



# HOLY EUCHARIST

## UKRAINIAN CATHOLIC CHURCH

### Українська Католицька Церква Пресвятої Євхаристії

Sunday, October 30, 2022

#### 21st Sunday after Pentecost. Octoechos Tone 4

*Holy Martyrs Zenobius and Zenobia His Sister*

**Church Address**  
505 Watt Street

**Office & Mailing Address**  
460 Munroe Avenue  
Winnipeg, MB R2K 1H4

**Office Hours**  
Mon-Fri 9:00 am - 3:00 pm

**Office Telephone**  
204-667-8866

**Pastoral Emergencies**  
204-881-3150

**Email**  
heparish@gmail.com

**Parish Website**  
holyeucharist.ca

**Facebook**  
holyeucharistwinnipeg

**Archeparchy Website**  
archeparchy.ca

#### LITURGICAL SERVICES

**Sunday Services**  
6:00 pm (Sat) - Great Vespers  
8:00 am - Ukrainian  
10:00 am - English

#### HOLY MYSTERIES

**Confessions**  
4:30-6:00 pm Saturdays  
or by appointment

**Marriage**  
Please make arrangements with  
the Pastor

**Baptism, Chrismation, Eucharist**  
Please make arrangements with  
the Pastor

#### *Troparia and Kontakia*

*Troparion, Tone 4:* When the disciples of the Lord learned from the angel\* the glorious news of the resurrection\* and cast off the ancestral condemnation,\* they proudly told the apostles:\* “Death has been plundered!\* Christ our God is risen,\* granting to the world great mercy.”

Glory be to the Father and to the Son and to the Holy Spirit.

*Kontakion, Tone 4:* My Saviour and Deliverer from the grave\* as God raised out of bondage the children of the earth\* and shattered the gates of Hades,\* and as Master, He rose on the third day.

Now and for ever and ever. Amen.

*Theotokion, Tone 4:* By your birth, O immaculate one,\* Joachim and Anna were freed from the reproach of childlessness,\* and Adam and Eve\* from the corruption of death.\* And your people, redeemed from the guilt of their sins,\* celebrate as they cry out to you:\* “The barren one gives birth to the Mother of God\* and nourisher of our life.”

#### *Prokeimenon, Tone 4*

How great are Your works, O Lord\* You have made all things in wisdom.

*verse:* Bless the Lord, O my soul: O Lord my God, You are exceedingly great. (Psalm 103:24,1)

#### *Epistle - Galatians 2:16-20*

Brothers and Sisters, knowing that a man is not justified by the works of the law but by faith in Jesus Christ, even we have believed in Christ Jesus, that we might be justified by faith in Christ and not by the works of the law; for by the works of the law no flesh shall be justified. But if, while we seek to be justified by Christ, we ourselves also are found sinners, is Christ therefore a minister of sin? Certainly not! For if I build again those things which I destroyed, I make

myself a transgressor. For I through the law died to the law that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me.

#### *Alleluia, Tone 4*

*verse:* Poise yourself and advance in triumph and reign in the cause of truth, and meekness, and justice.

*verse:* You have loved justice and hated iniquity. (Psalm 44:5,8)

#### *Gospel - Luke 8:5-15*

The Lord told this parable: “A sower went out to sow his seed. And as he sowed, some fell by the wayside; and it was trampled down, and the birds of the air devoured it. Some fell on rock; and as soon as it sprang up, it withered away because it lacked moisture. And some fell among thorns, and the thorns sprang up with it and choked it. But others fell on good ground, sprang up, and yielded a crop a hundredfold.” When He had said these things He cried, “He who has ears to hear, let him hear!” Then His disciples asked Him, saying, “What does this parable mean?” And He said, “To you it has been given to know the mysteries of the kingdom of God, but to the rest it is given in parables, that ‘Seeing they may not see, and hearing they may not understand.’ Now the parable is this: The seed is the word of God. Those by the wayside are the ones who hear; then the devil comes and takes away the word out of their hearts, lest they should believe and be saved. But the ones on the rock are those who, when they hear, receive the word with joy; and these have no root, who believe for a while and in time of temptation fall away. Now the ones that fell among

### **Anointing of the Sick**

Please make arrangements with the Pastor

### **Funerals**

Please make arrangements with the Pastor

### **Divine Liturgy Intentions**

Please make arrangements with the Pastor

### **Catechism**

Contact forthcoming

### **Pastor**

Fr. Michael Winn

Office: 204-667-8866

### **Parish Office Administration**

Carlene Deptuch

Office: 204-667-8866

heparish@gmail.com

### **Parish Facility Rentals**

204-667-8866

### **Perogy Hotline**

204-667-6304

### **Parish Bookstore**

204-334-2081

### **ORGANIZATIONS**

#### **Parish Pastoral Council**

Curtis Shupenia

204-667-8866

#### **UCWLC**

Emily Hawrysh

204-668-8013

Travelling Icon

Evelyn Tymchak

204-667-6791

#### **Millennium Seniors' Club**

Bernice Hrehirchuk

204-669-2068

Wednesday, 12:30 pm

#### **Young Adults (18-35)**

Contact forthcoming

thorns are those who, when they have heard, go out and are choked with cares, riches, and pleasures of life, and bring no fruit to maturity. But the ones that fell on the good ground are those who, having heard the word with a no-

ble and good heart, keep it and bear fruit with patience."

### **Communion Hymn**

Praise the Lord from the heavens;\* praise Him in the highest.\* Alleluia, alleluia,\* alleluia. (Psalm 148:1)

## **ANNOUNCEMENTS**

We welcome today at the 8:00 am Divine Liturgy **Fr. Alex Laschuk** of the Eparchy of Toronto and All Eastern Canada. Fr. Alex is the Judicial Vicar (Marriage Tribunal) for the Eparchy of Toronto and the Archdiocese of Toronto.

Our last **Adult Faith Inquiry Class** will meet this Tuesday, November 1. We will be looking at #799-855 of *Christ Our Pascha*. Our last class is November 8. Please use the Winterton Avenue door for entrance.

**Volunteers are needed especially in preparation of our Fall Supper on November 5 and 6.** Please call the parish office for more information, 204-667-8866.

Our **Final Bingo will be held TOMORROW, October 31.** We will need about 25-30 volunteers for this special event and hope you can find time to assist. If you didn't make our volunteer meeting last week, and would like to help, please show up at the Parish Centre by 5:30 pm.

**Samaritan's Purse Operation Christmas Child shoeboxes** is taking place again this year. Shoeboxes can be picked up at the back of the Church or at the Parish Office. Anyone wishing to pack a shoebox for a child in need, can drop it off at the Parish Office, along with \$10.00 to cover shipping costs. Pamphlets with instructions on how to pack a shoebox are included in each box. The deadline for shoeboxes will be November 15, 2022..

**Renewing our Efforts to Assist the People of Ukraine.** Knowing that many within our parish community have already given much to assist the people in Ukraine and the newcomers to Canada, I would like to renew our

efforts especially with the Feast of the Nativity (Christmas) approaching in about 8 weeks. Please consider making financial donations through the parish (they will be forwarded to the Catholic Near East Welfare Association of Canada for efforts in Ukraine or the Ukrainian Canadian Congress for efforts in Canada). Starting this week, there will be lists provided of goods and services that are needed for our newcomers (see the back page). Please consider these needs—anything brought to the Church will be forwarded. Lastly, let us remember them all in our daily prayers!  
- Fr. Michael

**+Rt. Rev. Mitrat Msgr. Michael Buyachok**, a long-time priest of the Archeparchy of Winnipeg, fell asleep in the Lord on Saturday, October 22, 2022 at Holy Family Home where he resided. Priestly Order of Burial will be held on Thursday, November 3 at 7:00 pm at BVM Church (Boyd) in Winnipeg, and Funeral Divine Liturgy on Friday, November 4 at 10:00 am at BVM Church with burial at All Saints Cemetery. *To the soul of your servant, the priest, Michael, O Christ, grant rest among the saints, where there is no pain, no sorrow, no morning, but only life without end.*

Next week! We will have a special presentation of the **three children we support in Ukraine through Chalice Canada.** We will have special Christmas Cards for all parishioners to sign to let our sponsored children know that they are supported and loved by us from far and away, especially during this time of war. Please be prepared to sign these cards and perhaps offer a Christmas greeting and small message of hope!

# The Personal Prayer of the Christian

*From Christ Our Pascha Catechism.*

## The “Our Father” (continued)

679 As children of God, with confidence we can ask for that which we need most: bread, forgiveness, the overcoming of temptation, and liberation from the Evil One. When we ask for the bread “that is for existence” (as the text of Matthew literally suggests), we ask the Father to give us daily bread, necessary for earthly life, and “heavenly” bread, the Eucharist. Anyone who eats of this heavenly Bread will not die but will live forever (see *Jn* 6:50-51). By this petition, Jesus Christ teaches us “to desire and ask for that which is indispensable for our life and the life of our neighbours, but also to be satisfied with the essential and not to crave the superfluous. He also teaches us to desire life in evangelical poverty, to which all are called.”

680 By reciting the words “forgive us our trespasses as we forgive those who trespass against us,” we receive forgiveness from God the Father for ourselves inasmuch as we forgive those who have wronged us. The Father who forgives us our sins desires that we do the same: “For if you forgive others their trespasses, your heavenly Father will also forgive you; but if you do not forgive others, neither will your Father forgive your trespasses” (*Mt* 6:14-15; see *Mk* 11:25-26). An offense is not only a sin or wrong that has been committed; it is also the debt of a good deed not rendered. Thus a gift from God wasted or not made use of for God’s glory and the service of our neighbour is an offense.

681 In the petition “lead us not into temptation,” we express our faith that God will not allow us to be tempted beyond our endurance, and that with every temptation he will give us the strength to resist (see *1 Cor* 10:13). We do not ask God to remove all temptations because trials are a testing for the soul and an occasion for good works. Struggles with temptations strengthen the soul in goodness and so the apostle James teaches: “My brothers and sisters, whenever you face trials of any kind, consider it nothing but joy” (*Jas* 1:2). We pray that “temptations may not overcome us, that we not succumb to them, and that we not fail in the struggle; we ask God not to allow our fall in temptations.”

682 In the words “deliver us from evil,” we express awareness of our frailty, and pray to the Father that through the wiles of the Evil One we should not fall away from him who is our greatest Good. In asking God’s protection from the Evil One, who takes advantage of the propensity of our will to wrong and of

our mind to error, we profess our faith in our victory over evil, for “where sin increased, grace abounded all the more” (*Rom* 5:20). At the Divine Liturgy the priest concludes the “Our Father” with a doxology praising the Triune God, to whom belong the kingdom, the power and the glory, now and for ever and ever. “Then we say, ‘Amen,’ which means ‘So be it,’ thus setting [our] seal upon the petitions of the prayer given to us by the divine teacher.”

683 Metropolitan Andrey Sheptytsky teaches the following about the significance of the “Our Father” for the Christian’s spiritual life:

If we pray in a properly Christian way we cannot say more than what is contained in the Lord’s Prayer. This is because we cannot desire anything better or higher or more suitable for us than the desires we express in the petitions of the Our Father. The Our Father is the last word in prayer, it is the absolute prayer. We might even say that outside of this prayer, there is no prayer. Everything that is prayer is contained in this prayer.

1. Metropolitan Andrey Sheptytsky, Про молитву Отче наш в Божя Мудрість [On the Lord’s Prayer in *The Wisdom of God*] (1933).
2. Ibid.
3. Ibid.
4. Cyril of Jerusalem, *The Mystagogical Lectures*, 5, 18.
5. Metropolitan Andrey Sheptytsky, Про молитву Отче наш в Божя Мудрість [On the Lord’s Prayer in *The Wisdom of God*] (1933).



*Drive-Thru  
Fall Supper*

A delicious meal of roast chicken, perogies,  
cabbage rolls, meatballs, mashed potatoes,  
coleslaw, vegetables, and dessert.  
Family rate available.  
Deadline for orders November 3, 2022.

**\$20**

**HOLY EUCHARIST PARISH CENTRE**  
460 MUNROE AVE, WINNIPEG

**SUNDAY, NOVEMBER 6 | 4-6 PM**

PRE-PAID ORDERS ONLY  
ONLY 600 MEALS AVAILABLE  
CALL 204-667-8866



## Holy Eucharist Parish

# Final Bingo

Monday, October 31

Doors Open at 5:00 pm

Early Bird at 6:00 pm

Games start at 7:00 pm

Limited seating!

**ALL JACKPOTS  
MUST GO!**

Holy Eucharist Parish Centre  
460 Munroe Avenue, Winnipeg

### Current Needs for our Newcomers

Please note that of the following needs, only donations of new items can be accepted.

- Children's winter clothes in good condition
- Adult winter clothes in good condition
- Winter shoes in good condition
- Hats, scarves, gloves
- Non perishable food items
- Hygiene items (shampoo, soap, toothpaste etc)
- Bed linens, blankets, new pillows

Please bring your donations to church and we will distribute to the proper donation centre. Thank you for your generosity!

### Please remember in your prayers our parishioners!

Lavinia Aftanas, Jane Budzen, Jennie Huchko, Jack Kisil, Nadia Kowal, Olga (Ollie) Kowalski, Milly Manitowich, Fr. Victor Yakowchuk.

Offerings	Sunday, Oct 16	Sunday, Oct 23
Envelopes	\$ 1895.00	\$ 1690.00
Open collection	\$ 42.00	\$ 51.75
Candles	\$ 12.25	\$ 10.25
Baptism Donation	\$ 0.00	\$ 0.00
Andrew's Pence	\$ 0.00	\$ 0.00
Coffee House	\$ 0.00	\$ 32.45
Direct Deposit	\$ 0.00	\$ 0.00
IHMS/HFH	\$ 120.00	\$ 10.00
CCCB	\$ 0.00	\$ 30.00
Total	\$ 2069.25	\$ 1824.45

## Parish Schedule Oct 31 - Nov 6, 2022

*The Sunday 10 am Divine Liturgies are live-streamed  
and are available at [holyeucharist.ca](http://holyeucharist.ca)*

### Sunday, October 30

21 Sunday after Pentecost. Octoechos Tone 4. Holy Martyrs Zenobius and Zenobia

Gal 2:16-20; Lk 8:5-15

08:00 am Divine Liturgy [Ukr] (for parishioners)

10:00 am Divine Liturgy [Eng] (for parishioners)

### Monday, October 31

Holy Apostles Stachys, Amplias and others with them  
Col 2:13-20; Lk 9:18-22

*No Services*

05:00 pm Our Final Bingo - Doors Open

### Tuesday, November 1

Holy Wonderworkers and Unmercenaries Cosmas and Damian; Passing into Eternal Life of the Servant of God Metropolitan Andrey Sheptytsky, 1944

Col 2:20-3:3; Lk 9:23-27

09:00 am Divine Liturgy (+Irene Omeniuk by UCWLC Holy Eucharist Branch)

06:00 pm Moleben Met. Andrei Sheptytsky

07:00 pm Adult Faith Inquiry Class

### Wednesday, November 2

Holy Martyrs Acindynus, Pegasus, Aphtonius, Elpidaphorus, and Anempodistus

Col 3:17-4:1; Lk 9:44-50

09:00 am Divine Liturgy

12:30 pm Seniors Club

06:00 pm Moleben - Mother of God

07:00 pm UCWLC Meeting

### Thursday, November 3

Holy Martyrs Acepshimas the Bishop, Joseph the Priest and Aithalis the Deacon

Col 4:2-9; Lk 9:49-56

06:30 am Prayer for Families

### Friday, November 4

Venerable Father Joannicius the Great

*Abstinence from meat and foods that contain meat*

Col 4:10-18; Lk 10:1-15

*No services due to funeral of Fr. Michael Buyachok*

### Saturday, November 5

The Holy Martyrs Galaction and Epistemis

2 Cor 5:1-10; Lk 7:1-10

09:00 am Divine Liturgy (+Stella Suchynsky and +Nicholas Suchynsky by Nadia Malchuk)

04:30 pm Confessions

06:00 pm Great Vespers

### Sunday, November 6

22 Sunday after Pentecost. Octoechos Tone 5. Holy Father Paul, Archbishop of Constantinople

Gal 6:11-18; Lk 16:19-31

08:00 am Divine Liturgy [Ukr] (for parishioners)

10:00 am Divine Liturgy [Eng] (for parishioners)

11:30 am Preparation for Annual Fall Supper