

Church Address

505 Watt Street

Office & Mailing Address

460 Munroe Avenue
Winnipeg, MB R2K 1H4

Office Hours

Mon-Fri 9:00 am - 3:00 pm

Office Telephone

204-667-8866

Pastoral Emergencies

204-881-3150

Parish Website

holyeucharist.ca

Facebook

holyeucharistwinnipeg

Archeparchy Website

archeparchy.ca

Pastor

Fr. Michael Winn

Office: 204-667-8866

Main Cell: 587-937-5756

Local Cell: 204-881-3150

winn.heparish@gmail.com

Parish Office Administration

Carlene Deptuch

Office: 204-667-8866

heparish@gmail.com

Parish Facility Rentals

204-667-8866

Perogy Hotline

204-667-6304

Parish Bookstore

204-334-2081

Sunday Services

6:00 pm (Sat) - Great Vespers

8:00 am - Ukrainian

10:00 am - English

Confessions

4:30-6:00 pm Saturdays

or by appointment

Marriage

Please make arrangements with
the Pastor

Baptism, Chrismation, Eucharist

Please make arrangements with
the Pastor

HOLY EUCHARIST

UKRAINIAN CATHOLIC CHURCH

Українська Католицька Церква Пресвятої Євхаристії

Sunday, March 19, 2023



4th Sunday of the Great Fast: St. John Climacus. Octoechos Tone 8

Holy Martyrs Chrysanthus and Daria

Troparia and Kontakia

Troparion, Tone 8: You came down from on high, O Merciful One,* and accepted three days of burial* to free us from our sufferings.* O Lord, our life and our resurrection,* glory be to You.

Troparion, Tone 1: O John, our God-bearing father,* you were shown to be a citizen of the desert,* an angel in bodily form,* and a worker of miracles.* Through fasting, prayers and vigils you received heavenly gifts* to heal the sick and the souls of those who, in faith, run to you.* Glory to Him who gives you strength.* Glory to Him who crowned you.* Glory to Him who works healing for all through you.

Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.

Kontakion, Tone 4: On the heights of true abstinence,* the Lord established you as a reliable star,* giving light for guidance to the ends of the earth,* O father John, our teacher.

Prokeimenon, Tone 8

Pray and give praise to the Lord our God.

verse: In Judea God is known; His name is great in Israel. (Psalm 75:12,2)

Prokeimenon, Tone 8

The venerable ones will exult in glory* and they shall be joyful in their beds. (Psalm 149:5)

Epistle - Heb 6:13-20; Eph 5:9-19

Brothers and Sisters, when God made a promise to Abraham, because He could swear by no one greater, He swore by Himself, saying, "Surely blessing I will bless you, and multiplying I will multiply you." And so, after he had patiently endured, he obtained the promise. For men indeed swear by the greater, and an oath for confirmation is for them an end of all dispute. Thus God, determining to show more abundantly to the heirs of promise the immutability of His counsel, confirmed it by an oath, that by two immutable things, in which it is impossible for God to lie, we might have strong consolation, who have fled for refuge to lay hold of the hope set before us. This hope we have as an anchor of the soul, both sure and steadfast, and which enters the Presence behind the veil, where the forerunner has entered for us, even Jesus, having

Anointing of the Sick

Please make arrangements with the Pastor

Funerals

Please make arrangements with the Pastor

Divine Liturgy Intentions

Please make arrangements with the Pastor

Catechism

Contact forthcoming

Parish Pastoral Council

Curtis Shupenia
204-667-8866

UCWLC

Emily Hawrysh
204-668-8013
Travelling Icon
Evelyn Tymchak
204-667-6791

Millennium Seniors' Club

Bernice Hrehirchuk
204-669-2068
Wednesday, 12:30 pm

Young Adults (18-35)

Contact forthcoming

Cinema Divina

Monthly.
Contact Fr. Michael

become High Priest forever according to the order of Melchizedek.

Brothers and Sisters, the fruit of the Spirit is in all goodness, righteousness, and truth, finding out what is acceptable to the Lord. And have no fellowship with the unfruitful works of darkness, but rather expose them. For it is shameful even to speak of those things which are done by them in secret. But all things that are exposed are made manifest by the light, for whatever makes manifest is light. Therefore He says: "Awake, you who sleep, arise from the dead, and Christ will give you light." See then that you walk circumspectly, not as fools but as wise, redeeming the time, because the days are evil. Therefore do not be unwise, but understand what the will of the Lord is. And do not be drunk with wine, in which is dissipation; but be filled with the Spirit, speaking to one another in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord.

Alleluia, Tone 8

verse: Come, let us rejoice in the Lord; let us acclaim God our Saviour.

verse: Let us come before His countenance with praise and acclaim Him with psalms. (Psalm 94:1,2)

verse: They who are planted in the hose of the Lord shall flourish in the courts of our God. (Psalm 91:14)

Gospel - Mk 9:17-31; Mt 4:25-5:12

At that time, one of the multitude came to Jesus, bowed before Him, and said, "Teacher, I brought You my son, who has a mute spirit. And wherever it seizes him, it throws him down; he foams at the mouth, gnashes his teeth, and becomes rigid. So I spoke to Your disciples, that they should cast it out, but they could not." He answered him and said, "O faithless generation, how long shall I be with you? How long shall I bear with you? Bring him to Me." Then they brought him to Him. And when he saw Him, immediately the spirit convulsed him, and he fell on the ground and wallowed, foaming at the mouth. So He asked his father, "How long has this been happening to him?" And he said, "From childhood. And often he has thrown him both into the fire and into the water to destroy him. But if You can do anything, have compassion on us and help us." Jesus said to him, "If you can

believe, all things are possible to him who believes." Immediately the father of the child cried out and said with tears, "Lord, I believe; help my unbelief!" When Jesus saw that the people came running together, He rebuked the unclean spirit, saying to it: "Deaf and dumb spirit, I command you, come out of him and enter him no more!" Then the spirit cried out, convulsed him greatly, and came out of him. And he became as one dead, so that many said, "He is dead." But Jesus took him by the hand and lifted him up, and he arose. And when He had come into the house, His disciples asked Him privately, "Why could we not cast it out?" So He said to them, "This kind can come out by nothing but prayer and fasting." Then they departed from there and passed through Galilee, and He did not want anyone to know it. For He taught His disciples and said to them, "The Son of Man is being betrayed into the hands of men, and they will kill Him. And after He is killed, He will rise the third day."

At that time, great multitudes followed Him—from Galilee, and from Decapolis, Jerusalem, Judea, and beyond the Jordan. And seeing the multitudes, He went up on a mountain, and when He was seated His disciples came to Him. Then He opened His mouth and taught them, saying:

"Blessed are the poor in spirit,

For theirs is the kingdom of heaven.

Blessed are those who mourn,

For they shall be comforted.

Blessed are the meek,

For they shall inherit the earth.

Blessed are those who hunger and thirst for righteousness,

For they shall be filled.

Blessed are the merciful,

For they shall obtain mercy.

Blessed are the pure in heart,

For they shall see God.

Blessed are the peacemakers,

For they shall be called sons of God.

Blessed are those who are persecuted for righteousness' sake,

For theirs is the kingdom of heaven.

"Blessed are you when they revile and persecute you, and say all kinds of evil against you falsely for My sake. Rejoice and be exceedingly glad, for great is your reward in heaven, for so they persecuted the prophets who were before you.

Hymn to the Mother of God

In you, O Full of Grace, all creation rejoices: the angelic ranks and all the human race. Sanctified temple and spiritual paradise, virgins' pride and boast, from whom God is made flesh and became a little Child; and He who is our God before all ages, He made your womb a throne, and He made it wider than all the heavens. In you, O Full of Grace, all creation rejoices. Glory be to you.

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest. (Psalm 148:1)* The just man shall be in everlasting remembrance;* of evil hearsay he shall have no fear.* Alleluia, alleluia,* alleluia. (Psalm 111:6)

ANNOUNCEMENTS

Make your Lenten Confession! Saturdays, 4:40-6:00 pm and during the Lenten Mission. Aids to prepare for Confession available at the back of the church.

BVM Parish Lenten Mission with Bishop Andriy Raby on March 24-26. For more information see blessedvirginmary.ca or call 204-582-7535

Join us in person for **Ukrainian Park Catholic Children's Camp**: WILD AND FREE! Explore the Ukrainian Catholic faith in a fun filled environment. The first week of camp is July 2-9 for Gr. 7-10. The second week is July 9-16 for K-Gr. 6. Cost is \$350/week. Register online at archeparchy.ca under Ministries/Children's Camp. Interested in being a staff member or volunteer? Contact Sophia Korban, Camp Administrator, at childrenscamp@archeparchy.ca or 204-979-5924.

St. Anne's Knights of Columbus Friday Lenten Fish Frys are back. March 24 and 31 from 4-7 pm in the church hall. Come & go, rush seating, no advance tickets required. Take out or eat in. Meals include 2 types fish, (with perogies, fries, corn, trimmings, coffee/tea/juices, desserts). Ladies League Bake Sale occurring during each dinner, along with multiple raffles. Costs range up to \$15. Join us!

The **Caritas Award Dinner** will take place on April 27. This annual award dinner will honour Janelle Delorme, Sr. Norma McDonald, and Bishop Murry Chatlain under the theme of *Creating Healthy Relationships, One Conversation at a Time*. Tickets can be ordered at catholicfoundation.mb.ca

Free Seminar on Will and Estates and Estate Financial Planning with lawyers Waldy Derksen and David Charach at Klassen Funeral Home, 1897 Henderson Hwy. Sessions at 7:00 pm on March 29, April 19, May 24, June 21. Call 204-338-0331 for more information.

St John of the Ladder

Saint John, Abbot of the Monastery of Saint Catherine, on Mount Sinai, who died in 603 AD, wrote an ascetic book called *The Ladder of Divine Ascent*. This book became one of the greatest classics of Christian spirituality. It has been translated into innumerable languages, both ancient and modern; one of the first books printed in the Western Hemisphere was a Spanish translation of the *Ladder*. For several centuries there has been a Church Slavonic translation which our monks and nuns made use of; unfortunately, there is as yet no translation into modern Ukrainian.

While the *Ladder* is definitely an important work of the Eastern Christian tradition, it is by no means confined to the East. The Western Church also knows and honours this book. In the same way, while Saint John, who wrote the *Ladder* was an abbot and a great master of the monastic life, his book is not just for monks and nuns! As Pope John Paul II has written:

"I will look to monasticism in order to identify those values which I feel are very important today for expressing the contribution of the Christian East to the journey of Christ's Church towards the Kingdom. While these aspects are at times neither exclusive to monasticism nor to the Eastern heritage they have frequently acquired a particular connotation in themselves. Besides, we are not seeking to make the most of exclusivity, but of the mutual enrichment in what the one Spirit has inspired in the one Church of Christ.

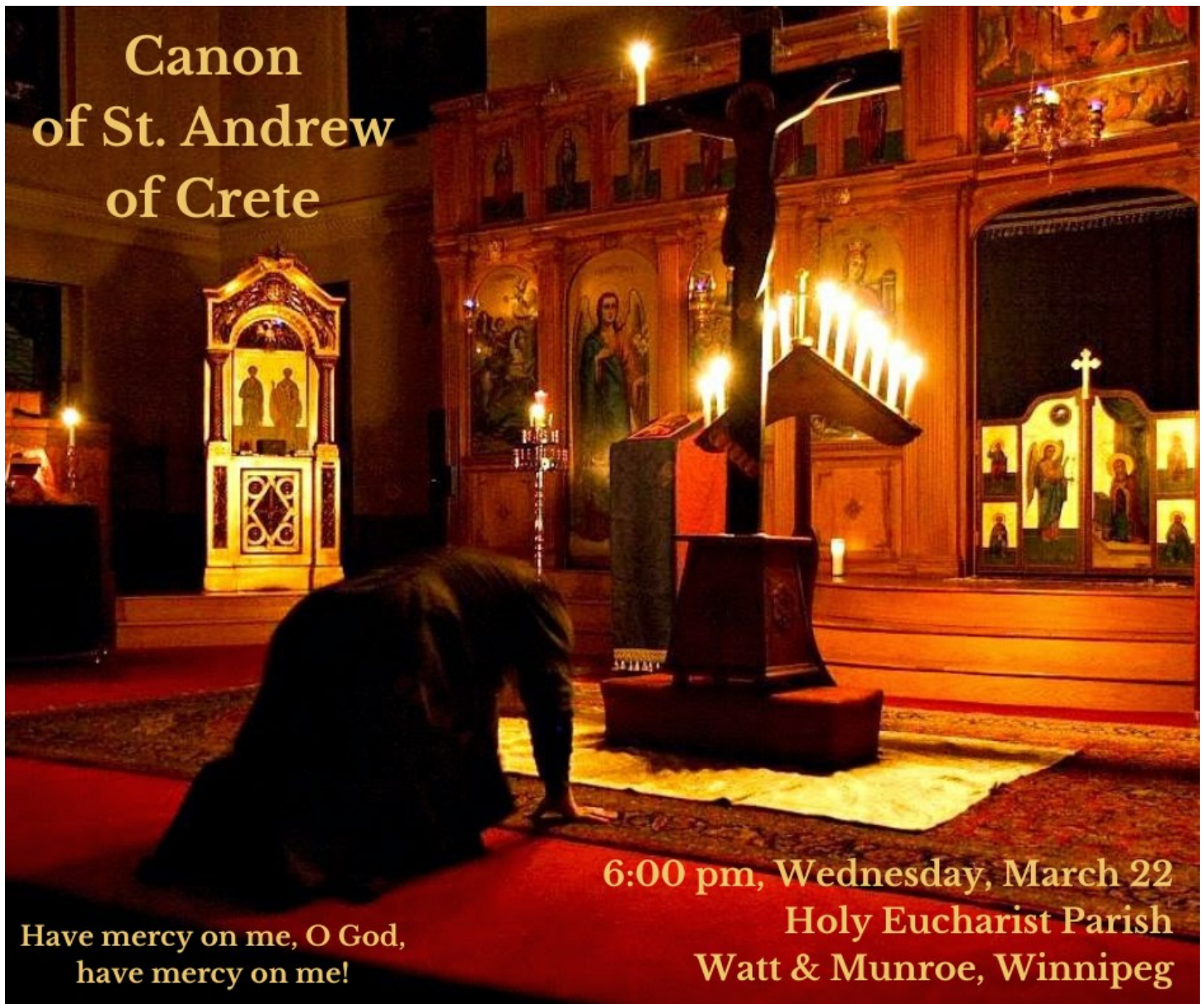
"Monasticism has always been the very soul of the Eastern Churches: the first Christian monks were born in the East and the monastic life was an integral part of the Eastern lumen passed on to the West by the great Fathers of the undivided Church" (*Orientalis Lumen*, 9)

Saint John is one of the greatest of these Fathers. And his writings, like all good spiritual and ascetical writings, should move us to improve our Christian lives. It is impossible to be "static" in our Christian practice; either we ascend further towards God, or we fall back, we fall away.

In the monastic communities of the Byzantine Churches, including our own Ukrainian Church, Saint John's book *The Ladder of Divine Ascent* is read aloud every year, during Great Lent. Perhaps we may not necessarily read *The Ladder* in our families, but we should try during Lent to read some good book of our traditional spirituality. Such a book should not be read quickly, "in one sitting." Rather, we try to let such a book teach us, speak to us, and instruct us. For this purpose, we read only a little each day, and we pray, asking God and the Saints to show us, slowly perhaps, how we are to benefit from this instruction.

From *Journey to Pascha* by Bishop Basil Losten

Canon of St. Andrew of Crete



Have mercy on me, O God,
have mercy on me!

6:00 pm, Wednesday, March 22
Holy Eucharist Parish
Watt & Munroe, Winnipeg



Great Feast of the

Annunciation

10:00 am Divine Liturgy

Saturday, March 25

Holy Day of Obligation

*Gabriel stood in your presence, O holy Virgin, and revealed
the eternal plan to you. He greeted you and announced:*

Rejoice, O earth that has not been sown!

Rejoice, O burning bush that was not consumed!

Rejoice, O unsearchable depth!

Rejoice, O bridge which leads to heaven;

O high ladder which Jacob saw!

Rejoice, O vessel of divine manna!

Rejoice, O invocation of Adam!

The Lord is with you.

Holy Eucharist Parish

Liturgical Services for Great Week and Pascha 2023

April 1 Lazarus Saturday	09:00 am 04:30 pm 06:00 pm	Divine Liturgy Confessions Great Vespers with Lytia
April 2 Flowery (Palm) Sunday	08:00 am 10:00 am	Divine Liturgy (Ukrainian) Divine Liturgy (English)
April 3 Great Monday	08:00 am 04:30 pm 05:30 pm	Bridegroom Matins Confessions Liturgy of the Presanctified Gifts
April 4 Great Tuesday	08:00 am 02:00 pm 04:30 pm	Bridegroom Matins Confessions Liturgy of the Presanctified Gifts
April 5 Great Wednesday	08:00 am 04:30 pm 05:30 pm 07:00 pm	Bridegroom Matins Confessions Liturgy of the Presanctified Gifts Holy Anointing of the Sick
April 6 Great Thursday	08:00 am 04:30 pm 05:30 pm	Matins of Great Thursday Confessions Vespers with Divine Liturgy of St. Basil the Great
April 7 Great Friday	08:00 am 10:00 am 01:00 pm 03:00 pm	Matins of Great Friday (12 Gospels) Royal Hours Confessions Vespers with the Laying-Out of the Shroud (<i>Plashchanytsya</i>)
April 8 Great Saturday	08:00 am 03:00 pm 06:30 pm	Jerusalem Matins Vespers with the Divine Liturgy of St. Basil the Great Blessing of Paschal Foods (church auditorium) followed by Confessions
April 9 PASCHA	07:30 am 08:00 am 07:00 pm	Holy Sepulchre Service Procession, Paschal Matins, Kiss of Peace, Divine Liturgy with Blessing of Artos, Blessing of Paschal Foods <i>Note: For those who wish to come only to the Divine Liturgy, it will begin about 9:15-9:30 am. Please place your Paschal Baskets in the church auditorium and do not bring into the church. The blessing will be outside weather-permitting. Thanks!</i> Agape Vespers
April 10 Bright Monday	09:00 am 07:00 pm	Divine Liturgy Vespers
April 11 Bright Tuesday	09:00 am 07:00 pm	Divine Liturgy Vespers
April 12 Bright Wednesday	09:00 am 07:00 pm	Divine Liturgy Vespers
April 13 Bright Thursday	07:00 pm	Vespers
April 14 Bright Friday	09:00 am 07:00 pm	Divine Liturgy Vespers
April 15 Bright Saturday	09:00 am 04:30 pm 06:00 pm	Divine Liturgy Confessions Great Vespers with Lytia
April 16 Thomas Sunday	10:00 am 12:00 pm	Divine Liturgy Parish Paschal Meal (church auditorium) <i>All are welcome!</i>

//////

Holy Eucharist
Parish presents

**Cinema
Divina**

Viewing movies
through the lens
of scripture



**7:00 pm Sunday
March 19**

460 Munroe Ave, Winnipeg
Telephone: 204 881-3150

//////

*I will allure you,
I will lead you into the desert
and speak to your heart.
Hosea 2:16*

Please remember in your prayers our parishioners!

Lavinia Aftanas, Jane Budzen, Sophie Demjanew, Sophie Gierys, Jennie Huchko, Jack Kisil, Nadia Kowal, Olga Kowalski, Stephanie Kupskey, Milly Manitowich, Jean Rotinsky, Fr. Victor Yakowchuk.

Offerings	Sunday, Mar 05	Sunday, Mar 12
Envelopes	\$ 1130.00	\$ 2055.00
Open collection	\$ 28.15	\$ 15.00
Candles	\$ 38.70	\$ 14.75
Flowers	\$ 0.00	\$ 50.00
Initial Offering	\$ 5.00	\$ 50.00
Youth Ministry	\$ 0.00	\$ 60.00
Sacred Art	\$ 0.00	\$ 0.00
Lenten Mission	\$ 0.00	\$ 30.00
Met. Lent Charity	\$ 125.00	\$ 0.00
Total	\$ 1327.85	\$ 2274.75

Parish Schedule March 19-26, 2023

According to liturgical prescriptions, the Divine Liturgy is not celebrated on the weekdays of the Great Fast.

Sunday, March 19

4th Sunday of the Great Fast: St. John Climacus.
Octoechos Tone 8; Holy Martyrs Chrysanthus and Daria.
Heb 6:13-20; Eph 5:9-19; Mk 9:17-31; Mt 4:25-5:12.
08:00 am Divine Liturgy (for parishioners) (Ukr)
10:00 am Divine Liturgy (for parishioners) (Eng)
07:00 pm Cinema Divina: The Island

Monday, March 20

Venerable Fathers Martyred by the Saracens at the Monastery of St. Sabbas. *Great Fast Day 29. Abstinence from meat and foods that contain meat.*
Is 37:33-38:6; Gen 13:12-18; Prov 14:27-15:4.
No Services

Tuesday, March 21

Venerable Confessor James, Bishop of Catania. *Great Fast Day 30.*
Is 40:18-31; Gen 15:1-15; Prov 15:7-19.
08:00 am Lenten Matins
07:00 pm Marriage Preparation Class

Wednesday, March 22

Holy Priest-Martyr Basil, Presbyter of Ancyra (363). *Great Fast Day 31. Abstinence from meat and foods that contain meat.*
Is 41:4-14; Gen 17:1-9; Prov 15:20-16:9.
08:00 am Lenten Matins
12:30 pm Seniors Club
06:00 pm Great Canon of St. Andrew of Crete

Thursday, March 23

Holy Venerable-Martyr Nikon and His Disciples. *Great Fast Day 32.*
Is 42:5-16; Gen 18:20-33; Prov 16:17-17:17.
No Services

Friday, March 24

Fore-feast of the Annunciation; Ven. Father Zachary. *Great Fast Day 33. Abstinence from meat and foods that contain meat.* Is 45:11-17; Gen 22:1-18; Prov 17:17-18:5; Ex 3:1-8; Prov 8:22-30; Gen 28:10-17; Ez 43:27-44:4; Prov 9:1-11.
08:00 am Lenten Matins
05:30 pm Liturgy of the Presanctified Gifts

Saturday, March 25

Annunciation of the Mother of God.
Holy Day of Obligation. Heb 2:11-18; Lk 1:24-38.
10:00 am Divine Liturgy (for parishioners)
04:30 pm Confessions
06:00 pm Great Vespers

Sunday, March 26

5th Sunday of the Great Fast: Mary of Egypt. Octoechos Tone 1; Synaxis of the Holy Archangel Gabriel.
Heb 9:11-14; Mk 10:32-45.
08:00 am Divine Liturgy (for parishioners) (Ukr)
10:00 am Divine Liturgy (for parishioners) (Eng)