

Church Address

505 Watt Street

Office & Mailing Address

460 Munroe Avenue
Winnipeg, MB R2K 1H4

Office Hours

Mon-Fri 9:00 am - 3:00 pm

Office Telephone

204-667-8866

Pastoral Emergencies

204-881-3150

Parish Website

holyeucharist.ca

Facebook

holyeucharistwinnipeg

Archeparchy Website

archeparchy.ca

Pastor

Fr. Michael Winn

Office: 204-667-8866

Main Cell: 587-937-5756

Local Cell: 204-881-3150

winn.heparish@gmail.com

Parish Office Administration

Carlene Deptuch

Office: 204-667-8866

heparish@gmail.com

Parish Facility Rentals

204-667-8866

Perogy Hotline

204-667-6304

Parish Bookstore

204-334-2081

Sunday Services

6:00 pm (Sat) - Great Vespers

8:00 am - Ukrainian

10:00 am - English

Confessions

4:30-6:00 pm Saturdays

or by appointment

Marriage

Please make arrangements with
the Pastor

Baptism, Chrismation, Eucharist

Please make arrangements with
the Pastor

HOLY EUCHARIST

UKRAINIAN CATHOLIC CHURCH

Українська Католицька Церква Пресвятої Євхаристії

Sunday, February 19, 2023



Sunday of Cheese Fare - Sunday of Forgiveness; Octoechos Tone 4

Holy Apostle Archippus

Troparia and Kontakia

Troparion, Tone 4: When the disciples of the Lord learned from the angel* the glorious news of the resurrection* and cast off the ancestral condemnation,* they proudly told the apostles:* “Death has been plundered! * Christ our God is risen,* granting to the world great mercy.”

Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.

Kontakion, Tone 6: O Master, Guide to Wisdom*, Bestower of prudent counsel,* Instructor of the foolish and Defender of the poor ones;* make firm my heart and give it understanding.* Give me a word, O Word of the Father:* Behold, I shall not stop my lips from crying out to You:* In Your mercy, have mercy on me who am fallen.

Prokeimenon, Tone 8

Pray and give praise to the Lord our God.* Pray and give praise to the Lord our God.

verse: In Judea God is known; His name is great in Israel. (Psalm 75:12,2)

Epistle - Romans 13:11-14:4

Brothers and Sisters, do this, knowing the time, that now it is high time to awake out of sleep; for now our salvation is nearer than when we first believed. The night is far spent, the day is at hand. Therefore let us cast off the works of darkness, and let us put on the armor of light. Let us walk properly, as in the day, not in revelry and drunkenness, not in lewdness and lust, not in strife and envy. But put on the Lord Jesus Christ, and make no provision for the flesh, to fulfill its lusts. Receive one who is weak in the faith, but not to disputes over doubtful things. For one believes he may eat all things, but he who is weak eats only vegetables. Let not him who eats despise him who does not eat, and let not him who does not eat judge him who eats; for God has received him. Who are you to judge another's servant? To his own master he stands or falls. Indeed, he will be made to stand, for God is able to make him stand.

Anointing of the Sick

Please make arrangements with the Pastor

Funerals

Please make arrangements with the Pastor

Divine Liturgy Intentions

Please make arrangements with the Pastor

Catechism

Contact forthcoming

Parish Pastoral Council

Curtis Shupenia
204-667-8866

UCWLC

Emily Hawrysh
204-668-8013
Travelling Icon
Evelyn Tymchak
204-667-6791

Millennium Seniors' Club

Bernice Hrehirchuk
204-669-2068
Wednesday, 12:30 pm

Young Adults (18-35)

Contact forthcoming

Cinema Divina

Monthly.
Contact Fr. Michael

Alleluia, Tone 6

verse: It is good to give praise to the Lord, and to sing to Your name, O Most High.

verse: To announce Your mercy in the morning and Your truth every night. (Psalm 91:2,3)

Gospel - Matthew 6:14-21

The Lord said to His disciples, "If you forgive men their trespasses, your heavenly Father will also forgive you. But if you do not forgive men their trespasses, neither will your Father forgive your trespasses. Moreover, when you fast, do not be like the hypocrites, with a sad countenance. For they disfigure their faces that they may appear to men to be fasting. Assuredly, I say to you, they have their reward. But

you, when you fast, anoint your head and wash your face, so that you do not appear to men to be fasting, but to your Father who is in the secret place; and your Father who sees in secret will reward you openly. Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal; but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. For where your treasure is, there your heart will be also."

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest.* Alleluia, alleluia,* alleluia. (Psalm 148:1)

ANNOUNCEMENTS

We are **collecting dry goods** every Sunday for our **Welcome Home**. Please drop them in the bin in the narthex.

Holy Eucharist UCWLC Ukrainian Food Sale, Saturday, March 4 from 11-2 at Parish Centre. No pre-orders.

Holy Family Home is currently looking for volunteers to assist in the Spiritual Care Department. Duties include transporting residents to weekday services, (9:15am-11:15am) as well as friendly visiting with residents on their units. All volunteers must be able to show proof of vaccination and attend a brief volunteer orientation session. Please contact Michelle Thiessen or Roman Kuzysky if you would like to join this much-needed ministry. Call 204-589-7381 ext. 213 or email MThiessen@holymfamilyhome.mb.ca or RKuzysky@holymfamilyhome.mb.ca.

Tomorrow, Monday, February 20, is the first day of the Great Fast. Our present ascetical practice is to embrace more prayer, fasting, and almsgiving during this time. To that end, for adults under the age of 60, our Church asks that for this first week we abstain from meat everyday, with no dairy on Monday. May we walk this Lenten journey with a joyful step!

365 Days of Resistance**Friday, February 24***Location*

Canadian Museum for Human Rights

6:00 pm

Solidarity Rally

7:00 pm

Opening "Ukrainian Artists United"
Digital Display - Free Admission

Saturday, February 25*Location:*

St. Mary the Protectress Cathedral

11:00 am

Moleben for Victims of War
followed by Walk for Peace to

Location:

Sts. Volodymyr and Olha Cathedral

12:00 pm

Interfaith Service for Peace

Sunday, February 26*Location:*

All Ukrainian Churches

United Prayer for Ukraine
in this Time of War

An Appeal by the Ukrainian Catholic Bishops in Canada

Marking the One Year Commemoration of the Russian Invasion of Ukraine

To the Reverend Fathers, Religious Sisters,
Venerable Monastics, People of Ukrainian Descent,
and all People of Good Will:

*You shall not fear the terror of the night,
nor the arrow that flies by day. (Psalm 90:5)*

Glory be to Jesus Christ!

Dearly Beloved in Christ!

Today, on our calendars we mark a year since a new stage of the Russian-Ukrainian war began with brutal cruelty and destruction, cynicism and falsehood. Every day of the past year has been a repetition of February 24, adding to the bitter statistics of losses and multiplying the grief experienced by many. Thousands of innocent men, women and children have lost their lives; many have been tortured, held in prisons and camps, and forcibly deported. Millions are forced to wander around the world, having lost everything, seeking refuge far from their homes. Many cities and villages have been erased from the face of the earth, leaving only traces in the history and memory of those who lived there. Countless are the deep emotional wounds from the losses, tragic memories, and longing for relatives, inflicted by the war on those who survive and are suffering - especially the children!

This war is not limited to the context of armed battles, but also occurs in the struggle for consciences, spiritual values and ideals with all the evils that war entails. Most importantly, it requires from everyone a clear choice for good or evil. The war challenges us to demonstrate our love for Ukraine, for its God-given freedom, political and human rights. War challenges the very sincerity of our love for our neighbour and the Lord God. Every Ukrainian in and outside of Ukraine is called to discover a deeper awareness of his or her national, political and ethnic identity. The enemy are those who want to stop this process and plant other values which contradict the truths of the Christian faith, the foundations of our spirituality and our Ukrainian identity. And they are

looking for all kinds of insidious ways to achieve their goals.

We, the Ukrainian Catholics in Canada, call upon all people of good will to steadfastly resist the spread of the evils of war, the killing of innocent people, and the destruction of the nation of Ukraine. Let us draw our strength from the Lord at all times in our struggle (cf. Ps 26:1). As the Apostle Paul says, let us gird ourselves with the belt of faith and take the armour of justice, the shield of faith, the helmet of salvation and the spiritual sword to “resist the wiles of the devil” and “against the principalities, against the authorities, against the rulers of this world of darkness, against the spirits of malice in the heavenly spaces” (Eph 6:11-12). Fervent and constant prayer to the Lord is our weapon against which enemy forces are powerless, and with it we draw the grace of God. We pray not to succumb to feelings of hopelessness and oppression, excessive worries and cares (cf. Ps 137:7).

Let us take the psalmist's words, “Your word is a lamp to my feet, and a light to my path” (Ps. 118:105) closer to heart and listen to God's voice in our lives. The word of God teaches us goodness, truth, love, understanding and ability to make right decisions that are sometimes very difficult, especially during times of deep tragedy and loss. In His word, we will find God who is near to us in solidarity, offering us comfort and healing.

Let us continue our works of mercy for the needy in Ukraine and those who seek refuge here in Canada, as a humble manifestation of our sincere faith and for the greater glory of God. In doing so, we share the time and talents with which the Lord has blessed us, knowing that everything will return a hundred-fold. By giving temporal goods now, we will receive eternal goods in the future.

In solidarity and compassion with our brothers and sisters in Ukraine, who continue to suffer from the lack of food, water and other basic necessities of life due to the ongoing war, let us renew our practice of fasting and abstinence to remind ourselves of the many blessings we enjoy in our peaceful, daily lives here in Canada.

(Continued on page 4)

More than ever, we need to support each other through prayer, kind words and good deeds. A person who receives something through you will thank the Lord and praise Him always. "Let your light so shine before others that they may see your good works and glorify your Heavenly Father" (Mt 5:16).

The outcome of this war is crucial and will have global significance and consequences. We pray for victory, which will be realized only when we put all our efforts together. Let us unite, pray, and work for the common good! Let this Lenten season be an opportunity to reach new spiritual heights and to better ourselves so that we can carry out our part in bringing to an end the tragedy of war.

May God bless the Ukrainian people both in their homeland and throughout the world. May He grant them the strength of a strong Christian faith, of enduring good health and the support of a multitude of people of good will. May He grant victory over evil and peace to Ukraine!

Sincerely Yours in Christ,

+ Lawrence Huculak, OSBM

*Metropolitan Archbishop of Winnipeg
Apostolic Administrator of Saskatoon*

+ David Motiuk

*Eparchial Bishop of Edmonton
Apostolic Administrator of New Westminster*

+ Bryan Bayda, CSsR

Eparchial Bishop of Toronto

+ Andriy Rabiychuk

Auxiliary Bishop of Winnipeg



Prayer for the Afflicted People of Ukraine in Time of War

O Lord Jesus Christ, our God, we entreat You to hear the earnest prayer of Your beloved Church of Kievan Rus' for her deeply afflicted children abiding in the land of Ukraine. Behold their grave sorrow and grievous plight, and speedily come to their aid. Deliver Your vulnerable people from unjust aggressors, foreign invasion and the terror of war. Strengthen courageous defenders of the nation to fight virtuously, inspired more by love of those they protect than hatred of the enemy. O compassionate Lord, shelter the displaced, heal the wounded, console the orphan, protect the widow, comfort those who mourn, and mercifully receive into Your Kingdom those who have nobly died guarding their homeland against every aggression. Quickly make cease the spilling of blood of friend and foe alike, yet stir many to bravely struggle for that true justice which alone can bring lasting peace. O kind-hearted Lord, as You are our peace, soften the hearts of the unmerciful and convert those who promote hostilities toward reconciliation, so that Your beloved children of the land of Ukraine, may abide in that tranquility, justice and freedom which reflects your Kingdom, where You reign with Your eternal Father, and Your most holy, good and life-giving Spirit, now, and forever and ever.

A poster for a solidarity rally. At the top is a red decorative border with a repeating geometric pattern. Below this, the text "365 Days of Resistance" is in a blue, sans-serif font, and "Solidarity Rally" is in a large, yellow, cursive script font. The background of the poster is a close-up of a person's face, with their eyes and mouth visible, and their skin painted in blue and yellow. Overlaid on the face is the text "Friday February 24" in white, bold, sans-serif font, followed by "6pm" in a smaller white font, and "Canadian Museum for Human Rights" in white, bold, sans-serif font. At the bottom, there is a row of four white text boxes: "Dress in Blue & Yellow", "Bring Signs & Flags", "Free Museum Admission", and "Get Loud Winnipeg". Below these boxes is the hashtag "#StandWITHUkraine" in yellow, bold, sans-serif font. In the bottom right corner is a small circular logo for the Ukrainian Canadian Congress Manitoba Provincial Council.

Sunday of Forgiveness

On the final day before Great Lent, the Gospel teaches us the importance of *reconciliation* with one another, of mutual forgiveness. Vespers and Matins for this Sunday sing about the Garden of Paradise, which we lost through the Fall of Adam and Eve. Again, this reminds us that in this world *we are exiles*, that our true home is in the Eternal Paradise, the Heavenly Kingdom, and that the Paschal Pilgrimage leads us toward our eternal homeland.

This Sunday is also called *Cheese-Fare Sunday*, because according to the traditional rules of fasting, this is the last day when dairy products may be eaten. Some parishes have a meatless dinner on this day, to consume any remaining dairy products.⁴⁷ Great Lent begins with Vespers on the evening of Forgiveness Sunday. The service is dramatic: it begins with the priest and deacon in bright vestments as though for a feast. At "Lord, I have cried," we sing

Let us abstain from passions as we abstain from food, and persevere, to be worthy to see the Holy Passion of Christ our God, and the joy of His Holy Resurrection.

The Royal Doors are opened, and there is an Entrance.

Suddenly, everything changes. We sing the great Prokimen: "Turn not Your Face away from Your servant, *for I am in trouble*, pay attention to me, draw near to my soul and redeem me!" Lent has arrived. The priest removes his bright vestments and puts on a dark epitrahil, the Royal Doors are closed, and the rest of Vespers follows the Lenten pattern. The responses are sung according to the unique Lenten chant.

Behold, this is the favourable time, the season of conversion. Let us turn away from the works of darkness, and clothe ourselves with the armour of light, so that crossing the ocean of the Fast, we may come to the harbour of the Resurrection... (Aposticha, Vespers for Cheesefare Sunday)

Just before the end of Vespers, the priest offers the Prayer of Saint Ephrem the Syrian. This is the first time this typical prayer of Lent appears in our worship.

After Vespers, as we begin Lent, we offer one another *mutual forgiveness*. In our Lenten repentance, we are asking God to forgive us; God requires us to forgive one another as well. Mutual forgiveness is not easy; it requires the grace and help of God.

Excerpt from *Our Paschal Pilgrimage. A Guide for the Great Fast for Ukrainian Catholics* by Bishop Basil Losten



*Let us set out with joy
upon the season of the Fast,
and prepare ourselves
for spiritual combat.*

Forgiveness Vespers

7:00 pm
Sunday, February 19, 2023

Holy Eucharist Parish
Watt & Munroe, Winnipeg

All welcome!

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Holy Eucharist
Parish presents

**Cinema
Divina**

Viewing movies
through the lens
of scripture



**7:00 pm Sunday
February 26**

460 Munroe Ave, Winnipeg
Telephone: 204 881-3150

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For Turkey and Syria

We pray for the people of Turkey and Syria, that the Lord God look upon them with mercy and deliver them from the effects of this earthquake; that he give strength to rescue workers and to all those bringing aid to the afflicted; that those who mourn may be granted divine comfort and assurance; and that all who have died may receive the forgiveness of their sins, voluntary and involuntary; we pray you Lord, hear us, and have mercy.

Please remember in your prayers our parishioners!

Lavinia Aftanas, Jane Budzen, Sophie Demjanew, Jennie Huchko, Jack Kisil, Nadia Kowal, Olga (Ollie) Kowalski, Milly Manitowich, Jean Rotinsky, Fr. Victor Yakowchuk.

Offerings	Sunday, Feb 05	Sunday, Feb 12
Envelopes	\$ 1195.00	\$ 2700.00
Open collection	\$ 107.00	\$ 35.00
Candles	\$ 19.50	\$ 24.95
Flowers	\$ 0.00	\$ 0.00
Initial Offering	\$ 10.00	\$ 15.00
Sorokousty	\$ 0.00	\$ 0.00
Sacred Art	\$ 0.00	\$ 0.00
Total	\$ 1331.50	\$ 2774.95

Parish Schedule February 19-26, 2023

Sunday, February 19

Sunday of Cheesefare - Sunday of Forgiveness; Octoechos Tone 4. Holy Apostle Archippus. Rom 13:11-14:4; Mt 6:14-21.

08:00 am Divine Liturgy (for parishioners) (Ukr)
10:00 am Divine Liturgy (for parishioners) (Eng)
07:00 pm Forgiveness Vespers

Monday, February 20

Venerable Father Leo, Bishop of Catania. *Great Fast Day 1. Abstinence from meat, dairy, and eggs, and foods that contain these ingredients. According to liturgical prescriptions, the Divine Liturgy is not celebrated today.* Is 1:1-20; Gn 1:1-13; Prov 1:1-20.

08:00 am Lenten Matins

Tuesday, February 21

Ven Timothy of Symbola; Holy Father Eustathius. *Great Fast Day 2. Abstinence from meat and foods that contain meat. According to liturgical prescriptions, Divine Liturgy is not celebrated today.*

Is 1:19-2:3; Gn 1:14-23; Prov 1:20-33.

08:00 am Lenten Matins
07:00 pm Marriage Preparation Class

Wednesday, February 22

Relics of the Holy Martyrs at Eugenius. *Great Fast Day 3. Abstinence from meat and foods that contain meat. According to liturgical prescriptions, Divine Liturgy is not celebrated today.* Is 2:3-11; Gn 1:24-2:3; Pro 2:1-22.

08:00 am Lenten Matins
12:30 pm Seniors Club
05:30 pm Liturgy of the Presanctified Gifts

Thursday, February 23

Priest-Martyr Polycarp, Bishop of Smyrna. *Great Fast Day 4. Abstinence from meat and foods that contain meat. According to liturgical prescriptions, Divine Liturgy is not celebrated today.* Is 2:11-21; Gn 2:4-19; Pro 3:1-19.

08:00 am Lenten Matins
07:00 pm Parish Pastoral Council

Friday, February 24

Holy Father Tarasius, Archbishop of Constantinople. *Great Fast Day 5. Abstinence from meat and foods that contain meat. According to liturgical prescriptions, Divine Liturgy is not celebrated today.* Is 3:1-14; Gn 2:20-3:20; Pro 3:19-34; Is 40:1-11; Mal 3; Wis 4:7-15.

08:00 am Lenten Matins

Saturday, February 25

First and Second Finding of Head of John the Baptist; First Saturday of the Great Fast: Great Martyr Theodore the Recruit. *Great Fast Day 6.* 2 Cor 4:6-15; Heb 1:1-12; Mt 11:2-15; Mk 2:23-3:5.

09:00 am Divine Liturgy (+Paul & +Katherine Baran, By Stan & Sharon Baran Family)
04:30 pm Confessions
06:00 pm Great Vespers

Sunday, February 26

Sunday of Orthodoxy; Octoechos Tone 5; Holy Father Porphyrius. *Great Fast Day 7.* Heb 11:24-26,32-40; 12:1-2; Jn 1:43-51.

08:00 am Divine Liturgy (for parishioners) (Ukr)
10:00 am Divine Liturgy (for parishioners) (Eng)
07:00 pm Cinema Divina