

Church Address

505 Watt Street Winnipeg, MB

Office & Mailing Address

460 Munroe Avenue Winnipeg, MB R2K 1H4

Office Hours

Mon-Fri 8:00 am - 4:00 pm

Office Telephone

204-667-8866

Pastoral Emergencies

204-881-3150

Email

heparish@gmail.com

Parish Website

holyeucharist.ca

Facebook

holyeucharistwinnipeg

Archeparchy Website

archeparchy.ca

LITURGICAL SERVICES

Sunday Services

6:00 pm (Sat) - Great Vespers 8:00 am - Ukrainian 10:00 am - English

HOLY MYSTERIES

Confessions

4:30-6:00 pm Saturdays or by appointment

Marriage

Please make arrangements with the Pastor

Baptism, Chrismation, Eucharist

Please make arrangements with the Pastor

HOLY EUCHARIST UKRAINIAN CATHOLIC CHURCH

Українська Католицька Церква Пресвятої Євхаристії

Sunday, February 20, 2022

Sunday of the Meatfare; Octoechos Tone 6

Our Venerable Father Leo, Bishop of Catania

Troparia and Kontakia

Troparion, Tone 6: Angelic powers were upon Your tomb* and the guards became like dead men;* Mary stood before Your tomb* seeking Your most pure body.* You captured Hades without being overcome by it.* You met the Virgin and granted life.* O Lord, risen from the dead,* glory be to You!

Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.

Kontakion, Tone 1: When You come on earth, O God, in glory,* and the universe trembles,* while the river of fire flows before the seat of judgement,* and the books are opened and all secrets disclosed,* then deliver me from the unquenchable fire,* and count me worthy to stand at Your right hand,* O Judge who are most just.

Prokeimenon, Tone 3

Great is our Lord and great is His strength;* and of His knowledge there is no end.

verse: Praise the Lord, for a psalm is good; may praise be sweet to Him.

Epistle - 1 Corinthians 8:8-9:2

Brothers and Sisters, food does not commend us to God; for neither if we eat are we the better, nor if we do not eat are we the worse. But beware lest somehow this liberty of yours become a stumbling block to those who are weak. For if anyone sees you who have knowledge eating in an idol's temple, will not the conscience of him who is weak be emboldened to eat those things offered to idols? And because of your knowledge shall the weak brother perish, for whom Christ died? But when you thus sin against the brethren, and wound their weak conscience, you sin against Christ. Therefore, if food makes my brother stumble, I will never again eat meat, lest I make my brother stumble. Am I not an apostle? Am I not free? Have I not seen Jesus Christ our Lord? Are you not my work in the Lord? If I am not an apostle to others, yet doubtless I am to you. For you are the seal of my apostleship in the Lord.

Alleluia, Tone 8

verse: Come, let us rejoice in the Lord; let us acclaim God our Saviour.

verse: Let us come before His face with praise, and acclaim Him in psalms.

Gospel - Matthew 25:31-46

The Lord said, "When the Son of Man comes in His glory, and all the holy angels with Him, then He will sit on the throne of His glory. All the nations will be gathered before Him, and He will separate them one from another, as a shepherd divides his sheep from the goats. And He will set the sheep on His right hand, but the goats on the left. Then the King will say to those on His right hand, 'Come, you blessed of My Father, inherit the kingdom prepared for you from the foundation of the world: for I was hungry and you gave Me food; I was thirsty and you gave Me drink; I was a stranger and you took Me in; I was naked and you clothed Me; I was sick and you visited Me; I was in prison and you came to Me.' Then the righteous will answer Him, saying, 'Lord, when did we see You hungry and feed You, or thirsty and give You drink? When did we see You a stranger and take You in, or naked and clothe You? Or when did we see You sick, or in prison, and come to You?' And the King will answer and say to them, 'Assuredly, I say to you, inasmuch as you did it to one of the least of these My brethren, you did it to Me.' Then He will also say to those on the left hand, 'Depart from Me, you cursed, into the everlasting fire prepared for the devil and his angels: for I was hungry and you gave Me no food; I was thirsty and you gave Me no drink; I was a stranger and you did not take Me in, naked and you did

Anointing of the Sick

Please make arrangements with the Pastor

Funerals

Please make arrangements with the Pastor

Divine Liturgy Intentions

Please make arrangements with the Pastor

Catechism

Pat Sirski 204-453-4489

Pastor

Fr. Michael Winn
Office: 204-667-8866
Local Cell: 204-881-3150
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winn.heparish@gmail.com

Parish Office Manager

Carlene Deptuch 204-667-8866 heparish@gmail.com

Parish Facility Rentals

204-667-8866

Perogy Hotline

204-667-6304

Parish Bookstore

204-334-2081

ORGANIZATIONS

Parish Pastoral Council

Curtis Shupenia 204-667-8866

UCWLC

Emily Hawrysh 204-668-8013

UCBC

Contact forthcoming

Millennium Seniors' Club

Bernice Hrehirchuk 204-669-2068

Bingo

Contact forthcoming

not clothe Me, sick and in prison and you did not visit Me.' Then they also will answer Him, saying, 'Lord, when did we see You hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to You?' Then He will answer them, saying, 'Assuredly, I say to you, inasmuch as you did not do it to one of the least of these, you did not do it to

Me.' And these will go away into everlasting punishment, but the righteous into eternal life."

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest. (Psalm 148:1)* Rejoice in the Lord, O you just;* praise befits the righteous.* Alleluia, alleluia,* alleluia. (Psalm 32:1)

Sunday of Meatfare: the Last Judgment

As its name indicates, this is traditionally the final day for eating meat until Pascha. This additional week of abstinence from meat comes from the Monastery of Saint Sabbas, near Jerusalem. The monks are thought to have introduced the practice in expiation for a sin of the Emperor Heraclius when he recaptured Jerusalem from the Persians. But this is a historical matter of no particular importance, and is not even mentioned in the Triodion.

The real theme of this Sunday is *the Last Judgment*, which we read about in the Gospel at the Divine Liturgy (Mt 25:31-46).

Fasting is a discipline, an aid to repentance. Repentance itself is the object of the exercise. Just before the Great Doxology on this Sunday we sing "If you fast, do not deceive your neighbour! If you abstain from food, do not judge others!"

Even Lent has its temptations: we may be tempted to believe that our religious practice of Lent somehow entitles us to look down on others, or somehow excuses us from serving others. Just the opposite is true. And this "Sunday of the Last Judgment" should keep before our eyes, all through Lent, the primary importance of caring for the needs of others, of recognizing in those in need, Christ Himself. Lent should teach us humility; God forbid that Lent would become an occasion of pride!

The week following this Sunday, the last week before Lent itself, has some interesting features. Wednesday and Friday are "aliturgical days," which means that no celebration of the Divine Liturgy is foreseen by the calendar, and there are no readings from the Scripture for the Divine Liturgy. Saturday, the day before Forgiveness Sunday, is kept in honour of the monastic saints, the Holy Ascetics, because particularly during Lent we strive to follow their good example.

In *Orientale Lumen*, Pope John Paul II devotes much attention to our tradition of monasticism, (see *Orientale Lumen*, 9-10, 12-15) which the Holy Father calls "a reference point for all the baptized, according to

the gifts offered to each by the Lord" (Orientale Lumen, 9). I should like to encourage all the clergy and faithful of the eparchy to read Orientale Lumen during Lent. It is the monastics who have given us much of our Lenten practice, and this Saturday just before Lent is a moment when we offer the monastic saints our thanks for all that they have done, for all that they mean to the Church. This Saturday also is a reminder to our contemporary monastics, including even those who serve in our own diocese, that they are the heirs and custodians of a most glorious spiritual heritage which the Church expects them to cultivate and share.

This Saturday, finally, reminds us of Pope John Paul II's exhortation:

"With regard to monasticism, in consideration of its importance in Eastern Christianity, we would like it to flourish once more in the Eastern Catholic Churches, and that support be given to all those who feel called to work for its revitalization. In fact, in the East an intrinsic link exists between liturgical prayer, spiritual tradition and monastic life. For this reason precisely, a welltrained and motivated renewal of monastic life could mean true ecclesial fruitfulness for them as well. Nor should it be thought that this would diminish the effectiveness of the pastoral ministry which in fact will be strengthened by such a vigorous spirituality, and thus will find once more its ideal place. This hope also concerns the territories of the Eastern diaspora, where the presence of Eastern monasteries would give greater stability to the Eastern Churches in those countries, and would make a valuable contribution to the religious life of Western Christians" (Orientale Lumen, 27).

In response to this teaching of the Holy Father, we should pray for an abundance of monastic vocations, and for the strong, authentic monastic witness which *Orientale Lumen* describes.

Excerpt from Our Paschal Pilgrimage. A Guide for the Great Fast for Ukrainian Catholics by Bishop Basil Losten



Holy Eucharist Ukrainian Catholic Darish



Holy Eucharist Parish has been serving Elmwood and the Chalmers neighbourhood for over 100 years! Help us continue and support our Draw and Raffle.

50/50 Draw

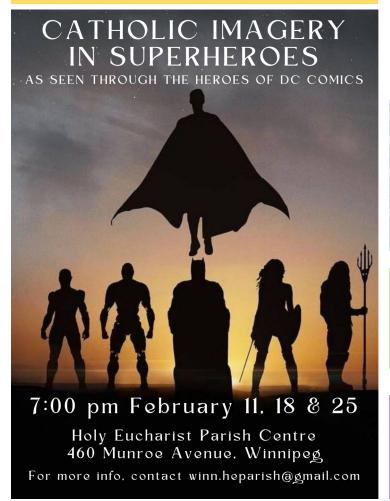
The 50/50 Draw will take place on Sunday, February 20, 2022 at 18:00 CT. The Draw is coordinated through friends at Funding Change. The winner will take 50% of the pot.

Prize Raffle

There are three raffle prizes which will be drawn on Sunday, February 20, 2022 at 18:00 CT. The Raffle is coordinated through friends at Funding Change.

Prize 1 – \$100 Gift Certificate to A&A Jewelers plus \$300 cash; Prize 2 – Hamilton Beach Trio Coffeemaker Bundle plus \$100 cash; Prize 3 – Children and Gardening Bundle plus \$100.

Tickets can be purchased up until 5:45 pm on Sunday February 20, 2022. See **fundingchange.ca/holy** *If you need help purchasing tickets online, please contact the parish office.*



ANNOUNCEMENTS

Catholic Imagery in Superheroes as Seen Through the Heroes of DC Comics. This a three week series of discussion of Catholic imagery in three DC Comics movies. We will meet in the Multi-Purpose Room at the Parish Centre at 6:00 pm on February 25. While this event is targeted to young adults, all are welcome.

We will have a few weddings here this coming summer. Fr. Michael is looking for a few married couples that will commit to prayer for these engaged couples as they prepare for marriage in the Lord. If you would like to take up this effort, please call Fr. Michael at your convenience.

Please continue to **remember Ukraine in your prayers** during this arduous time.





Once again our beautiful church will be participating in this year's **Annual Doors Open**, which will be held Saturday, May 28 and Sunday, May 29, 2022. With restrictions being lifted, we would like to go ahead and plan our Annual Parish Garage Sale and Perogy Bash to be held on Saturday, May 28, 2022. We would like to get started in the planning of both of these events. If you are interested in volunteering for this weekend, please call Father Michael or the Parish Office to leave your name. We would like to get a meeting and committee together very soon.

Donate with Interac Transfer

With the current Covid-19 restrictions, it is understandable that we are not able to get our donations into the church. Please think about using the convenient Interac transfer. You can make your donation right from home using our email address at:

heparish@gmail.com

Remember, anyone wishing to have a home visit or Jordan home blessing from Father Michael, or know of a parishioner who would like to have a visit, please contact the parish office to book a time: 204-667-8866.

With the new Public Health Order of February 15, 2022, we are able to have 150 people for each service. Preregistration is no longer required.

MASKS AND DISTANCING ARE STILL MANDATORY!

UPDATED GUIDELINES

- 1. FACE MASKS ARE MANDATORY FOR PLACES OF WORSHIP. You must wear a face mask to participate in liturgical services. If you have a medical condition and a doctor's note, please confer with Fr. Michael.
- 2. **Hand-sanitization** at the entrance to the church is required.
- 3. **Capacity Limitation.** Attendance at any Divine Service or faith-based gathering is currently restricted to 50% (150 people).
- 4. **Maintain Physical Distancing** of 2 metres (6 feet). Members of the same household may sit together.
- 5. **Singing.** A maximum of two cantors are permitted to respond at Divine Services. The faithful are able to sing quietly with their masks on.
- 6. No Policing (A parish request). Please, no policing of restrictions is to take place. Please be mindful that some people have exemptions. If you have concerns, please contact Fr. Michael. We want to maintain the spirit of a welcoming and vibrant parish.
- 7. Entrance and Exit (A parish request). Please enter by the south side door and exit by the main doors.
- 8. **Non-parish events** (e.g., rentals) are to adhere to the current Provincial Public Health Order of February 15, 2022.

Please remember in your prayers, call, or write to our isolated parishioners!

Holy Family Home - Jane Budzen, Irene Omeniuk, Jennie Huchko, Elizabeth Boychuk, Fr. Victor Yakowchuk, Milly Manitowich

Offerings	Sunday, Feb 6	Sunday, Feb 13
Envelopes	\$ 1612.00	\$ 1075.00
Open collection	\$ 55.00	\$ 50.00
Vigil lights	\$ 10.20	\$ 9.00
Initial Offering	\$ 20.00	\$ 15.00
Youth Ministry	\$ 0.00	\$ 0.00
Perogy Sheeter	\$ 0.00	\$ 500.00
Sacred Art	\$ 10.00	\$ 0.00
Lenten Mission	\$ 0.00	\$ 0.00
Easter flowers	\$ 0.00	\$ 20.00
Initial Offering	\$ 0.00	\$ 0.00
Met. Lent	\$ 0.00	\$ 20.00
Total	\$ 1707.20	\$1689.00

Parish Schedule February 20-27, 2022

Sunday services are live-streamed and are available at holyeucharist.ca The Rosary is often prayed before Divine Liturgy

Sunday, February 20

Sunday of Meatfare - Sunday of the Fearful Judgement; Octoechos Tone 6; Venerable Father Leo

1 Cor 8:8-9:2; Mt 25:31-46

08:00 am Divine Liturgy (for parishioners)

10:00 am Divine Liturgy (for parishioners)

Monday, February 21

Venerable Father Timothy of Symbola; Holy Father Eustathius, Archbishop of Great Antioch

3 Jn 1:1-15; Lk 19:29-40; 22:7-39

09:00 am Divine Liturgy (+Elsie Tomlinson by Lillian Deptuch & Family)

Tuesday, February 22

Discovery of the Relics of the Holy Martyrs at Eugenius Jude 1-10; Lk 22:39-42; 22:45-23:1

09:00 am Divine Liturgy (+Margaret Sawchuk - 40 day)

Wednesday, February 23

Holy Priest-Martyr Polycarp, Bishop of Smyrna According to liturgical prescriptions, the Divine Liturgy is not celebrated today

Joel 2:12-26; Joel 4:12-21

08:00 am Lenten Matins

01:00 pm Seniors Club

Thursday, February 24

First and Second Finding of the Precious Head of the Holy, Glorious Prophet and Forerunner John the Baptist *All-Night Vigil Feast*

2 Cor 4:6-15; Mt 11:2-15

12:00 pm Divine Liturgy (+Bill Tataryn (5 years) by family)

Friday, February 25

Our Holy Father Tarasius, Archbishop of Constantinople According to liturgical prescriptions, the Divine Liturgy is not celebrated today. Abstention from meat and foods that contain meat

Zechariah 8:7-14; Zechariah 8:19-23;

08:00 am Lenten Matins

06:00 pm Catholic Imagery in Superheroes

Saturday, February 26

Saturday before Cheesefare; Holy Father Porphyrius, Bishop of Gaza

Rm 14:19-26; Gal 5:22-6:2; Mt 6:1-13; 11:27-30

09:00 am Divine Liturgy (+Tom Bodie (3 years) by Oksana, Patricia, and Janice)

04:30pm Confessions

06:00 pm Great Vespers

Sunday, February 27

Sunday of Cheesefare - Sunday of Forgiveness; Octoechos Tone 7; Venerable Father and Confessor Procopius

Rm 13:11-14:4; Mt 6:14-21

08:00 am Divine Liturgy (for parishioners) 10:00 am Divine Liturgy (for parishioners)