

Church Address

505 Watt Street

Office & Mailing Address

460 Munroe Avenue

Winnipeg, MB R2K 1H4

Office Hours

Mon-Fri 9:00 am - 3:00 pm

Office Telephone

204-667-8866

Pastoral Emergencies

204-881-3150

Parish Website

holyeucharist.ca

Facebook

holyeucharistwinnipeg

Archeparchy Website

archeparchy.ca

Pastor

Fr. Michael Winn

Office: 204-667-8866

Main Cell: 587-937-5756

Local Cell: 204-881-3150

winn.heparish@gmail.com

Parish Office Administration

Carlene Deptuch

Office: 204-667-8866

heparish@gmail.com

Parish Facility Rentals

204-667-8866

Perogy Hotline

204-667-6304

Parish Bookstore

204-334-2081

Sunday Services

6:00 pm (Sat) - Great Vespers

8:00 am - Ukrainian

10:00 am - English

Confessions

4:30-6:00 pm Saturdays

or by appointment

Marriage

Please make arrangements with the Pastor

Baptism, Chrismation, Eucharist

Please make arrangements with the Pastor

HOLY EUCHARIST

UKRAINIAN CATHOLIC CHURCH

Українська Католицька Церква Пресвятої Євхаристії

Sunday, March 5, 2023



Second Sunday of the Great Fast, Octoechos Tone 6

*Holy Martyr Conon****Troparia and Kontakia***

Troparion, Tone 6: Angelic powers were upon Your tomb* and the guards became like dead men;* Mary stood before Your tomb* seeking Your most pure body.* You captured Hades without being overcome by it.* You met the Virgin and granted life.* O Lord, risen from the dead,* glory be to You!

Glory... Now...

Kontakion, Tone 4: The time for action is now revealed;* the Judge is at the door.* Let us rise and keep the fast,* offering tears of contrition with alms and crying aloud:* our sins are more numerous than the sands of the sea,* but forgive us, O Maker of all, that we may receive incorruptible crowns.

Prokeimenon, Tone 5

You, O Lord, will guard us* and will keep us* from this generation* and forever.

verse: Save me, O Lord, for there is no longer left a just man. (Psalm 11:8,2)

Epistle - Hebrews 1:10-2:3

Brothers and Sisters, "You, LORD, in the beginning laid the foundation of the earth, and the heavens are the work of Your hands. They will perish, but You remain; and they will all grow old like a garment; like a cloak You will fold them

up, and they will be changed. But You are the same, and Your years will not fail." But to which of the angels has He ever said: "Sit at My right hand, till I make Your enemies Your footstool"? Are they not all ministering spirits sent forth to minister for those who will inherit salvation? Therefore we must give the more earnest heed to the things we have heard, lest we drift away. For if the word spoken through angels proved steadfast, and every transgression and disobedience received a just reward, how shall we escape if we neglect so great a salvation, which at the first began to be spoken by the Lord, and was confirmed to us by those who heard Him.

Alleluia, Tone 6

verse: He who lives in the aid of the Most High, shall dwell under the protection of the God of heaven.

verse: He says to the Lord: You are my protector and my refuge, my God, in Whom I hope. (Psalm 90:1,2)

Gospel - Mark 2:1-12

At that time, Jesus entered Capernaum after some days, and it was heard that He was in the house. Immediately many gathered together, so that there was no longer room to receive them, not even near the

Anointing of the Sick

Please make arrangements with the Pastor

Funerals

Please make arrangements with the Pastor

Divine Liturgy Intentions

Please make arrangements with the Pastor

Catechism

Contact forthcoming

Parish Pastoral Council

Curtis Shupenia
204-667-8866

UCWLC

Emily Hawrysh
204-668-8013
Travelling Icon
Evelyn Tymchak
204-667-6791

Millennium Seniors' Club

Bernice Hrehirchuk
204-669-2068
Wednesday, 12:30 pm

Young Adults (18-35)

Contact forthcoming

Cinema Divina

Monthly.
Contact Fr. Michael

door. And He preached the word to them. Then they came to Him, bringing a paralytic who was carried by four men. And when they could not come near Him because of the crowd, they uncovered the roof where He was. So when they had broken through, they let down the bed on which the paralytic was lying. When Jesus saw their faith, He said to the paralytic, "Son, your sins are forgiven you." And some of the scribes were sitting there and reasoning in their hearts, "Why does this Man speak blasphemies like this? Who can forgive sins but God alone?" But immediately, when Jesus perceived in His spirit that they reasoned thus within themselves, He said to them, "Why do you reason about these things in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven you,' or to say, 'Arise, take up your bed and walk'? But that you may know that the Son of Man has power on earth to forgive sins"—He

said to the paralytic, "I say to you, arise, take up your bed, and go to your house." Immediately he arose, took up the bed, and went out in the presence of them all, so that all were amazed and glorified God, saying, "We never saw anything like this!"

Hymn to the Mother of God

In you, O Full of Grace, all creation rejoices: the angelic ranks and all the human race. Sanctified temple and spiritual paradise, virgins' pride and boast, from whom God is made flesh and became a little Child; and He who is our God before all ages, He made your womb a throne, and He made it wider than all the heavens. In you, O Full of Grace, all creation rejoices. Glory be to you.

Communion Hymn

Praise the Lord from the heavens,*
praise Him in the highest.* Alleluia, alleluia,* alleluia. (Psalm 148:1)



Our Lenten Mission with Fr. Michael Bombak

7:00 pm

Monday, March 13 to Wednesday, March 15

(Presanctified Liturgy on Wednesday at 5:30 pm)

All are welcome! Invite your friends!

St. Gregory Palamas

The Second Sunday of Lent is kept as a feast of Saint Gregory Palamas, the Archbishop of Thessaloniki in the fourteenth century. Like the restoration of the holy icons, this memorial of Saint Gregory has to do with historical events, but also relates to our understanding of the Christian vocation, and the possibility for every Christian to achieve genuine holiness. Saint Gregory taught that all Christians are called to union with God, which is the object of the Christian life. Saint Gregory was a great ascetic, and a great master of the monastic life, but he taught that this invitation to union with God is open to every Christian. This is the challenge of Lent, but that challenge faces us all year round. Likewise this is the challenge of monasticism, but not just for the monks and nuns. The Holy Father has expressed it very well: "...in the East, monasticism was not seen merely as a separate condition, proper to a precise category of Christians, but rather as a reference point for all the baptized, according to the gifts offered to each by the Lord; it was presented as a symbolic synthesis of Christianity." (Pope John Paul II, *Oriente Lumen*, 9)

A reference point and a synthesis. The monks and nuns must always remember that in this way they are responsible to and for the whole Christian people, and all of us should seek to nourish our Christian lives with the values which the monastics particularly exemplify.

Saint Gregory Palamas himself has enjoyed an increasing popularity in the past fifty years or so. His spiritual theology is not absolutely binding, but he is an important and influential figure in patristic spirituality. At one time, Saint Gregory's ideas were highly controversial, and his memorial was removed from our liturgical books after the Synod of Zamost'. But with the recent profound studies of Saint Gregory, and the deeper appreciation of the Christian East, the Holy See restored Saint Gregory's memorial on the Second Sunday of Great Lent in the Anthologion published by the Oriental Congregation. Our own Patriarch Joseph Cardinal Sliptyj made a strong and positive contribution to this restoration of Saint Gregory Palamas to Catholic liturgical practice... the new English translation of the Lenten Triodion contains the full service to St. Gregory Palamas, and ... this will increase our understanding of our spiritual and theological tradition.

From *Our Paschal Pilgrimage* by Bishop Basil Losten.

Prayer for the Afflicted People of Ukraine in Time of War

O Lord Jesus Christ, our God, we entreat You to hear the earnest prayer of Your beloved Church of Kievan Rus' for her deeply afflicted children abiding in the land of Ukraine. Behold their grave sorrow and grievous plight, and speedily come to their aid. Deliver Your vulnerable people from unjust aggressors, foreign invasion and the terror of war. Strengthen courageous defenders of the nation to fight virtuously, inspired more by love of those they protect than hatred of the enemy. O compassionate Lord, shelter the displaced, heal the wounded, console the orphan, protect the widow, comfort those who mourn, and mercifully receive into Your Kingdom those who have nobly died guarding their homeland against every aggression. Quickly make cease the spilling of blood of friend and foe alike, yet stir many to bravely struggle for that true justice which alone can bring lasting peace. O kind-hearted Lord, as You are our peace, soften the hearts of the unmerciful and convert those who promote hostilities toward reconciliation, so that Your beloved children of the land of Ukraine, may abide in that tranquility, justice and freedom which reflects your Kingdom, where You reign with Your eternal Father, and Your most holy, good and life-giving Spirit, now, and forever and ever.



Prayer of St. Ephrem the Syrian

O Lord and Master of my life! Drive from me the spirit of indifference and discouragement, lust for power, and idle chatter. (*great prostration*)

Instead, grant to me, your servant, the spirit of integrity, humility, patience, and love. (*great prostration*)

Yes, O Lord and King! Let me see my own sins and not judge my brothers and sisters; for you are blessed for ever and ever. Amen. (*great prostration*)

*Followed by 12 small prostrations,
with the sign of the Cross:*

God, be merciful to me a sinner!

God, cleanse me of my sins and have mercy on me!

I have sinned without number, forgive me, O Lord!

ANNOUNCEMENTS

UCWLC Holy Eucharist Branch meeting this Wednesday at the Parish Centre at 7:00 pm.

Congratulations to the UCLWC on their sell-out Ukrainian Food Sale that took place on March 4.

Constable McIntyre of the Winnipeg Police Service will speak about **scams and crimes** to the Tops Group this Friday, March 10 at 10:00 am in the multi-purpose room in the parish centre. All are welcome to join.

Sorokousty Service this Saturday at 10:00 am.

The UCWLC of St. Nicholas Parish will be hosting a Lenten Reflection by Fr. Gabriel Haber, OSBM entitled, **The Witness of Christ in the Post-COVID-19 Pandemic**, on Saturday, March 11, 8:30am-12:00pm, at St. Nicholas Parish, 737 Bannerman Avenue. Cost: \$5.00.

Prayers requested for our clergy as they gather for a Clergy Conference this Wednesday.

+**Mrs. Lillian Sianchuk**, mother of Fr. John Sianchuk, CSsR, reposed in the Lord on February 25, 2023. Prayers for her eternal rest will be at St. Joseph Parish 250 Jefferson on Sunday, March 5 at 6:30 pm and 10:00 am on Monday, March 6.

Our **Lenten Mission** will start soon! Please see details elsewhere in the bulletin!

Time change this coming Saturday evening! Please set your clocks one hour ahead on Saturday night to Sunday morning.

Please remember in your prayers our parishioners!

Lavinia Aftanas, Jane Budzen, Sophie Demjanew, Sophie Gierys, Jennie Huchko, Jack Kisil, Nadia Kowal, Olga Kowalski, Milly Manitowich, Jean Rotinsky, Fr. Victor Yakowchuk.

Offerings	Sunday, Feb 19	Sunday, Feb 26
Envelopes	\$ 705.00	\$ 3030.00
Open collection	\$ 70.00	\$ 25.00
Candles	\$ 25.40	\$ 14.00
Flowers	\$ 0.00	\$ 20.00
Initial Offering	\$ 0.00	\$ 120.00
Youth Ministry	\$ 0.00	\$ 4.00
Sacred Art	\$ 0.00	\$ 20.00
Lenten Mission	\$ 0.00	\$ 40.00
Met. Lent Charity	\$ 0.00	\$ 40.00
Total	\$ 800.40	\$ 3349.00

Parish Schedule March 5-12, 2023

According to liturgical prescriptions, the Divine Liturgy is not celebrated on the weekdays of the Great Fast.

Sunday, March 5

2nd Sunday of the Great Fast: St. Gregory of Palamas. Octoechos Tone 6. *Great Fast, Day 14.*

Heb 1:10-2:3; Mk 2:1-12.

08:00 am Divine Liturgy (for parishioners) (Ukr)

10:00 am Divine Liturgy (for parishioners) (Eng)

Monday, March 6

42 Martyrs of Ammorium (848). *Great Fast, Day 15. Abstention from meat and foods that contain meat.*

Is 8:13-9:7; Gen 6:9-22; Prov 8:1-21.

No Services.

Tuesday, March 7

Holy Priest-Martyrs and Bishops of Cherson Basil, Ephrem, Capiton, Eugene, Etherius and Others.

Great Fast, Day 16.

Is 9:9-10:4; Gen 7:1-5; Prov 8:32-9:11.

08:00 am Lenten Matins

07:00 pm Marriage Preparation Class

Wednesday, March 8

Venerable Father and Confessor Theophilactus.

Great Fast, Day 17. Abstention from meat and foods that contain meat. Is 10:12-20; Gen 7:6-9; Prov 9:12-18; Is 43:9-14; Wis 3:1-9; 5:15-6:3.

08:00 am Lenten Matins

12:30 pm Seniors Club

05:30 pm Liturgy of the Presanctified Gifts

07:00 pm UCWLC Meeting

Thursday, March 9

40 Martyrs of Sebaste. *Great Fast, Day 18.*

Is 11:10-12:2; Gen 7:11-8:3; Prov 10:1-22; Heb 12:1-10; Mt 20:1-16.

08:00 am Lenten Matins

Friday, March 10

Holy Martyr Codratus and Those with Him.

Great Fast, Day 19. Abstention from meat and foods that contain meat.

Is 13:2-13; Gen 8:4-21; Prov 10:31-11:12.

08:00 am Lenten Matins

Saturday, March 11

All Souls Saturday; Holy Father Sophronius.

Great Fast, Day 20.

Heb 10:32-38; 1 Thes 4:13-17; Mk 2:14-17; Jn 5:24-30.

09:00 am Divine Liturgy (+Mike & +Victoria Maksymchak, Stan & Sharon Baran)

10:00 am Sorokousty

04:30 pm Confessions

06:00 pm Great Vespers

Sunday, March 12

3rd Sunday of the Great Fast: Veneration of the Holy Cross. Octoechos Tone 7; Venerable Theophanes.

Heb 4:14-5:6; Mk 8:34-9:1.

08:00 am Divine Liturgy (for parishioners) (Ukr)

10:00 am Divine Liturgy (for parishioners) (Eng)