



HOLY EUCHARIST

UKRAINIAN CATHOLIC CHURCH

Українська Католицька Церква Пресвятої Євхаристії

Sunday, March 27, 2022

Church Address

505 Watt Street
Winnipeg, MB

Office & Mailing Address

460 Munroe Avenue
Winnipeg, MB R2K 1H4

Office Hours

Mon-Fri 9:00 am - 4:00 pm

Office Telephone

204-667-8866

Pastoral Emergencies

204-881-3150

Email

heparish@gmail.com

Parish Website

holyeucharist.ca

Facebook

holyeucharistwinnipeg

Archeparchy Website

archeparchy.ca

LITURGICAL SERVICES

Sunday Services

5:00 pm (Sat) - Great Vespers
8:00 am - Ukrainian
10:00 am - English

HOLY MYSTERIES

Confessions

4:30-6:00 pm Saturdays
or by appointment

Marriage

Please make arrangements with
the Pastor

Baptism, Chrismation, Eucharist

Please make arrangements with
the Pastor

Fourth Sunday of the Great Fast; Octoechos Tone 3

Our Holy Mother Matrona of Thessalonica

Troparia and Kontakia

Troparion, Tone 3: Let the heavens be glad, let the earth rejoice,* for the Lord has done a mighty deed with His arm.* He trampled death by death. He became the first-born of the dead;* He saved us from the abyss of Hades* and granted great mercy to the world.

Troparion, Tone 1: O John, our God-bearing father,* you were shown to be a citizen of the desert,* an angel in bodily form,* and a worker of miracles.* Through fasting, prayers and vigils you received heavenly gifts* to heal the sick and the souls of those who, in faith, run to you.* Glory to Him who gives you strength.* Glory to Him who crowned you.* Glory to Him who works healing for all through you.

Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.

Kontakion, Tone 4: On the heights of true abstinence,* the Lord established you as a reliable star,* giving light for guidance to the ends of the earth,* O father John, our teacher.

Prokeimenon, Tone 3

Sing to our God, sing; sing to our King, sing.

verse: Clap your hands, all you nations; shout unto God with the voice of joy.

Prokeimenon, Tone 8

The venerable ones will exult in glory* and they shall be joyful in their beds.

Epistle - Heb 6:13-20; Eph 5:9-19

Brothers and Sisters, when God made a promise to Abraham, because He could swear by no one greater, He swore by Himself, saying, "Surely blessing I will bless you, and multiplying I will multiply you." And so, after he had patiently endured, he obtained the promise. For men indeed swear by the greater, and an oath for confirmation is for them an end of all

dispute. Thus God, determining to show more abundantly to the heirs of promise the immutability of His counsel, confirmed it by an oath, that by two immutable things, in which it is impossible for God to lie, we might have strong consolation, who have fled for refuge to lay hold of the hope set before us. This hope we have as an anchor of the soul, both sure and steadfast, and which enters the Presence behind the veil, where the forerunner has entered for us, even Jesus, having become High Priest forever according to the order of Melchizedek.

Brothers and Sisters, the fruit of the Spirit is in all goodness, righteousness, and truth, finding out what is acceptable to the Lord. And have no fellowship with the unfruitful works of darkness, but rather expose them. For it is shameful even to speak of those things which are done by them in secret. But all things that are exposed are made manifest by the light, for whatever makes manifest is light. Therefore He says: "Awake, you who sleep, arise from the dead, and Christ will give you light." See then that you walk circumspectly, not as fools but as wise, redeeming the time, because the days are evil. Therefore do not be unwise, but understand what the will of the Lord is. And do not be drunk with wine, in which is dissipation; but be filled with the Spirit, speaking to one another in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord.

Alleluia, Tone 3

verse: In You, O Lord, have I hoped that I may not be put to shame for ever.

verse: Be a protector unto me, O God, and a house of refuge to save me.

verse: They who are planted in the hose of the Lord shall flourish in the courts of our God.

Anointing of the Sick

Please make arrangements with the Pastor

Funerals

Please make arrangements with the Pastor

Divine Liturgy Intentions

Please make arrangements with the Pastor

Catechism

Pat Sirski
204-453-4489

Pastor

Fr. Michael Winn
Office: 204-667-8866
Local Cell: 204-881-3150
Main Cell: 587-937-5756
winn.heparish@gmail.com

Parish Office Manager

Carlene Deptuch
204-667-8866
heparish@gmail.com

Parish Facility Rentals

204-667-8866

Perogy Hotline

204-667-6304

Parish Bookstore

204-334-2081

ORGANIZATIONS**Parish Pastoral Council**

Curtis Shupenia
204-667-8866

UCWLC

Emily Hawrysh
204-668-8013

UCBC

Contact forthcoming

Millennium Seniors' Club

Bernice Hrehirchuk
204-669-2068

Bingo

Contact forthcoming

Gospel - Mk 9:17-31; Mt 4:25-5:12

At that time, one of the multitude came to Jesus, bowed before Him, and said, "Teacher, I brought You my son, who has a mute spirit. And wherever it seizes him, it throws him down; he foams at the mouth, gnashes his teeth, and becomes rigid. So I spoke to Your disciples, that they should cast it out, but they could not." He answered him and said, "O faithless generation, how long shall I be with you? How long shall I bear with you? Bring him to Me." Then they brought him to Him. And when he saw Him, immediately the spirit convulsed him, and he fell on the ground and wallowed, foaming at the mouth. So He asked his father, "How long has this been happening to him?" And he said, "From childhood. And often he has thrown him both into the fire and into the water to destroy him. But if You can do anything, have compassion on us and help us." Jesus said to him, "If you can believe, all things are possible to him who believes." Immediately the father of the child cried out and said with tears, "Lord, I believe; help my unbelief!" When Jesus saw that the people came running together, He rebuked the unclean spirit, saying to it: "Deaf and dumb spirit, I command you, come out of him and enter him no more!" Then the spirit cried out, convulsed him greatly, and came out of him. And he became as one dead, so that many said, "He is dead." But Jesus took him by the hand and lifted him up, and he arose. And when He had come into the house, His disciples asked Him privately, "Why could we not cast it out?" So He said to them, "This kind can come out by nothing but prayer and fasting." Then they departed from there and passed through Galilee, and He did not want anyone to know it. For He taught His disciples and said to them, "The Son of Man is being betrayed into the hands of men, and they will kill Him. And after He is killed, He will rise the third day."

At that time, great multitudes followed Him—from Galilee, and from Decapolis, Jerusalem, Judea, and beyond the Jordan.

And seeing the multitudes, He went up on a mountain, and when He was seated His disciples came to Him. Then He opened His mouth and taught them, saying:

"Blessed are the poor in spirit,

For theirs is the kingdom of heaven.

Blessed are those who mourn,

For they shall be comforted.

Blessed are the meek,

For they shall inherit the earth.

Blessed are those who hunger and thirst for righteousness,

For they shall be filled.

Blessed are the merciful,

For they shall obtain mercy.

Blessed are the pure in heart,

For they shall see God.

Blessed are the peacemakers,

For they shall be called sons of God.

Blessed are those who are persecuted for righteousness' sake,

For theirs is the kingdom of heaven.

"Blessed are you when they revile and persecute you, and say all kinds of evil against you falsely for My sake. Rejoice and be exceedingly glad, for great is your reward in heaven, for so they persecuted the prophets who were before you.

Hymn to the Mother of God

In you, O Full of Grace, all creation rejoices: the angelic ranks and all the human race. Sanctified temple and spiritual paradise, virgins' pride and boast, from whom God is made flesh and became a little Child; and He who is our God before all ages, He made your womb a throne, and He made it wider than all the heavens. In you, O Full of Grace, all creation rejoices. Glory be to you.

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest.* The just man shall be in everlasting remembrance;* of evil hearsay he shall have no fear.* Alleluia, alleluia,* alleluia.

**Please remember in your prayers
our isolated parishioners!**

Elizabeth Boychuk, Jane Budzen,
Jennie Huchko, Jack Kisil, Milly Maniowich,
Irene Omeniuk, Fr. Victor Yakowchuk.

Donate with Interac Transfer

With the current Covid-19 restrictions, it is understandable that we are not able to get our donations into the church. Please think about using the convenient Interac transfer. You can make your donation right from home using our email address at: heparish@gmail.com

ANNOUNCEMENTS

A reminder to all parishioners that Metropolitan Lawrence has rescinded the dispensation of participation in the services of Sundays and Feast Days that are obligatory. This dispensation was enacted at the beginning of the pandemic and was removed a few weeks ago.

For those wishing to **donate to Ukraine**, you can do so through the Ukrainian Canadian Congress Manitoba Branch at gofundme.com and search #HelpUkraineNow, or through the Catholic Near East Welfare Association (cnewa.org/ca/campaigns/ukraine). There are direct links on the parish website. Or you can donate to our parish and earmark for Ukraine. We will forward your donation to CNEWA.

Our **Annual General Meeting** will be on Monday, April 25, 2022 at 7:00 pm

The Perogy Team will be taking a break for the rest of Great Lent and the beginning of the Paschal Season. The next dates for perogy-making are April 27 (peeling) and April 28 (pinching). Remember that **\$1 from every dozen perogies sold will go toward a humanitarian relief fund for Ukraine**. For those ordering perogies, the Perogy Hotline is 204-667-6304.

Catholic Imagery in Film continues with our next series, *The Lord of the Rings*, at 6:30 pm on April 2. Come for Vespers at 5:00 pm and stay for the movie and discussion!

The **UCWLC Travelling Icon** will be available once again to take home. To schedule your time, please call Evelyn Tymchak at 204-667-6791.

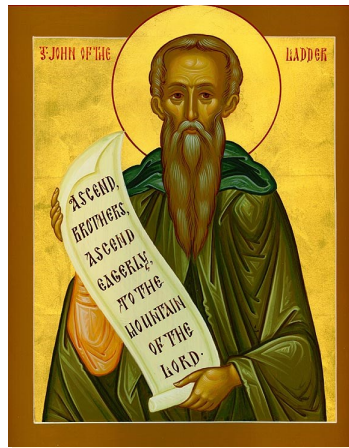
The **Seniors Club** continues to meet every Wednesday afternoon in the Parish Centre. All are welcome!

Once again our beautiful church will be participating in this year's **Annual Doors Open**, which will be held May 28-29, 2022. With restrictions being lifted, we would like to go ahead and plan our **Annual Parish Thrift Sale and Perogy Bash** to be held on Saturday, May 28, 2022. We would like to get started in the planning of both of these events. If you are interested in volunteering for this weekend, please call Father Michael or the Parish Office to leave your name. We would like to get a meeting and committee together very soon.

If you would like to offer a Clergy Gift of Love at Easter, please use the envelopes available at the back of the church. This special collection is split in half with our pastor and the Metropolitan-Archbishop.

Busy Fingers Knitting Club will meet this Monday March 28, 2022 at 10am in the PC multi-purpose Room.

Last Call! We are in serious need of **Bingo Volunteers**, in order to keep Bingo as a fundraiser for our Parish. If no new Volunteers come forward in the next 10 days we could lose Bingo all together. All inquires are asked to call the Parish Office 204-667-8866.



Saint John Climacus

Saint John, Abbot of the Monastery of Saint Catherine, on Mount Sinai, who died in 603 AD, wrote an ascetic book called *The Ladder of Divine Ascent*. This book became one of the greatest classics of

Christian spirituality. It has been translated into innumerable languages, both ancient and modern; one of the first books printed in the Western Hemisphere was a Spanish translation of the *Ladder*: For several centuries there has been a Church Slavonic translation which our monks and nuns made use of; unfortunately, there is as yet no translation into modern Ukrainian

While the *Ladder* is definitely an important work of the Eastern Christian tradition, it is by no means confined to the East. The Western Church also knows and honours this book. In the same way, while Saint John, who wrote the *Ladder* was an abbot and a great master of the monastic life, his book is not just for monks and nuns! As Pope John Paul II has written:

“I will look to monasticism in order to identify those values which I feel are very important today for expressing the contribution of the Christian East to the journey of Christ’s Church towards the Kingdom. While these aspects are at times neither exclusive to monasticism nor to the Eastern heritage they have frequently acquired a particular connotation in themselves. Besides, we are not seeking to make the most of exclusivity, but of the mutual enrichment in what the one Spirit has inspired in the one Church of Christ.

“Monasticism has always been the very soul of the Eastern Churches: the first Christian monks were born in the East and the monastic life was an integral part of the Eastern lumen passed on to the West by the great Fathers of the undivided Church” (*Orientalis Lumen*, 9)

Saint John is one of the greatest of these Fathers. And his writings, like all good spiritual and ascetical writings, should move us to improve our Christian lives. It is impossible to be “static” in our Christian practice; either we ascend further towards God, or we fall back, we fall away.

In the monastic communities of the Byzantine Churches, including our own Ukrainian Church, Saint John’s book *The Ladder of Divine Ascent* is read aloud every year, during Great Lent. Perhaps we may not necessarily read *The Ladder* in our families, but we should try during Lent to read some good book of our traditional spirituality. Such a book should not be read quickly, “in one sitting.” Rather, we try to let such a book teach us, speak to us, and instruct us. For this purpose, we read only a little each day, and we pray, asking God and the Saints to show us, slowly perhaps, how we are to benefit from this instruction.

Parish Schedule March 27—April 3, 2022

*Sunday services are live-streamed
and are available at holyeucharist.ca
The Rosary is often prayed before Divine Liturgy*

Sunday, March 27

Fourth Sunday of the Great Fast: St. John Climacus.
Octoechos Tone 3. *Great Fast Day 28. The Divine Liturgy of St. Basil the Great is celebrated today.*
Heb 6:13-20; Mk 9:17-31
08:00 am Divine Liturgy (for parishioners)
10:00 am Divine Liturgy (for parishioners)

Monday, March 28

Venerable Father Hilarion the New; the Holy Stephen the Wonderworker (464) *Great Fast Day 29. Abstention from meat and foods that contain meat. According to liturgical prescriptions, the Divine Liturgy is not celebrated today.*
Is 37:33-38:6; Gen 13:12-18; Prov 14:27-15:4
No services

Tuesday, March 29

Venerable Father Mark, Bishop of Arethusa, the Deacon Cyril and Others Martyred During the Reign of Julian the Apostate. *Great Fast Day 30. According to liturgical prescriptions, the Divine Liturgy is not celebrated today.*
Is 40:18-31; Gen 15:1-15; Prov 15:7-19
08:00 am Lenten Matins
07:00 pm Faith Inquiry Class

Wednesday, March 30

Venerable Father John Climacus. *Great Fast Day 31. Abstention from meat and foods that contain meat. According to liturgical prescriptions, the Divine Liturgy is not celebrated today.*
Is 41:4-14; Gen 17:1-9; Prov 15:20-16:9
08:00 am Lenten Matins
01:00 pm Seniors Club
06:00 pm Great Canon of St. Andrew of Crete

Remember, anyone wishing to have a home visit or Jordan home blessing from Father Michael, or know of a parishioner who would like to have a visit, please contact the parish office to book a time: 204-667-8866.

Offerings	Sunday, Mar 13	Sunday, Mar 20
Envelopes	\$ 1509.00	\$ 1985.00
Open collection	\$ 40.00	\$ 30.00
Vigil lights	\$ 17.55	\$ 10.10
Initial Offering	\$ 20.00	\$ 35.00
Youth Ministry	\$ 50.00	\$ 35.00
Aid to Ukraine	\$ 0.00	\$ 2022.00
Lenten Mission	\$ 0.00	\$ 55.00
Easter Flowers	\$ 50.00	\$ 20.00
Sorokousty	\$ 0.00	\$ 35.00
Easter Sunday	\$ 0.00	\$ 100.00
In Memory of	\$ 0.00	\$ 200.00
Total	\$ 1686.55	\$ 4527.10

Thursday, March 31

Venerable Father Hypatius, Bishop of Gangra. *Great Fast Day 32. According to liturgical prescriptions, the Divine Liturgy is not celebrated today.*
Is 42:5-16; Gen 18:20-33; Prov 16:17-17:17
07:00 pm Marriage Preparation

Friday, March April 1

Venerable Mother Mary of Egypt. *Great Fast Day 33. Abstention from meat and foods that contain meat. According to liturgical prescriptions, the Divine Liturgy is not celebrated today.*
Is 45:11-17; Gen 22:1-18; Prov 17:17-18:5
08:00 am Lenten Matins

Saturday, April 3

Akathist Saturday. Venerable Father Titus. *Great Fast Day 34*
Heb 9:24-28; Heb 9:1-7; Mk 8:27-31; Lk 10:38-42; 11:27-28
08:00 am Divine Liturgy (+Gloria Lucyk by Irene Cembroski)
04:30 pm Confessions
05:00 pm Great Vespers

Sunday, April 3

Fifth Sunday of the Great Fast: Venerable Mother, Mary of Egypt. Octoechos Tone 4. *Great Fast Day 35. The Divine Liturgy of St. Basil the Great is celebrated today.*
Heb 9:11-14; Gal 3:23-29; Mk 10:32-45; Lk 7:36-50
08:00 am Divine Liturgy (for parishioners)
10:00 am Divine Liturgy (for parishioners)

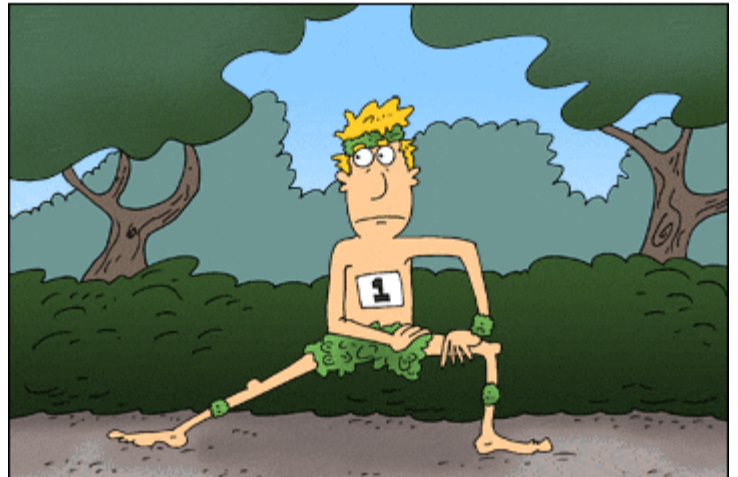
We Need Peelers & Pinchers!

Can you help in our perogy making bees?

Peelers (April 27)

Pinchers (April 28)

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Thanks to Ema DeRosia

06-28-2010

ADAM DIDN'T KNOW WHAT THIS HUMAN RACE THING WAS ALL ABOUT, BUT HE INTENDED TO BE PREPARED JUST IN CASE