

**Church Address**

505 Watt Street

**Office & Mailing Address**

460 Munroe Avenue  
Winnipeg, MB R2K 1H4

**Office Hours**

Mon-Fri 9:00 am - 3:00 pm

**Office Telephone**

204-667-8866

**Pastoral Emergencies**

204-881-3150

**Email**

heparish@gmail.com

**Parish Website**

holyeucharist.ca

**Facebook**

holyeucharistwinnipeg

**Archeparchy Website**

archeparchy.ca

**Sunday Services**

6:00 pm (Sat) - Great Vespers

8:00 am - Ukrainian

10:00 am - English

**Confessions**

4:30-6:00 pm Saturdays  
or by appointment

**Marriage**

Please make arrangements with  
the Pastor

**Baptism, Chrismation, Eucharist**

Please make arrangements with  
the Pastor

**Pastor**

Fr. Michael Winn

Office: 204-667-8866

**Parish Office Administration**

Carlene Deptuch

Office: 204-667-8866

heparish@gmail.com

**Parish Facility Rentals**

204-667-8866

**Perogy Hotline**

204-667-6304

**Parish Bookstore**

204-334-2081

# HOLY EUCHARIST

## UKRAINIAN CATHOLIC CHURCH

Українська Католицька Церква Пресвятої Євхаристії

Sunday, January 8, 2023

**Sunday after Theophany. Octoechos, Tone 6**

*Our Venerable Father George the Chosebite*

**Antiphon 1**

When Israel came forth from Egypt,  
the house of Jacob from an alien people.

*Through the prayers of the Mother of  
God,\* O Saviour, save us.*

Judah became His sanctuary, Israel  
His dominion.

*Through the prayers of the Mother of  
God,\* O Saviour, save us.*

The sea beheld this and fled,\* the Jor-  
dan turned back on its course.

*Through the prayers of the Mother of  
God,\* O Saviour, save us.*

Why was it, O sea, that you fled,\* that  
you, O Jordan, turned back on your  
course?

*Through the prayers of the Mother of  
God,\* O Saviour, save us.*

Glory... Now... Only-Begotten Son

**Antiphon 3**

Come, let us sing joyfully to the Lord,  
let us acclaim God, our Saviour.

*Son of God, baptized by John in the Jordan,  
save us who sing to You: Alleluia.*

Let us come before His face with  
praise, and acclaim Him in psalms.

*Son of God, baptized by John in the Jordan,  
save us who sing to You: Alleluia.*

For God is the great Lord, and the  
great king over all the earth.

*Son of God, baptized by John in the Jordan,  
save us who sing to You: Alleluia.*

**Entrance**

Come, let us worship and fall down  
before Christ.

*Son of God, baptized by John in the Jordan,  
save us who sing to You: Alleluia.*

**Troparia and Kontakia**

*Troparion, Tone 6:* Angelic powers  
were upon Your tomb\* and the guards  
became like dead men;\* Mary stood  
before Your tomb\* seeking Your most  
pure body.\* You captured Hades with-  
out being overcome by it.\* You met the  
Virgin and granted life.\* O Lord, risen  
from the dead,\* glory be to You!

*Troparion, Tone 1:* When You, O  
Lord, were baptized in the Jordan,\*  
worship of the Trinity was revealed,\*  
the voice of the Father bore witness to  
You,\* naming You the beloved Son,\*  
and the Spirit in the form of a dove con-  
firmed the word's certainty.\* Glory to  
You, O Christ God,\* who appeared and  
enlightened the world.

Glory... Now...

*Kontakion, Tone 4:* Today, You have  
appeared to the world\* and Your light,  
O Lord, has been signed on us,\* who

**Anointing of the Sick**

Please make arrangements with the Pastor

**Funerals**

Please make arrangements with the Pastor

**Divine Liturgy Intentions**

Please make arrangements with the Pastor

**Catechism**

Contact forthcoming

**Parish Pastoral Council**

Curtis Shupenia  
204-667-8866

**UCWLC**

Emily Hawrysh  
204-668-8013  
*Travelling Icon*  
Evelyn Tymchak  
204-667-6791

**Millennium Seniors' Club**

Bernice Hrehirchuk  
204-669-2068  
Wednesday, 12:30 pm

**Young Adults (18-35)**

Contact forthcoming

**Cinema Divina**

Monthly. Contact Fr. Michael

**Cantor Course**

Contact Fr. Michael

with knowledge sing Your praises.\*  
You have come, You have appeared, O  
unapproachable Light.

**Prokeimenon, Tone 1**

Let your mercy, O Lord, be upon us\*  
as we have hoped in you.

*verse:* Rejoice in the Lord, O you  
just; praise befits the righteous.

**Epistle - Ephesians 4:7-13**

Brothers and Sisters, to each one of us grace was given according to the measure of Christ's gift. Therefore He says: "When He ascended on high, He led captivity captive, and gave gifts to men." (Now this, "He ascended"—what does it mean but that He also first descended into the lower parts of the earth? He who descended is also the One who ascended far above all the heavens, that He might fill all things.) And He Himself gave some to be apostles, some prophets, some evangelists, and some pastors and teachers, for the equipping of the saints for the work of ministry, for the edifying of the body of Christ, till we all come to the unity of the faith and of the knowledge of the Son of God, to a perfect man, to the measure of the stature of the fullness of Christ.

**Alleluia, Tone 5**

*verse:* Your mercies, O Lord, I will sing for ever; from generation to generation I will announce Your truth with my mouth.

*verse:* For You have said: Mercy shall be built up for ever; in the heavens Your truth shall be prepared.

**Gospel - Matthew 4:12-17**

At that time, Jesus heard that John had been put in prison, He departed to

Galilee. And leaving Nazareth, He came and dwelt in Capernaum, which is by the sea, in the regions of Zebulun and Naphtali, that it might be fulfilled which was spoken by Isaiah the prophet, saying: "The land of Zebulun and the land of Naphtali, by the way of the sea, beyond the Jordan, Galilee of the Gentiles: The people who sat in darkness have seen a great light, and upon those who sat in the region and shadow of death Light has dawned." From that time Jesus began to preach and to say, "Repent, for the kingdom of heaven is at hand."

**Hymn to the Mother of God**

O my soul, magnify Christ the King, baptized in the Jordan.

and the Irmos: Every tongue is at a loss to praise you as is your due, O Mother of God. Even a spirit from above is filled with dizziness when seeking to sing your praises. But since you are good accept our faith, for you know well our love inspired by God. For it is you who protect all Christians; therefore, we magnify you.

**Communion Hymn**

The grace of God has appeared\* bringing salvation to all. (Titus 2:11)\* Praise the Lord from the heavens;\* praise Him in the highest.\* Alleluia, alleluia,\* alleluia. (Psalm 148:1)

**Instead of "We have seen the true light..." we sing:**

All creation is filled with rejoicing today, for Christ is baptized in the Jordan.

**Instead of "May our mouths..." and "Blessed be the Name..." we sing:**

All creation is filled with rejoicing today, for Christ is baptized in the Jordan. (3)

*In blessed sleep  
grant eternal rest, O Lord,  
to Your ever-to-be-remembered servant,  
Pope-emeritus Benedict XVI  
and make his memory everlasting!*

*Вічна пам'ять!  
Everlasting memory!*

1927-2022





## You Are of the Same Body and Blood with Christ

*St. Cyril of Jerusalem*



You are of “the same body” and blood with Christ.... Therefore, with fullest assurance let us partake as of the Body and Blood of Christ: for in the figure of Bread is given to you His Body, and in the figure of Wine His Blood; that you by partaking of the Body and the Blood of Christ, might be made of the same body and blood with Him. For thus we come to bear Christ in us, because His Body and Blood are diffused through our members; thus, it is that, according to the blessed Peter, “we become partakers of the divine nature....”

Contemplate, therefore the Bread and Wine not as bare elements, for they are, according to the Lord’s declaration, the Body and Blood of Christ; for though sense suggests this to you, let faith establish you. Judge not the matter from taste, but from faith be fully assured without misgiving, that you have been given the Body and Blood of Christ....

These things having been learned, and being fully persuaded that what seems bread is not bread, though bread by taste, but the Body of Christ; and that what seems wine is not wine, though the taste will have it so, but the Blood of Christ; and that of this David sung of old saying, “And bread which strengthens man’s heart, and oil to make his face shine,” “strengthen your heart,” partaking thereof as spiritual, and “make the face of your soul to shine.” And so having it unveiled by a pure conscience, may you “behold as in a mirror the glory of the Lord,” and proceed from “glory to glory,” in Christ Jesus our Lord – to Whom be honour, and might, and glory, for ever and ever. Amen.

## ANNOUNCEMENTS

**Envelopes and calendars for 2023** are available in the church auditorium.

**2022 Tax Receipts** are available in the basement.

There will be a special **40-day Liturgy** for the repose of the soul of our brother in Christ, **+Tony Skochylas**, on Saturday, January 14.

Oseredok 2023 **Festival of Carols** - January 15, 2023  
Winnipeg at Sts. Volodymyr & Olha Cathedral, 115  
McGregor Street from 2:00 to 4:00 pm

A great need for nearly new, warm winter clothing; coats, scarves, gloves, socks & boots, also pre-natal items and canned & dry good food items. Deliveries can be made to UNF Hall after January 15 at 935 Main St., 10:00-14:00 Mon - Fri. For more information. Call 204-943-7164..

There are more people in need at this time of the year than we might realize. While some are in need of basic necessities like a warm place to stay, and a meal, most are in need of **simple human contact**. If you would like to reach out beyond your comfort zone and be an instrument of the Lord’s peace and love, please contact Fr. Michael. He will accompany you in visiting those in our parish, and maybe beyond, to offer a hamper if needed, but mostly to share the Good News in your presence.

From **January 18-25, 2023** many Christians around the world will celebrate the annual **Week of Prayer for Christian Unity**. The theme for 2023 is “Do good; seek justice” (Isaiah 1:17). Here in Winnipeg a city-wide Ecumenical Worship Celebration will be held at 7:30 pm on Sunday, January 22, 2023 at Saint John XXIII Roman Catholic Church, 3390 Portage Avenue, Winnipeg. All are cordially invited to this celebration. For further information on this and the ecumenical choir being formed for the occasion, please see the Week of Prayer poster on the church bulletin board.

If you would like to have your home **blessed on the feast of Theophany**, please contact Fr. Michael, or the office, or check our website.

Coming soon - Great Lent. In just a few weeks, we will start the pre-Lenten Sundays, and the Great Fast will be upon us! Can we ask that you update your **Sorokousty Lists**? Just call the office or send an email to the office or Fr. Michael. Also, we have already planned our **Lenten Mission** to take place on March 13-15, 2023. Please mark your calendars today!

**Coffee House** starts up again on Sunday, January 15 after the 10:00 am Divine Liturgy. If you wish to assist with these events, please call the parish office. Thanks!

We are **collecting dry goods** every Sunday for our **local food bank**. Drop them in the bin in the narthex.

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Holy Eucharist  
Parish presents

**Cinema  
Divina**

Seeing movies  
through the lens  
of scripture



**7:00 pm Sunday  
January 15**

460 Munroe Ave, Winnipeg  
Telephone: 204 881-3150

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Our heart is like the darkened earth; the Gospel is like the sun, enlightening and giving life to our hearts. May the true sun of Your righteousness shine in our hearts, O Lord!

*St. John of Kronstadt*

**Please remember in your prayers our parishioners!**

Lavinia Aftanas, Metro Bodnar, Jane Budzen, Sophie Demjanew, Jennie Huchko, Jack Kisil, Nadia Kowal, Olga (Ollie) Kowalski, Milly Manitowich, Jean Rotinsky, Fr. Victor Yakowchuk.

Offerings	Sunday, Dec 25	Sunday, Jan 1
Envelopes	\$ 8245.00	\$ 1335.00
Open collection	\$ 302.50	\$ 40.00
Candles	\$ 0.00	\$ 24.15
Christmas Flowers	\$ 30.00	\$ 0.00
Initial Offering	\$ 5.00	\$ 185.00
Christmas Offering	\$ 1210.00	\$ 120.00
Caroling	\$ 125.00	\$ 100.00
Sacred Art	\$ 0.00	\$ 75.00
CCCB	\$ 0.00	\$ 0.00
<b>Total</b>	<b>\$ 9917.50</b>	<b>\$ 1879.15</b>

**Parish Schedule January 8-15, 2023**

**Sunday, January 8**

Sunday after Theophany. Octoechos, Tone 6. Ven. Father George the Chosebite  
Eph 4:7-13; Mt 4:12-17.  
10:00 am Divine Liturgy (Ukr/Eng)  
11:30 am Parish Christmas Pot Luck Meal

**Monday, January 9**

Post-feast of Theophany. Holy Martyr Polyeuctus.  
Heb 11:17-23, 27-31; Mk 9:42-10:1  
*No services or events*

**Tuesday, January 10**

Post-feast of Theophany; Martyrs of Pratulyn; Holy Father Gregory, Bishop of Nyssa.  
*A day when the faithful are highly encouraged to participate in the Divine Liturgy.*  
Heb 12:25-26; 13:22-25; Mk 10:2-12.

09:00 am Divine Liturgy (+Tony Skochylas by UCWLC Holy Eucharist)  
07:00 pm Cantor Course

**Wednesday, January 11**

Post-feast of Theophany; Ven. Father Theodosius. Polyeleos Feast.  
2 Cor 4:6-15; Mt 11:27-30.

09:00 am Divine Liturgy (+Michael & Lena Kukurudz by Bugera & Kadeshuk families)  
12:30 pm Seniors Club

**Thursday, January 12**

Post-feast of Theophany; Holy Martyr Tatiana  
Jas 1:19-27; Mk 10:17-27.  
06:30 am Prayer for Families

**Friday, January 13**

Post-feast of Theophany; Martyrs Hermylus and Stratonikus.  
*Abstention from meat and foods that contain meat.*  
Jas 2:1-13; Mk 10:23-32.  
09:00 am Divine Liturgy (+Irene Omeniuk by Joan Lewandosky and Henry Kuzia)

**Saturday, January 14**

Leave-taking of Theophany; Ven. Fathers Massacred in Sinai and Rhaithu.  
Col 1:2-6; Lk 16:10-15.  
10:00 am Divine Liturgy (+Tony Skochylas 40 Days)  
04:30 pm Confessions  
06:00 pm Great Vespers

**Sunday, January 15**

31 Sunday after Pentecost, Tone 7. Ven Fathers Paul of Thebes and John the Hut-Dweller.  
1 Tim 1:15-17; Lk 18:35-43.  
08:00 am Divine Liturgy (Ukr)  
10:00 am Divine Liturgy (Eng)  
07:00 pm Cinema Divina