and God-bearing Father Sabbas the Sanctified.

Polyeleos Feast. Nativity Fast Day 21.

08:00 am Divine Liturgy (for parishioners)

10:00 am Divine Liturgy (for parishioners)

07:00 pm Emmanuel Moleben

Monday, December 6

Our Holy Father Nicholas the Wonderworker, Archbishop of Myra in Lycia

All-night Vigil Feast. Nativity Fast Day 22.

Heb 13:17-21; Lk 6:17-23

09:00 am Divine Liturgy (for parishioners)

Tuesday, December 7

Our Holy Father Ambrose, Bishop of Milan

Nativity Fast Day 23.

Heb 4:1-13; Lk 21:12-19

No Services

Wednesday, December 8

Venerable Father Patapius

Nativity Fast Day 24. Abstention from meat and foods that contain meat.

Heb 5:11-6:8; Lk 21:5-7,10-11,20-24

09:00 am Divine Liturgy (+Mary Kuz, by Ukraine Kyiv Pavilion)

Thursday, December 9

Conception of Saint Anna when she conceived the Most Holy Mother of God

All-night Vigil Feast. Nativity Fast Day 25.

Gal 4:22-31; Lk 8:16-21

12:00 pm Divine Liturgy (for parishioners)

Friday, December 10

Holy Martyrs Menas, Hermogenes and Eugephus

Nativity Fast Day 26. Abstention from meat and foods that contain meat.

Heb 7:18-25; Lk 21:37-22:8

09:00 am Divine Liturgy

Saturday, December 11

Venerable Father Daniel the Stylite

Nativity Fast Day 27.

Eph 2:11-13; Lk 13:18-29

06:00 pm Great Vespers

Sunday, December 12

Sunday of the Holy Forefathers, Tone 4; Venerable Father Spiridon the Wonderworker

Nativity Fast Day 28.

Col 3:4-11; Lk 14:16-24

08:00 am Divine Liturgy (for parishioners)

10:00 am Divine Liturgy (for parishioners)

07:00 pm Emmanuel Moleben