

**Church Address**

505 Watt Street

**Office & Mailing Address**

460 Munroe Avenue  
Winnipeg, MB R2K 1H4

**Office Hours**

Mon-Fri 9:00 am - 3:00 pm

**Office Telephone**

204-667-8866

**Pastoral Emergencies**

204-881-3150

**Parish Website**

holyeucharist.ca

**Facebook**

holyeucharistwinnipeg

**Archeparchy Website**

archeparchy.ca

**Pastor**

Fr. Michael Winn

Office: 204-667-8866

Main Cell: 587-937-5756

Local Cell: 204-881-3150

winn.heparish@gmail.com

**Parish Office Administration**

Carlene Deptuch

Office: 204-667-8866

heparish@gmail.com

**Parish Facility Rentals**

204-667-8866

**Perogy Hotline**

204-667-6304

**Parish Bookstore**

204-334-2081

**Sunday Services**

6:00 pm (Sat) - Great Vespers

8:00 am - Ukrainian

10:00 am - English

**Confessions**

4:30-6:00 pm Saturdays

or by appointment

**Marriage**

Please make arrangements with  
the Pastor

**Baptism, Chrismation, Eucharist**

Please make arrangements with  
the Pastor

# HOLY EUCHARIST

## UKRAINIAN CATHOLIC CHURCH

Українська Католицька Церква Пресвятої Євхаристії

Sunday, February 26, 2023



*First Sunday of the Great Fast: Sunday of Orthodoxy; Octoechos Tone 5  
Holy Father Porphyrius, Bishop of Gaza*

***Troparia and Kontakia***

*Troparion, Tone 5:* Let us the faithful acclaim and worship the Word,\* co-eternal with the Father and the Spirit,\* and born of the Virgin for our salvation.\* For He willed to be lifted up on the cross in the flesh, to suffer death\* and to raise the dead by His glorious resurrection.

*Troparion, Tone 2:* We bow before Your most pure image, O kind Lord,\* and beg pardon for our sins, O Christ our God.\* Of Your own will You consented to ascend the Cross in the flesh to free Your handiwork from enslavement to the enemy.\* In thanksgiving we cry aloud to You:\* by coming to save the world, our Saviour, You filled all things with joy.

Glory... Now...

*Kontakion, Tone 8:* The uncircumscribed Word of the Father\* became circumscribed when He took flesh of you, O Mother of God,\* and when He restored the divine image to its ancient glory,\* He suffused it with the beauty of God.\* Therefore, confessing our salvation in deed and word,\* we portray it in images.

***Prokeimenon, Tone 4***

Blessed are You, Lord God of our fathers,\* and praised and glorified is Your Name for ever.

*verse:* For You are righteous in everything You have done to us.

***Epistle - Hebrews 11:24-26,32-40; 12:1-2***

Brothers and Sisters, by faith Moses, when he became of age, refused to be called the son of Pharaoh's daughter, choosing rather to suffer affliction with the people of God than to enjoy the passing pleasures of sin, esteeming the reproach of Christ greater riches than the treasures in Egypt; for he looked to the reward. And what more shall I say? For the time would fail me to tell of Gideon and Barak and Samson and Jephthah, also of David and Samuel and the prophets: who through faith subdued kingdoms, worked righteousness, obtained promises, stopped the mouths of lions, quenched the violence of fire, escaped the edge of the sword, out of weakness were made strong, became valiant in battle, turned to flight the armies of the aliens. Women received their dead raised to life again. Others were tortured, not accepting deliverance, that they might obtain a better resurrection. Still others had trial of mockings and scourgings, yes, and of chains and imprisonment. They were stoned, they were sawn in two, were tempted, were slain with the sword. They wandered about in sheepskins and goatskins, being destitute,

**Anointing of the Sick**

Please make arrangements with the Pastor

**Funerals**

Please make arrangements with the Pastor

**Divine Liturgy Intentions**

Please make arrangements with the Pastor

**Catechism**

Contact forthcoming

**Parish Pastoral Council**

Curtis Shupenia  
204-667-8866

**UCWLC**

Emily Hawrysh  
204-668-8013  
*Travelling Icon*  
Evelyn Tymchak  
204-667-6791

**Millennium Seniors' Club**

Bernice Hrehirchuk  
204-669-2068  
Wednesday, 12:30 pm

**Young Adults (18-35)**

Contact forthcoming

**Cinema Divina**

Monthly.  
Contact Fr. Michael

afflicted, tormented— of whom the world was not worthy. They wandered in deserts and mountains, in dens and caves of the earth. And all these, having obtained a good testimony through faith, did not receive the promise, God having provided something better for us, that they should not be made perfect apart from us. Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.

**Alleluia, Tone 4**

*verse:* Moses and Aaron are among His priests and Samuel among those who call upon His name.

*verse:* They called on the Lord, and He heard them. (Psalm 98:6)

**Gospel - John 1:43-51**

At that time, Jesus wanted to go to Galilee, and He found Philip and said to him, "Follow Me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael and said to him, "We have found Him of whom Moses in the law, and also the prophets, wrote—Jesus of Nazareth, the son of Joseph." And Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him,

"Come and see." Jesus saw Nathanael coming toward Him, and said of him, "Behold, an Israelite indeed, in whom is no deceit!" Nathanael said to Him, "How do You know me?" Jesus answered and said to him, "Before Philip called you, when you were under the fig tree, I saw you." Nathanael answered and said to Him, "Rabbi, You are the Son of God! You are the King of Israel!" Jesus answered and said to him, "Because I said to you, 'I saw you under the fig tree,' do you believe? You will see greater things than these." And He said to him, "Most assuredly, I say to you, hereafter you shall see heaven open, and the angels of God ascending and descending upon the Son of Man."

**Hymn to the Mother of God**

In you, O Full of Grace, all creation rejoices: the angelic ranks and all the human race. Sanctified temple and spiritual paradise, virgins' pride and boast, from whom God is made flesh and became a little Child; and He who is our God before all ages, He made your womb a throne, and He made it wider than all the heavens. In you, O Full of Grace, all creation rejoices. Glory be to you.

**Communion Hymn**

Praise the Lord from the heavens;\* praise Him in the highest. (Psalm 148:1)\* Rejoice in the Lord, O you just;\* praise befits the righteous.\* Alleluia, alleluia,\* alleluia. (Psalm 32:1)

**ANNOUNCEMENTS**

**Holy Eucharist UCWLC Ukrainian Food Sale**, Saturday, March 4 from 11-2 at Parish Centre. No pre-orders.

**UCWLC Holy Eucharist Branch** meeting this Wednesday at the Parish Centre at 7:00 pm.

The UCWLC of St. Nicholas Parish will be hosting a Lenten Reflection by Fr. Gabriel Haber, OSBM entitled, **The Witness of Christ in the Post-COVID-19 Pandemic**, on Saturday, March 11, 8:30am-12:00pm, at St. Nicholas Parish, 737 Bannerman Avenue. Cost: \$5.00.

**Way of the Cross**, this Friday at 3:00 pm.

**Sorokousty Service** this Saturday at 10:00 am.

**Prayer of St. Ephraim the Syrian**

O Lord and Master of my life! Keep from me the spirit of indifference and discouragement, lust of power, and idle chatter.

*Prostration*

Instead, grant to me, your servant, the spirit of wholeness of being, humble-mindedness, patience, and love.

*Prostration*

O Lord and King! Grant me the grace to be aware of my sins and not to judge my brothers and sisters; for You are blessed, now and forever and ever. Amen.

*Prostration*

God, be merciful to me a sinner!  
God, cleanse me of my sins  
and have mercy on me!  
I have sinned without number,  
forgive me, O Lord!



# Sunday of Orthodoxy

The First Sunday of Great Lent is kept as the anniversary of the restoration of the Holy Icons to veneration and honour after the final defeat of the iconoclast heresy. The Seventh Ecumenical Council in the year 787 condemned the iconoclast heresy, but the final restoration of the Holy Icons did not take place until 843, with a solemn procession on the first Sunday of Lent in that year. Ever since then, all the churches of the Byzantine tradition, including our Ukrainian Catholic Church, remember that event joyfully. The reference to “Orthodoxy” in the title of this First Sunday of Lent is not denominational; it refers to all those who venerate the Holy Icons properly in divine worship. The Catholic Church fully accepts the Seventh Ecumenical Council and the proper veneration and use of the Holy Icons. So the restoration of the Holy Icons is a cause of joy for all Christians who accept the proper use of the Holy Icons. In our own times, we rejoice further to see an increasing appreciation of the importance of the Holy Icons among Anglicans, Lutherans and other Western Christians.

The veneration of the Holy Icons is based on fundamental Christology, on our belief in the incarnation of the Son of God, and on our understanding of salvation for the Holy Mother of God and the saints. In the Incarnation, God did not simply speak to us, or come to us intellectually; *God became Man. The Second Person of the Holy Trinity, God the Son, by the Will of His Father and the cooperation of the Holy Spirit, took on Himself a human nature in the body of the Blessed Virgin Mary, who thus became Theotokos, the Holy Mother of God.*

The human nature and the divine nature of Jesus Christ, Who is always One unique person, are never separated. Instead, human nature is *redeemed* by Christ’s assumption of that human nature. When Jesus Christ ascended into Heaven, He did not leave His human nature behind; He brought that redeemed human nature with Him, and

thus accomplished the plan of our redemption. Thus it became right, appropriate, and necessary to venerate the humanity of Our Lord Jesus Christ.

Likewise with the Blessed Mother of God and all the saints. To be a saint means that a Christian gains such holiness, such deep union with God, that the image of God in that person, given at creation, shines in and through that person without distortion. In venerating the icons of the saints, then, we venerate the image of God in the saints.

The root of iconoclasm, the denial of the Holy Icons, is a false Christology: either the iconoclast denies the full humanity of Christ, and therefore cannot venerate that humanity whose very existence he does not accept, or the iconoclast denies the full divinity of Christ, and naturally cannot give divine honours to someone whose divinity he does not recognize. But our Christian Faith teaches us that Jesus Christ is True God and True Man, One Person incarnate in two natures.

So we venerate the Holy Icons; we love them and we take pride in them. In the twentieth century there has been a remarkable revival of good iconography. Authentic icons are a powerful means of preaching the Gospel, of elevating our souls to God. Of course we wish to have the best icons in our churches, but icons should also be present in our homes. Every family can surely have at least one fine, hand-painted icon, in a place of honour, expressing our faith and reminding us of God’s protecting love.

Naturally we venerate and enjoy the holy icons throughout the year. But Sunday of Orthodoxy is a day when we remember this in a special way.

Excerpt from *Our Paschal Pilgrimage. A Guide for the Great Fast for Ukrainian Catholics* by Bishop Basil Losten.

## *Prayer for the Afflicted People of Ukraine in Time of War*

O Lord Jesus Christ, our God, we entreat You to hear the earnest prayer of Your beloved Church of Kievan Rus’ for her deeply afflicted children abiding in the land of Ukraine. Behold their grave sorrow and grievous plight, and speedily come to their aid. Deliver Your vulnerable people from unjust aggressors, foreign invasion and the terror of war. Strengthen courageous defenders of the nation to fight virtuously, inspired more by love of those they protect than hatred of the enemy. O compassionate Lord, shelter the displaced, heal the wounded, console the orphan, protect the widow, comfort those who mourn, and mercifully receive into Your Kingdom those who have nobly died guarding their homeland against every aggression. Quickly make cease the spilling of blood of friend and foe alike, yet stir many to bravely struggle for that true justice which alone can bring lasting peace. O kind-hearted Lord, as You are our peace, soften the hearts of the unmerciful and convert those who promote hostilities toward reconciliation, so that Your beloved children of the land of Ukraine, may abide in that tranquility, justice and freedom which reflects your Kingdom, where You reign with Your eternal Father, and Your most holy, good and life-giving Spirit, now, and forever and ever.



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Holy Eucharist  
Parish presents

**Cinema  
Divina**

Viewing movies  
through the lens  
of scripture



**7:00 pm Sunday  
February 26**

460 Munroe Ave, Winnipeg  
Telephone: 204 881-3150

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### For Turkey and Syria

We pray for the people of Turkey and Syria, that the Lord God look upon them with mercy and deliver them from the effects of this earthquake; that he give strength to rescue workers and to all those bringing aid to the afflicted; that those who mourn may be granted divine comfort and assurance; and that all who have died may receive the forgiveness of their sins, voluntary and involuntary; we pray you Lord, hear us, and have mercy.

### Please remember in your prayers our parishioners!

Lavinia Aftanas, Jane Budzen, Sophie Demjanew, Jennie Huchko, Jack Kisil, Nadia Kowal, Olga (Ollie) Kowalski, Milly Manitowich, Jean Rotinsky, Fr. Victor Yakowchuk.

Offerings	Sunday, Feb 12	Sunday, Feb 19
Envelopes	\$ 2700.00	\$ 705.00
Open collection	\$ 35.00	\$ 70.00
Candles	\$ 24.95	\$ 25.40
Flowers	\$ 0.00	\$ 0.00
Initial Offering	\$ 15.00	\$ 0.00
Sorokousty	\$ 0.00	\$ 0.00
Sacred Art	\$ 0.00	\$ 0.00
<b>Total</b>	<b>\$ 2774.95</b>	<b>\$ 800.40</b>

## Parish Schedule Feb 26 - Mar 5, 2023

*According to liturgical prescriptions, the Divine Liturgy is not celebrated on the weekdays of the Great Fast.*

### Sunday, February 26

Sunday of Orthodoxy; Octoechos Tone 5; Holy Father Porphyrius. *Great Fast Day 7.*

Heb 11:24-26,32-40; 12:1-2; Jn 1:43-51.

08:00 am Divine Liturgy (for parishioners) (Ukr)

10:00 am Divine Liturgy (for parishioners) (Eng)

07:00 pm Cinema Divina

### Monday, February 27

Venerable Confessor Procopius the Decapolitan.

*Great Fast Day 8. Abstinence from meat and foods that contain meat.* Is 4:2-5:6; Gen 3:21-4:7; Prov 3:34-4:22. *No Services.*

### Tuesday, February 28

Venerable Father and Confessor Basil.

*Great Fast Day 9.*

Is 5:7-16; Gen 4:8-15; Prov 5:1-15.

08:00 am Lenten Matins

07:00 pm Marriage Preparation Class

### Wednesday, March 1

Venerable-Martyr Eudocia.

*Great Fast Day 10. Polyeleos Feast. Abstinence from meat and foods that contain meat.*

Is 5:16-26; Gen 4:16-26; Prov 5:15-6:3.

08:00 am Lenten Matins

12:30 pm Seniors Club

05:30 pm Liturgy of the Presanctified Gifts

07:00 pm UCWLC Meeting

### Thursday, March 2

Priest-Martyr Theodotus, Bishop of Cyrenia.

*Great Fast Day 11.*

Is 6:1-12; Gen 5:1-24; Prov 6:3-20.

08:00 am Lenten Matins

### Friday, March 3

Holy Martyrs Eutropius and His Companions.

*Great Fast Day 12. Abstinence from meat and foods that contain meat.* Is 7:1-14; Gen 5:32-6:8; Prov 6:20-7:1.

08:00 am Lenten Matins

03:00 pm Way of the Cross

### Saturday, March 4

All Souls Saturday; Venerable Father Gerasimus.

*Great Fast Day 13.* Heb 3:12-16; 1 Thes 4:13-17; Mk 1:35-44; Jn 5:24-30.

09:00 am Divine Liturgy (+Thomas Bodie by Janice Bodie)

10:00 am Sorokousty

04:30 pm Confessions

06:00 pm Great Vespers

### Sunday, March 5

2nd Sunday of the Great Fast: St. Gregory of Palamas.

Octoechos Tone 6. *Great Fast Day 14.*

Heb 1:10-2:3; Mk 2:1-12.

08:00 am Divine Liturgy (for parishioners) (Ukr)

10:00 am Divine Liturgy (for parishioners) (Eng)