



HOLY EUCHARIST

UKRAINIAN CATHOLIC CHURCH

Українська Католицька Церква Пресвятої Євхаристії

Sunday, March 13, 2022

Church Address

505 Watt Street
Winnipeg, MB

Office & Mailing Address

460 Munroe Avenue
Winnipeg, MB R2K 1H4

Office Hours

Mon-Fri 9:00 am - 4:00 pm

Office Telephone

204-667-8866

Pastoral Emergencies

204-881-3150

Email

heparish@gmail.com

Parish Website

holyeucharist.ca

Facebook

holyeucharistwinnipeg

Archeparchy Website

archeparchy.ca

LITURGICAL SERVICES

Sunday Services

5:00 pm (Sat) - Great Vespers
8:00 am - Ukrainian
10:00 am - English

HOLY MYSTERIES

Confessions

4:30-6:00 pm Saturdays
or by appointment

Marriage

Please make arrangements with
the Pastor

Baptism, Chrismation, Eucharist

Please make arrangements with
the Pastor

Second Sunday of the Great Fast, Octoechos Tone 1

Transfer of Relics of St. Nicephorus

Troparia and Kontakia

Troparion, Tone 1: Though the stone was sealed by the Judeans,* and soldiers guarded Your most pure body,* You arose, O Saviour, on the third day,* and gave life to the world.* And so the heavenly powers cried out to You, O Giver of Life:* Glory to Your resurrection, O Christ!* Glory to Your kingdom!* Glory to Your saving plan,* O only Lover of mankind.

Glory... Now...

Kontakion, Tone 4: The time for action is now revealed;* the Judge is at the door.* Let us rise and keep the fast,* offering tears of contrition with alms and crying aloud:* our sins are more numerous than the sands of the sea,* but forgive us, O Maker of all, that we may receive incorruptible crowns.

Prokeimenon, Tone 5

You, O Lord, will guard us and will keep us from this generation and forever.

verse: Save me, O Lord, for there is no longer left a just man. (Psalm 11:8,2)

Epistle - Heb 1:10-2:3

Brothers and Sisters, “You, LORD, in the beginning laid the foundation of the earth, And the heavens are the work of Your hands. They will perish, but You remain; and they will all grow old like a garment; like a cloak You will fold them up, and they will be changed. But You are the same, and Your years will not fail.” But to which of the angels has He ever said: “Sit at My right hand, till I make Your enemies Your footstool”? Are they not all ministering spirits sent forth to minister for those who will inherit salvation? Therefore we must give the more earnest heed to the things we have heard, lest we drift away. For if the word spoken through angels proved steadfast, and every transgression and disobedience received a just reward, how shall we escape if we neglect so great a salvation, which at

the first began to be spoken by the Lord, and was confirmed to us by those who heard Him.

Alleluia, Tone 1

verse: God gives me vindication, and has subdued people under me.

verse: Making great the salvation of the king, and showing mercy to His anointed, to David, and to His posterity forever.

Gospel - Mk 2:1-12

At that time, Jesus entered Capernaum after some days, and it was heard that He was in the house. Immediately many gathered together, so that there was no longer room to receive them, not even near the door. And He preached the word to them. Then they came to Him, bringing a paralytic who was carried by four men. And when they could not come near Him because of the crowd, they uncovered the roof where He was. So when they had broken through, they let down the bed on which the paralytic was lying. When Jesus saw their faith, He said to the paralytic, “Son, your sins are forgiven you.” And some of the scribes were sitting there and reasoning in their hearts, “Why does this Man speak blasphemies like this? Who can forgive sins but God alone?” But immediately, when Jesus perceived in His spirit that they reasoned thus within themselves, He said to them, “Why do you reason about these things in your hearts? Which is easier, to say to the paralytic, ‘Your sins are forgiven you,’ or to say, ‘Arise, take up your bed and walk’? But that you may know that the Son of Man has power on earth to forgive sins”—He said to the paralytic, “I say to you, arise, take up your bed, and go to your house.” Immediately he arose, took up the bed, and went out in the presence of them all, so that all were amazed and glorified God, saying, “We never saw anything like this!”

Anointing of the Sick

Please make arrangements with the Pastor

Funerals

Please make arrangements with the Pastor

Divine Liturgy Intentions

Please make arrangements with the Pastor

Catechism

Pat Sirski
204-453-4489

Pastor

Fr. Michael Winn
Office: 204-667-8866
Local Cell: 204-881-3150
Main Cell: 587-937-5756
winn.heparish@gmail.com

Parish Office Manager

Carlene Deptuch
204-667-8866
heparish@gmail.com

Parish Facility Rentals

204-667-8866

Perogy Hotline

204-667-6304

Parish Bookstore

204-334-2081

ORGANIZATIONS

Parish Pastoral Council

Curtis Shupenia
204-667-8866

UCWLC

Emily Hawrysh
204-668-8013

UCBC

Contact forthcoming

Millennium Seniors' Club

Bernice Hrehirchuk
204-669-2068

Bingo

Contact forthcoming

Hymn to the Mother of God

In you, O Full of Grace, all creation rejoices: the angelic ranks and all the human race. Sanctified temple and spiritual paradise, virgins' pride and boast, from whom God is made flesh and became a little Child; and He who is our God before all ages, He made your womb a

throne, and He made it wider that all the heavens. In you, O Full of Grace, all creation rejoices. Glory be to you.

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest.* Alleluia, alleluia,* alleluia. (Psalm 148:1)

ANNOUNCEMENTS

For those wishing to **donate to Ukraine**, you can do so through the Ukrainian Canadian Congress Manitoba Branch at gofundme.com and search #HelpUkraineNow, or through the Catholic Near East Welfare Association (cnewa.org/ca/campaigns/ukraine). There are direct links on the parish website. Or you can donate to our parish and earmark for Ukraine. We will forward your donation to CNEWA.

Our **Annual General Meeting** will be on Monday, March 21, 2022 at 7:00 pm

The Perogy Team has decided that \$1 from every dozen perogies sold will go toward a humanitarian relief fund for Ukraine. Word is out and, boy, have we got orders! We need your help—really, we need your help! **Potato peelers are needed on Wednesday mornings, and perogy pinchers are needed on Thursday mornings.** Can you offer some time to ensure that we have the best perogies in Winnipeg, help raise funds for Ukraine by doing so, and enjoy the company of fellow parishioners? No registration is need—just show up! For those ordering perogies, the Perogy Hotline is 204-667-6304.

There will be a **Psyanky workshop** on Saturday, March 26, 1-4pm in the Parish Centre. To register, please call Rosanne at 204-801-9103 or Val at 204-667-1395.

Catholic Imagery in Film continues with our next series, The Lord of the Rings, at 6:30 pm on March 19, 26, and April 2. Come for Vespers at 5:00 pm and stay for the movie and discussion!

The **UCWLC Travelling Icon** will be available once again to take home starting March 16, 2022. To schedule your time, please call Evelyn Tymchak at 204-667-6791.

The **Seniors Club** continues to meet every Wednesday afternoon in the Parish Centre. All are welcome!

Maryka's Treasures, Molodtsi, and Duet Maryna will donate all proceeds from online music sales and CDs during March and April to Humanitarian Aid in Ukraine. chablukfamily.bandcamp.com

Once again our beautiful church will be participating in this year's **Annual Doors Open**, which will be held Saturday, May 28 and Sunday, May 29, 2022. With restrictions being lifted, we would like to go ahead and plan our **Annual Parish Thrift Sale and Perogy Bash** to be held on Saturday, May 28, 2022. We would like to get started in the planning of both of these events. If you are interested in volunteering for this weekend, please call Father Michael or the Parish Office to leave your name. We would like to get a meeting and committee together very soon.

Please remember in your prayers our isolated parishioners!

Elizabeth Boychuk, Jane Budzen, Jennie Huchko, Jack Kisil, Milly Manitowich, Irene Omeniuk, Fr. Victor Yakowchuk.

Donate with Interac Transfer

With the current Covid-19 restrictions, it is understandable that we are not able to get our donations into the church. Please think about using the convenient Interac transfer. You can make your donation right from home using our email address at: heparish@gmail.com

We Need Peelers & Pinchers!

Can you help
in our perogy making bees?

Peelers (Wednesday)

Show up in the Church Hall between
6:30-7:00 am

Pinchers (Thursdays)

Show up in the Church Hall between
7:00-8:00 am

Time to Get Out of Bed

by Fr. Philip LeMasters

We all know what it's like to want to stay in bed in the morning. We're sleepy, comfortable, and warm; we would like to turn off the alarm clock and go back to sleep. Now it's fine to do that every once in a while when we really don't need to get up and get going. But if we get in the habit of sleeping in, we'll probably lose our jobs, neglect our families, do poorly in school, and be less than the people God wants us to be.

And if we're tempted to stay in bed sometimes, imagine how the paralyzed man in our gospel reading felt. He had probably stayed in bed his whole life; he could move only if people carried him. But Jesus Christ not only forgave his sins that day, He gave him the ability to stand up and walk. In fact, He commanded Him to "arise, take up your bed, and go to your home." He was to get on with living the new life that Christ had given him.

We don't know how this man felt; he was probably profoundly grateful to the Lord for changing His life. But think for a minute about how hard it may have been for him to obey Christ's command. He knew how to live as a paralyzed person, how to be dependent upon others. That's probably the only life he had known and all of a sudden that changed. I imagine that that could be pretty unsettling and scary.

Sometimes even people who know that they have ruined their lives are often terrified by the possibility of living differently. They may not like how they've lived so far, but at least they know how to live that way, they know what to expect. They've become comfortable with their lifestyles at some level, no matter how miserable they are. The same may have been true of this paralyzed man. So it was probably with fear and trembling that He got up, picked up his bed, and walked home.

In this season of Great Lent, we are all called to see ourselves in this paralyzed man. For we have become too comfortable with our own sins, our own habits of thought, word, and deed, even though they have weakened and distorted us. Despite our best intentions, we live like slaves to our self-centered desires: pride, envy, anger, lust, self-righteousness, fear, laziness, and gluttony so easily paralyze us. Sin has put down roots in our bad habits of how we think, act, speak, and relate to others and to God. We often can't even imagine what it's like to live free from the domination of our own passions and sins.

And we certainly can't heal ourselves of these spiritual sicknesses by will power. At a deep level in our souls, we find it almost impossible at times to practice self-control.

The good news is that we can all still do what so many truly repentant sinners did when they encountered Jesus Christ: In humility, they opened their lives to His mercy. They touched the hem of His garment and fell down before Him; they cried, "Lord, I believe, help my unbelief" from the depths of their hearts; they left their nets, gave their goods to the poor, and literally gave up their lives to be His disciples and apostles. Like us, they were weakened by their sins and afraid of what the new life in Christ would entail. But they still obeyed—with fear and trembling—our Lord's command to: "Arise, take up your bed, and go to your house." Despite their fears and weaknesses, they moved forward, they stepped out, they pressed on in the journey to the Kingdom.



In Lent, we pray, fast, give to the needy, and mend our broken relationships with one another; as we prepare to celebrate the joy of Christ's resurrection, we should turn away from any sin, bad habit, or unhealthy relationship that isn't pleasing to God. If we take Lent seriously, we will often feel like someone recovering from paralysis or in physical therapy. We will struggle, become uncomfortable, and wrestle with fears, frustrations, and doubts. Often we will be tempted to stay in bed, to give up and take it easy. How tragic it would have been for the man in our gospel lesson to have done that, to have disobeyed the Lord's command to embrace His healing and move forward into a new life. And how tragic it will be for us if we choose the false comfort of our sins and passions over the glorious freedom of the children of God.

But how truly wonderful it will be for us to use Lent as a time to wake-up, to recognize that it is through the challenges of repentance that we open our lives to the healing and peace of the Lord. Let us use these few weeks to turn from the weakness and slavery of sin to enter more fully into the strength and blessedness of life eternal that shines so brightly at Pascha. For the Lord's command also applies to us: "Arise, take up your bed, and go to your house." In other words, accept and live the new life that Christ has given you. This was good, though difficult, news for the paralyzed man to receive; now it's our turn to follow his example, to trust that the Lord really can heal us, and to obey His command to get on with our lives to the glory of God.

CARITAS
VIRTUAL AWARD DINNER
April 21, 2022

Join us via YouTube from the comfort of your home
Musical entertainment: 6:15 p.m.
Official program: 6:30 p.m.
Home Delivered Meal

Sara Riel inc.
Compassion. Respect. Recovery.
Compassion. Respect. Rétablissement.

On-line 50/50 draw
www.catholicfoundation.mb.ca

Caritas Award Honouree

Sara Riel Inc. provides community-based support to persons who experience issues with mental illness or mental health challenges including substance use disorders and addictions.

Service Award Honouree Sharon Blady
Founder of Speak Up: Mental Health Advocate and a former Minister of Health for Manitoba

2022 Charity of Choice
arbeat:studio runs a unique community-based, self-directed, peer-supported programming that provides studio space, community and opportunity for creative initiatives to facilitate mental, spiritual and economic health.

Tickets: \$80 (tax receipt \$30) available on-line at www.catholicfoundation.mb.ca or call 204-233-4268
50/50 Draw will take place at 7:30 p.m. on April 21, 2022



UPDATED GUIDELINES

- FACE MASKS ARE MANDATORY FOR PLACES OF WORSHIP.** You must wear a face mask to participate in liturgical services. Restriction will be removed on March 15, 2022.
- Physical Distancing** is now only recommended.
- Singing.** The faithful are able to sing quietly with their masks on.
- Non-parish events** (e.g., rentals) are to adhere to the current Provincial Public Health Order of March 1, 2022

Offerings	Sunday, Feb 27	Sunday, Mar 6
Envelopes	\$ 3000.00	\$ 2855.00
Open collection	\$ 45.00	\$ 70.00
Vigil lights	\$ 19.65	\$ 12.55
Initial Offering	\$ 35.00	\$ 35.00
Youth Ministry	\$ 0.00	\$ 20.00
Aid to Ukraine	\$ 0.00	\$ 975.00
Lenten Mission	\$ 0.00	\$ 20.00
Easter Flowers	\$ 20.00	\$ 345.00
Sorokousty	\$ 40.00	\$ 25.00
Met. Lent	\$ 0.00	\$ 125.00
Total	\$ 3159.65	\$ 4482.55

Parish Schedule March 13-20, 2022

*Sunday services are live-streamed
and are available at holyeucharist.ca
The Rosary is often prayed before Divine Liturgy*

Sunday, March 13

Second Sunday of the Great Fast: St. Gregory of Palamas. Octoechos Tone 1. Transfer of the Relics of Our Holy Father Nicephorus. *Great Fast Day 14. The Divine Liturgy of St. Basil the Great is celebrated today.*

Heb 1:10-2:3; Mk 2:1-12

08:00 am Divine Liturgy (for parishioners)

10:00 am Divine Liturgy (for parishioners)

Monday, March 14

Venerable Father Benedict of Nursia. *Great Fast Day 15. Abstinence from meat and foods that contain meat.*

Is 8:13-9:7; Gen 6:9-22; Prov 8:1-21

No services

Tuesday, March 15

Holy Martyr Agapius and Companions. *Great Fast Day 16*

Is 9:9-10:4; Gen 7:1-5; Prov 8:32-9:11

08:00 am Lenten Matins

07:00 pm Faith Inquiry Class

Wednesday, March 16

Holy Martyrs Sabinus and Papas. *Great Fast Day 17. Abstinence from meat and foods that contain meat.*

Is 10:12-20; Gen 7:6-9; Prov 9:12-18

08:00 am Lenten Matins

01:00 pm Seniors Club

05:30 pm Liturgy of the Presanctified Gifts (+Gloria Lucyk by Irene Cembroski)

Thursday, March 17

Venerable Alexius, Man of God. *Great Fast Day 18*

Is 11:10-12:2; Gen 7:11-8:3; Prov 10:1-22

08:00 am Lenten Matins

07:00 pm Marriage Preparation Class

Friday, March 18

Our Holy Father Cyril, Archbishop of Jerusalem

Great Fast Day 19. Abstinence from meat and foods that contain meat.

Is 13:2-13; Gen 8:4-21; Prov 10:31-11:12

08:00 am Lenten Matins

Saturday, March 19

Third Saturday of the Great Fast: All Souls Saturday. Holy Martyrs Chrysanthus and Daria. *Great Fast Day 20*

Heb 10:32-38; 1 Thess 4:13-17; Mk 2:14-17; Jn 5:24-30

08:00 am Divine Liturgy (+Paul and Katherine Baran by Sharon and Stan Baran)

09:00 am Sorokousty

04:30 pm Confessions

05:00 pm Great Vespers

Sunday, March 20

Third Sunday of the Great Fast: Veneration of the Holy Cross. Octoechos Tone 2. Martyrs of the St. Sabbas Monastery. *Great Fast Day 21. The Divine Liturgy of St. Basil the Great is celebrated today.*

Heb 4:14-5:6; Mk 8:34-9:1

08:00 am Divine Liturgy (for parishioners)

10:00 am Divine Liturgy (for parishioners)