

**Church Address**

505 Watt Street

**Office & Mailing Address**

460 Munroe Avenue  
Winnipeg, MB R2K 1H4

**Office Hours**

Mon-Fri 9:00 am - 3:00 pm

**Office Telephone**

204-667-8866

**Pastoral Emergencies**

204-881-3150

**Email**

heparish@gmail.com

**Parish Website**

holyeucharist.ca

**Facebook**

holyeucharistwinnipeg

**Archeparchy Website**

archeparchy.ca

**Sunday Services**

6:00 pm (Sat) - Great Vespers

8:00 am - Ukrainian

10:00 am - English

**Confessions**

4:30-6:00 pm Saturdays

or by appointment

**Marriage**

Please make arrangements with  
the Pastor

**Baptism, Chrismation, Eucharist**

Please make arrangements with  
the Pastor

**Pastor**

Fr. Michael Winn

Office: 204-667-8866

**Parish Office Administration**

Carlene Deptuch

Office: 204-667-8866

heparish@gmail.com

**Parish Facility Rentals**

204-667-8866

**Perogy Hotline**

204-667-6304

**Parish Bookstore**

204-334-2081

# HOLY EUCHARIST

## UKRAINIAN CATHOLIC CHURCH

Українська Католицька Церква Пресвятої Євхаристії

Sunday, January 22, 2023



**Sunday of Zacchaeus; Octoechos Tone 8**

*Holy Apostle Timothy*

***Troparia and Kontakia***

*Troparion, Tone 8:* You came down from on high, O Merciful One,\* and accepted three days of burial\* to free us from our sufferings.\* O Lord, our life and our resurrection,\* glory be to You.

Glory...

*Kontakion, Tone 8:* When You rose from the tomb,\* You also raised the dead and resurrected Adam.\* Eve exults in Your resurrection,\* and the ends of the world celebrate Your rising from the dead,\* O most merciful One.

Now...

*Theotokion, Tone 8:* To you, O Mother of God,\* the invincible leader,\* we, your servants, ascribe these victory hymns\* in thanksgiving for our deliverance from evil.\* With your invincible power free us from all dangers\* that we may cry out to you:\* "Hail, O bride, and pure Virgin!"

***Prokeimenon, Tone 8***

Pray and give praise to the Lord our God.

*verse:* In Judea God is known; His name is great in Israel. (Psalm 75:12,2)

***Epistle - 1 Timothy 4:9-15***

Timothy, my son, this is a faithful saying and worthy of all acceptance. For

to this end we both labor and suffer reproach, because we trust in the living God, who is the Savior of all men, especially of those who believe. These things command and teach. Let no one despise your youth, but be an example to the believers in word, in conduct, in love, in spirit, in faith, in purity. Till I come, give attention to reading, to exhortation, to doctrine. Do not neglect the gift that is in you, which was given to you by prophecy with the laying on of the hands of the eldership. Meditate on these things; give yourself entirely to them, that your progress may be evident to all.

***Alleluia, Tone 8***

*verse:* Come, let us rejoice in the Lord; let us acclaim God our Saviour.

*verse:* Let us come before His countenance with praise and acclaim Him with psalms. (Psalm 94:1,2)

***Gospel - Luke 19:1-10***

At that time, Jesus entered and passed through Jericho. Now behold, there was a man named Zacchaeus who was a chief tax collector, and he was rich. And he sought to see who Jesus was, but could not because of the crowd, for he

**Anointing of the Sick**

Please make arrangements with the Pastor

**Funerals**

Please make arrangements with the Pastor

**Divine Liturgy Intentions**

Please make arrangements with the Pastor

**Catechism**

Contact forthcoming

**Parish Pastoral Council**

Curtis Shupenia  
204-667-8866

**UCWLC**

Emily Hawrysh  
204-668-8013  
*Travelling Icon*  
Evelyn Tymchak  
204-667-6791

**Millennium Seniors' Club**

Bernice Hrehirchuk  
204-669-2068  
Wednesday, 12:30 pm

**Young Adults (18-35)**

Contact forthcoming

**Cinema Divina**

Monthly.  
Contact Fr. Michael

**Cantor Course**

Contact Fr. Michael

was of short stature. So he ran ahead and climbed up into a sycamore tree to see Him, for He was going to pass that way. And when Jesus came to the place, He looked up and saw him, and said to him, "Zacchaeus, make haste and come down, for today I must stay at your house." So he made haste and came down, and received Him joyfully. But when they saw it, they all complained, saying, "He has gone to be a guest with a man who is a sinner." Then Zacchaeus stood and said to the

Lord, "Look, Lord, I give half of my goods to the poor; and if I have taken anything from anyone by false accusation, I restore fourfold." And Jesus said to him, "Today salvation has come to this house, because he also is a son of Abraham; for the Son of Man has come to seek and to save that which was lost."

**Communion Hymn**

Praise the Lord from the heavens;\* praise Him in the highest.\* Alleluia, alleluia,\* alleluia. (Psalm 148:1)

## ANNOUNCEMENTS

**Envelopes and calendars for 2023** are now available at the parish office.

All remaining **2022 Tax Receipts** have been mailed out to parishioners.

There will be a meeting of the **Parish Pastoral Council** on January 26, 2023 at 7:00 pm in the Boardroom in the Parish Centre.

**Coffee House** starts up again today after the 10:00 am Divine Liturgy. If you wish to assist with these events, please call the parish office. Thanks!

We are **collecting dry goods** every Sunday for our **local food bank**. Drop them in the bin in the narthex.

As we commit to not forgetting our brothers and sisters in Ukraine being mercilessly ravaged by war (as well as the millions who have been forced to flee), a good daily routine would be to tune into the daily message and blessing that the Father and Head of the Ukrainian Catholic Church, **His**

**Beatitude Sviatoslav**. He gives **daily spiritual messages of encouragement and teaching**. You can find the videos at [youtube.com/@ugcctv](https://youtube.com/@ugcctv) and go to Playlists and look for "Daily Briefings."

We are presently in the **Week of Prayer for Christian Unity**. Please add to your daily prayers a petition that all the Churches and Ecclesial Communities would be, as per our Lord's priestly prayer in the Garden of Gethsemane, united as one.

There is an incredibly good podcast that you should consider following. **The Catechism in a Year with Fr. Mike Schmitz** started just three weeks ago. You will be able to follow in reading the *Catechism of the Catholic Church* in one year with some small and insightful remarks and teachings by Fr. Mike. Each episode is about 15-18 minutes long. You can find it easily on You Tube and almost any other podcast website.

*The Christian receives great benefit from the Divine Mysteries, both in his soul and in his body.*

*Before he communes, he must make the necessary preparation, that is, he must confess to his spiritual father, correct himself, feel compunction, acquire inner attention, guard himself from passionate thoughts as far as possible, and also from every other vice. Similarly, he must exercise self-restraint, pray, be inwardly awake, become more devout, and do every other kind of good deed, reflecting what awesome King he is about to receive within himself; especially if he considers that the grace which is given to him from Communion is proportionate to his preparation.*

*It is evident that the more one makes such preparation, the more benefit he receives.*

*(St. Macarius of Corinth)*



# Death – The Seed of Resurrection

## Death – the Result of Sin

There is “a time to be born, and a time to die” (Eccl.3:2). Death is a part of human life. We are born in time; we change, and we grow with time. We experience both good and evil: joy and suffering, pleasure and pain, happiness and sorrow; and finally, we face death, “and the dust returns to the earth as it was, and the spirit returns to God who gave it” (Eccl.12:7).

For unbelievers, death seems final—a return to non-existence. For believers, it is not so. For Christians, physical death is only the separation of body and soul.

The soul, which gives life to the body, leaves the body and continues to live without decay or decomposition. The body however, is not able to survive the separation and returns to the earth. Thus, physical death, in the Christian understanding, is not a total dissolution but a partial one. In death, the fullness of being is lost, because humans were created by God to be a unity of body and soul.

The Christian knows and believes that death was not in God’s original plan: “Death was not God’s doing and He takes no pleasure in the destruction of any living thing” (Ws 1:13). Death came into the world as a result of sin. “Sin entered the world through one man [Adam], and through sin came death. And thus, death has spread through the whole human race because everyone, as a descendent of Adam, has sinned (Rm 5:12).

## Conquered by Christ

The Christian knows and believes that death has been conquered because sin has been conquered by Christ’s death and resurrection. The Son of God emptied himself taking the form of a servant and was born in the likeness of men (Phil 2:7). He came into the world to bring salvation to mankind. Just as Moses led Israel from the bondage of Egypt and across the Red Sea, our Saviour, Jesus Christ, by His Sacrifice on the Cross, freed those who would believe in Him from the bondage of sin. He leads the captives across the ‘valley of darkness’ to the promised land, the Kingdom of the Heavenly Father.

Having taken human flesh, Christ Himself chose to share with mankind the most bitter aspects of human death. He experienced all things that any man could: intense suffering, torture, the death struggle and even the grave. Our Lord was not

forced to make this sacrifice. He embraced it freely and willingly because there was no greater way in which to show how much He loves each one of us. Yet, Jesus accepted everything courageously, patiently and nobly. Upon the cross, He showed deep tranquillity in the presence of death. One of the last things he did in life was to forgive those who had crucified Him.

## Christian Life and Death

The essence of a good Christian life is the preparation for a good death. To die well, one must live well. Our Lord exhorted His followers to be watchful and vigilant at all times, to be ready for the Judge, who may come like a thief in the night (Mt 24:43-44).

For the Christian, it is not physical death that is to be feared. Death has already been conquered by Christ, who by His Death trampled death, bestowing life to those in the tombs. For the Christian, it is spiritual death that is to be feared most. Jesus said: “Do not be afraid of those who kill the body but cannot kill the soul; fear him rather who can destroy both body and soul in hell” (Mt 10:28).

At the Last Supper, Jesus talked about His own Departure from the world and about the departure of others. He said: “Let not your hearts be troubled; believe in God, believe also in me. In my Father’s house there are many rooms; if it were not so, would I have told you that I go to prepare a place for you? And when I go and prepare a place for you, I will come again and will take you to myself, that where I am you may be also” (Jn 14: 1-3).

For the faithful Christian, death is seen as ‘going home’ to begin living in the place that Christ has prepared for His own. Death is seen and understood as a sharing in the Paschal Mystery, a personal sharing in Christ’s death and resurrection. By dying in Christ, the soul separates from the body for a period of time. By rising with Christ on the last day, the soul will reunite with the body transfigured in glory.

## Memorial Services

*The Ninth Day* – The number nine has symbolic meaning. It reminds us of the nine choirs of angels that surround the Throne of God and unceasingly sing praise to Him. On the ninth day, we implore the Lord God, through the intercession of the heavenly choirs, to grant re-



pose to the soul of His servant and to give him(her) a place with the saints.

*The Fortieth Day* – In the Holy Scriptures, forty is a number that symbolizes fullness or completion. It was after forty years of wandering in the desert that Israel entered the Promised Land. It was after forty days of prayer and fasting in the wilderness that Jesus began His public ministry. It was forty days after His Resurrection that He ascended to the Father with the righteous souls that He had freed from the prison of Hades.

*Anniversaries of Death or Burial* – Another expression of love for those who have gone into eternity is to offer prayers on their behalf on the anniversaries of their death or burial. A Divine Liturgy, Parastas or Panakhyda are usually celebrated. Offered prayers may also be accompanied with fasting, almsgiving or acts of mercy.

*Memorial Services at the Grave* – The descent of the Holy Spirit on the fiftieth day after the Resurrection was the final act of redemption for humanity. Hence, the Church, wishing the departed souls to have a share in the graces of redemption, honours their memory on the Saturday before Pentecost. On this day and on Pentecost Sunday, the faithful visit the graves of their departed loved ones. The Panakhyda is usually celebrated on their behalf accompanied with personal prayers for the deceased.

(Continued on page 4)

**Sorokousty** –literally means “forty mouths,” referring to an ancient monastic practice of 40 monks or priests singing this commemoration of our departed sisters and brothers. The Church dedicates each Saturday of the year to the souls who have gone into eternity but have not yet entered into the fullness of eternal rest in heaven. In addition, there are certain Saturdays of the liturgical year which are specifically dedicated to remembering and praying for the dead. These Saturdays are called All Souls Saturdays. They include Meat fare Saturday, the second, third, and fourth Saturdays of the Great Fast, and the Saturday before Pentecost Sunday. What a joy that the Church gives us days of special prayer on which we can give our full attention to our departed kinsmen that have departed from the ages!



**Please remember in your prayers our parishioners!**

Lavinia Aftanas, Metro Bodnar, Jane Budzen, Sophie Demjanew, Jennie Huchko, Jack Kisil, Nadia Kowal, Olga (Ollie) Kowalski, Milly Manitowich, Jean Rotinsky, Fr. Victor Yakowchuk.

| Offerings          | Sunday, Jan 8 | Sunday, Jan 15 |
|--------------------|---------------|----------------|
| Envelopes          | \$ 935.00     | \$ 1335.00     |
| Open collection    | \$ 37.60      | \$ 20.00       |
| Candles            | \$ 23.05      | \$ 24.00       |
| Christmas Flowers  | \$ 15.00      | \$ 0.00        |
| Initial Offering   | \$ 115.00     | \$ 30.00       |
| Christmas Offering | \$ 30.00      | \$ 0.00        |
| Sorokousty         | \$ 0.00       | \$ 20.00       |
| Sacred Art         | \$ 10.00      | \$ 10.00       |
| CCCB               | \$ 0.00       | \$ 0.00        |
| Total              | \$ 1165.65    | \$ 1439.00     |

## Parish Schedule January 22-29, 2023

### Sunday, January 22

Sunday of Zacchaeus; Octoechos Tone 8; Holy Apostle Timothy

1 Tim 4:9-15; Lk 19:1-10.

08:00 am Divine Liturgy (for parishioners) (Ukr)

10:00 am Divine Liturgy (for parishioners) (Eng)

### Monday, January 23

Holy Priest-Martyr Clement; Martyr Agathangel. Passing into Eternal Life of Blessed Olimpia Bida, Superior of the Sisters of St. Joseph, and Martyr.

1 Pt 2:21-3:9; Mk 12:13-17.

No services or events

### Tuesday, January 24

Venerable Mother Xenia the Roman.

1 Pt 3:10-22; Mk 12:18-27.

09:00 am Divine Liturgy (+Irene Omeniuk by Joan Lewandosky and Henry Kuzia)

07:00 pm Cantor Course

### Wednesday, January 25

Holy Father Gregory the Theologian, Archbishop of Constantinople (390). *Polyeleos Feast.*

1 Cor 12:7-11; Jn 10:9-16.

09:00 am Divine Liturgy (Health and salvation of David Taylor by Harvey and Gloria)

12:30 pm Seniors Club

### Thursday, January 26

Venerable Father Xenophon and his wife Maria.

1 Pt 4:12-5:5; Mk 12:38-44.

06:30 am Prayer for Families

07:00 pm Parish Pastoral Council

### Friday, January 27

Transfer of the Precious Relics (438) of our Father among the Saints John Chrysostom. *Polyeleos Feast.* *Abstention from meat and foods that contain meat.*

Heb 7:26-8:2; Jn 10:9-16.

09:00 am Divine Liturgy (+Tony Skochylas by Peter and Sonia Prociuk)

### Saturday, January 28

Our Venerable Father Ephrem the Syrian (373).

2 Tim 2:11-19; Lk 18:2-8.

09:00 am Divine Liturgy (+Fr. Michael Krochak by Joan Lewandosky and Henry Kuzia)

04:30 pm Confessions

06:00 pm Great Vespers

### Sunday, January 29

Sunday of the Publican and the Pharisee; Octoechos Tone 1; Transfer of the Relics of the Great-Martyr Ignatius the God-bearer.

2 Tim 3:10-15; Lk 18:10-14.

08:00 am Divine Liturgy (for parishioners) (Ukr)

10:00 am Divine Liturgy (for parishioners) (Eng)