



HOLY EUCHARIST

UKRAINIAN CATHOLIC CHURCH

Українська Католицька Церква Пресвятої Євхаристії

Sunday, October 16, 2022

Church Address
505 Watt Street

Office & Mailing Address
460 Munroe Avenue
Winnipeg, MB R2K 1H4

Office Hours
Mon-Fri 9:00 am - 3:00 pm

Office Telephone
204-667-8866

Pastoral Emergencies
204-881-3150

Email
heparish@gmail.com

Parish Website
holyeucharist.ca

Facebook
holyeucharistwinnipeg

Archeparchy Website
archeparchy.ca

LITURGICAL SERVICES

Sunday Services
6:00 pm (Sat) - Great Vespers
8:00 am - Ukrainian
10:00 am - English

HOLY MYSTERIES

Confessions
4:30-6:00 pm Saturdays
or by appointment

Marriage
Please make arrangements with
the Pastor

Baptism, Chrismation, Eucharist
Please make arrangements with
the Pastor

Nineteenth Sunday after Pentecost. Octoechos Tone 2

Commemoration of the Fathers of the Seventh Ecumenical Council

Troparia and Kontakia

Troparion, Tone 2: When You went down to death, O Life Immortal,* You struck Hades dead with the blazing light of Your divinity.* When You raised the dead from the nether world,* all the powers of heaven cried out:* “O Giver of Life, Christ our God, glory be to You!”

Troparion, Tone 8: Christ our God, You are glorified above all,* You established our fathers as beacons on earth* and through them guided all of us to the true faith.* Glory to You, most compassionate Lord.

Kontakion, Tone 2: You rose from the tomb, O almighty Saviour;* and Hades, seeing this wonder, was stricken with fear; and the dead arose.* Creation saw and rejoices with You, and Adam exults.* And the world, my Saviour, sings Your praises for ever.

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion, Tone 6: The Son who ineffably shone from the Father* was born two-fold of nature from a woman.* Beholding Him, we do not reject the image of His form,* but depicting it, we revere it faithfully.* Therefore the Church, holding the true faith,* kisses the icon of Christ's becoming man.

Now and forever and ever. Amen.

Theotokion, Tone 6: Undaunted patroness of Christians,* O steadfast intermediary with the Creator,* turn not away from the suppliant voices of sinners,* but in your kindness come to help us who cry out to you in faith.* Be quick to intercede, make haste to plead,* for you are ever the patroness of those who honour you, O Mother of God.

Prokeimenon, Tone 2

The Lord is my strength and my song of praise, and He has become my salvation.

verse: The Lord has indeed chastised me, but He has not delivered me to death. (Psalm 117:14,18)

Prokeimenon, Tone 4

Blessed are You, Lord God of our fathers,* and praised and glorified is Your Name forever.

Epistle - Hebrews 13:7-16

Brothers and Sisters, remember those who rule over you, who have spoken the word of God to you, whose faith follow, considering the outcome of their conduct. Jesus Christ is the same yesterday, today, and forever. Do not be carried about with various and strange doctrines. For it is good that the heart be established by grace, not with foods which have not profited those who have been occupied with them. We have an altar from which those who serve the tabernacle have no right to eat. For the bodies of those animals, whose blood is brought into the sanctuary by the high priest for sin, are burned outside the camp. Therefore Jesus also, that He might sanctify the people with His own blood, suffered outside the gate. Therefore let us go forth to Him, outside the camp, bearing His reproach. For here we have no continuing city, but we seek the one to come. Therefore by Him let us continually offer the sacrifice of praise to God, that is, the fruit of our lips, giving thanks to His name. But do not forget to do good and to share, for with such sacrifices God is well pleased.

Anointing of the Sick

Please make arrangements with the Pastor

Funerals

Please make arrangements with the Pastor

Divine Liturgy Intentions

Please make arrangements with the Pastor

Catechism

Contact forthcoming

Pastor

Fr. Michael Winn

Office: 204-667-8866

Parish Office Administration

Carlene Deptuch

Office: 204-667-8866

heparish@gmail.com

Parish Facility Rentals

204-667-8866

Perogy Hotline

204-667-6304

Parish Bookstore

204-334-2081

ORGANIZATIONS**Parish Pastoral Council**

Curtis Shupenia

204-667-8866

UCWLC

Emily Hawrysh

204-668-8013

Travelling Icon

Evelyn Tymchak

204-667-6791

Millennium Seniors' Club

Bernice Hrehirchuk

204-669-2068

Wednesday, 12:30 pm

Young Adults (18-35)

Contact forthcoming

Alleluia, Tone 1

verse: The God of gods, the Lord, spoke and summoned the earth from the rising of the sun to its setting.

verse: Gather to Him His devout ones, who with sacrifice make covenant with Him. (Psalm 49:1,5)

Gospel - John 17:1-13

At that time, Jesus lifted up His eyes to heaven, and said: "Father, the hour has come. Glorify Your Son, that Your Son also may glorify You, as You have given Him authority over all flesh, that He should give eternal life to as many as You have given Him. And this is eternal life, that they may know You, the only true God, and Jesus Christ whom You have sent. I have glorified You on the earth. I have finished the work which You have given Me to do. And now, O Father, glorify Me together with Yourself, with the glory which I had with You before the world was. I have manifested Your name to the men whom You have given Me out of the world. They were Yours, You gave them to Me, and they have kept Your word. Now they have known that all things which You have given

Me are from You. For I have given to them the words which You have given Me; and they have received them, and have known surely that I came forth from You; and they have believed that You sent Me. I pray for them. I do not pray for the world but for those whom You have given Me, for they are Yours. And all Mine are Yours, and Yours are Mine, and I am glorified in them. Now I am no longer in the world, but these are in the world, and I come to You. Holy Father, keep through Your name those whom You have given Me, that they may be one as We are. While I was with them in the world, I kept them in Your name. Those whom You gave Me I have kept; and none of them is lost except the son of perdition, that the Scripture might be fulfilled. But now I come to You, and these things I speak in the world, that they may have My joy fulfilled in themselves."

Communion Hymn

Praise the Lord from the heavens,*
praise Him in the highest.* Rejoice in the Lord, O you just;* praise befits the righteous.* Alleluia, alleluia,* alleluia. (Psalms 184:1; 32:1)

ANNOUNCEMENTS

Our **Adult Faith Inquiry Class** resumes this Tuesday, October 18. We will be looking at #799-855 of *Christ Our Pascha*. Please use the Winterton Avenue door for entrance.

Our **Drive-Thru Fall Supper** will be on Sunday, November 6. We will have a **making cabbage rolls bee** on Monday, October 24 and Tuesday, October 25. Please join us!

Our next **Cinema Divina** will be October 23 Movie: Calvary. This movie deals with serious and sensitive issues.

Our **Final Bingo will be held on October 31**. Announcements about this event are now on social media. We will need about 25-30 volunteers for this special event and hope you can find time to assist. A **volunteer meeting** will take place at the Parish Centre on **Thursday, October 27** at 6:00 pm. If you would like to help (no ex-

perience is necessary), please contact the Parish Office.

Renewing our Efforts to Assist the People of Ukraine. Knowing that many within our parish community have already given much to assist the people in Ukraine and the newcomers to Canada, I would like to renew our efforts especially with the Feast of the Nativity (Christmas) approaching in about 10 weeks. Please consider making financial donations through the parish (they will be forwarded to the Catholic Near East Welfare Association of Canada for efforts in Ukraine or the Ukrainian Canadian Congress for efforts in Canada). Starting next week, there will be lists provided of goods and services that are needed for our newcomers. Please consider these needs—anything brought to the Church will be forwarded. Lastly, let us remember them all in our daily prayers!
- Fr. Michael

//////

Holy Eucharist
Parish presents

**Cinema
Divina**

Seeing movies
through the lens
of scripture



**7:00 pm Sunday
October 23**

460 Munroe Ave, Winnipeg
Telephone: 204 881-3150

//////

Prayer of Elders of Optina

O Lord, grant that I may meet all that this coming day brings to me with spiritual tranquility. Grant that I may fully surrender myself to Your holy Will. At every hour of this day, direct and support me in all things. Whatsoever news may reach me in the course of the day, teach me to accept it with a calm soul and the firm conviction that all is subject to Your holy Will. Direct my thoughts and feelings in all my words and actions. In all unexpected occurrences, do not let me forget that all is sent down from You. Grant that I may deal straightforwardly and wisely with every member of my family, neither embarrassing nor saddening anyone. O Lord, grant me the strength to endure the fatigue of the coming day and all the events that take place during it. Direct my will and teach me to pray, to believe, to hope, to be patient, to forgive, and to love. Amen.

Holy Eucharist Parish

Final Bingo

Monday, October 31

Doors Open at 5:00 pm

Early Bird at 6:00 pm

Games start at 7:00 pm

Limited seating!

**ALL JACKPOTS
MUST GO!**

Holy Eucharist Parish Centre
460 Munroe Avenue, Winnipeg





Drive-Thru Fall Supper

A delicious meal of roast chicken, perogies,
cabbage rolls, meatballs, mashed potatoes,
coleslaw, vegetables, and dessert.

Family rate available.

Deadline for orders November 3, 2022.

\$20

**HOLY EUCHARIST PARISH CENTRE
460 MUNROE AVE, WINNIPEG**

SUNDAY, NOVEMBER 6 | 4-6 PM

PRE-PAID ORDERS ONLY
ONLY 600 MEALS AVAILABLE
CALL 204-667-8866

The Personal Prayer of the Christian

From Christ Our Pascha Catechism.

*You need to pray always
and not lose heart (Lk 18:1)*

The Need for Prayer

668 The mature prayer of the Christian has two dimensions: liturgical and personal. This prayer is called to fulfil the task of unceasing worship. Jesus Christ teaches us “to pray always and not lose heart” (*Lk 18:1*; see *Lk 11:5-8*). The apostle Paul in turn calls us to “pray without ceasing” (*1 Thes 5:17*). The life of the Christian—beginning from the Holy Mystery of Baptism, when the person is *immersed* (the literal meaning of the word *baptism*) in the life of the Most Holy Trinity, chrismated by the Holy Spirit and joined to Christ in Holy Communion—this life becomes a time of prayer, filled with praise, thanksgiving, and glorification of the Creator. Our life is then transformed into a prayerful state,¹ or stance, a constant readiness of the heart. Christians should ceaselessly cultivate this state: “They ‘pray without ceasing’ who join prayer to works that are of obligation, and good works to their prayer ... It is only in this way that we can understand the injunction ‘pray without ceasing’ as something that we can carry out.” Saint Basil the Great in his Rules coupled work to sevenfold liturgical prayer in the course of the day, in order thus to consecrate the entire day to the Lord.

669 Personal or private prayer always has an ecclesial dimension. Saint Cyprian teaches: “When we pray, we pray not only for ourselves but for the entire people, because we all are one people ... Christ himself, our teacher and master, desired that each would pray for all, as he, having gathered all within himself, brought them to the Father.” Therefore, those who pray in the name of Christ, always pray *in* the Church, the Body of Christ, and *for* the Church. Christians who praise the Lord or thank him or ask for something for themselves or for others, become the voice of their neighbour. The basis of this prayer is the common partaking of Christians in Christ’s priesthood, for the sanctification of the world.

The Action of the Holy Spirit in the Prayer of the Christian

670 Christian prayer is generally directed to the Father, through the Son, in the Holy Spirit. The prayer of the Church begins with the prayer to the Holy Spirit,



“Heavenly King,” and is performed by the grace and power of the Holy Spirit. In his prayer, Christ prayed to the Father in the Holy Spirit: “In that same hour Jesus rejoiced in the Holy Spirit and said, ‘I thank you, Father, Lord of heaven and earth’” (*Lk 10:21*). To “rejoice in the Holy Spirit” is the beginning of prayer.

671 During his earthly ministry Christ often prayed alone, sometimes throughout the night (see *Lk 6:12*), choosing solitary places for his prayer (see *Mk 1:35*; *Lk 5:16*). He prayed to his Father, and such also is the prayer of his disciples: “Because you are children, God has sent the Spirit of his Son into our hearts, crying, ‘Abba! Father!’” (*Gal 4:6*). The Spirit of Christ creates in the hearts of Christians the awareness of divine childhood, the consciousness of those who inherit God’s kingdom. Without the Holy Spirit, prayer cannot be Christian. “Being in Christ” (see *Rom 8:1*) is the same as “living in the Spirit” (see *Rom 8:2*). The Spirit unites our prayer to the prayer of the Son of God, and joins our personal prayers into a single voice of the Church.

672 The Holy Spirit beckons us to “watch and pray” (see *Mt 26:41*) in order to counter temptations. This same Spirit “helps us in our weakness; for we do not know how to pray as we ought, but that very Spirit intercedes for us with sighs too deep for words” (*Rom 8:26*). In this way, the Spirit “gives voice” to the “groaning in labour” of all creation before God (see *Rom 8:19, 21-22*). Being subject to corruption, it awaits with hope the revealing of the children of God. According to God’s will, the Spirit intercedes for the saints (see *Rom 8:27*). Inspiring us to pray, it is the Spirit himself who prays within us. And we, as we pray, “breathe” by the Holy Spirit.

1. See John Cassian, *Conferences*, 10, 14: SCh 54, 95.

2. Origen, *On Prayer*, 12, 2: PG 11, 452.

3. See Basil the Great, *The Longer Rules*, 37, 2-3: PG 31, 1009.

4. Origen, *On Prayer*, 12, 2: PG 11, 452.



Obedience is a great virtue. The Lord loves obedience more than sacrifice - but disobedience leads to death.

- Saint Euthymius the Great

Please remember in your prayers our parishioners!

Lavinia Aftanas, Jane Budzen, Jennie Huchko, Jack Kisil, Nadia Kowal, Olga (Ollie) Kowalski, Milly Manitowich, Irene Omeniuk, Fr. Victor Yakowchuk.

Offerings	Sunday, Oct 02	Sunday, Oct 09
Envelopes	\$ 1385.00	\$ 575.00
Open collection	\$ 30.00	\$ 35.00
Candles	\$ 7.75	\$ 11.50
Baptism Donation	\$ 100.00	\$ 0.00
Andrew's Pence	\$ 20.00	\$ 0.00
Seminary	\$ 20.00	\$ 0.00
Direct Deposit	\$ 0.00	\$ 545.00
Sacred Art	\$ 0.00	\$ 0.00
CCCB	\$ 130.00	\$ 40.00
Total	\$ 1692.75	\$ 1206.50

Parish Schedule October 16-23, 2022

The Sunday 10 am Divine Liturgies are live-streamed and are available at holyeucharist.ca

Sunday, October 16

Fathers of the 7th Ecumenical Council, Octoechos Tone 2. Holy Martyr Longinus the Centurion
Heb 13:7-16; Jn 17:1-13
08:00 am Divine Liturgy [Ukr] (for parishioners)
10:00 am Divine Liturgy [Eng] (for parishioners)

Monday, October 17

Holy Prophet Hosea; Ven.-Martyr Andrew of Crete
Phil 2:12-16; Lk 6:24-30
No Services
10:00 am Knitting Group

Tuesday, October 18

Holy Apostle & Evangelist Luke. *Polyeleos Feast*
Col 4:5-9, 14, 18; Lk 10:16-21
09:00 am Divine Liturgy
07:00 pm Adult Faith Inquiry Class

Wednesday, October 19

Holy Prophet Joel; Holy Martyr Varus
Phil 2:24-30; Lk 6:46-7:1
09:00 am Divine Liturgy (+Jerry Firman by Lydia Firman)
12:30 pm Seniors Club

Thursday, October 20

Holy Great-Martyr Artemius
Phil 3:1-8; Lk 7:17-30
06:30 am Prayer for Families

Friday, October 21

Venerable Father Hilarion the Great
Abstention from meat and foods that contain meat
Phil 3:8-19; Lk 7:31-35
09:00 am Divine Liturgy (+Leonard Lazaruk by family)

Saturday, October 22

Holy Wonderworker and Equal-to-the-Apostles Abercius, Bishop of Hieropolis
2 Cor 1:8-11; Lk 5:27-32
04:30 pm Confessions
06:00 pm Great Vespers

Sunday, October 23

20th Sunday after Pentecost. Octoechos Tone 3. Holy Apostle and Brother of the Lord in the Flesh James
Gal 1:11-19; Lk 7:11-16
08:00 am Divine Liturgy [Ukr] (for parishioners)
10:00 am Divine Liturgy [Eng] (for parishioners)
07:00 pm Cinema Divine (Parish Centre)