

**Church Address**

505 Watt Street

**Office & Mailing Address**460 Munroe Avenue  
Winnipeg, MB R2K 1H4**Office Hours**

Mon-Fri 9:00 am - 3:00 pm

**Office Telephone**

204-667-8866

**Pastoral Emergencies**

204-881-3150

**Parish Website**

holyeucharist.ca

**Facebook**

holyeucharistwinnipeg

**Archeparchy Website**

archeparchy.ca

**Pastor**

Fr. Michael Winn

Office: 204-667-8866

Main Cell: 587-937-5756

Local Cell: 204-881-3150

winn.heparish@gmail.com

**Parish Office Administration**

Carlene Deptuch

Office: 204-667-8866

heparish@gmail.com

**Parish Facility Rentals**

204-667-8866

**Perogy Hotline**

204-667-6304

**Parish Bookstore**

204-334-2081

**Sunday Services**

6:00 pm (Sat) - Great Vespers

8:00 am - Ukrainian

10:00 am - English

**Confessions**

4:30-6:00 pm Saturdays

or by appointment

**Marriage**Please make arrangements with  
the Pastor**Baptism, Chrismation, Eucharist**Please make arrangements with  
the Pastor

# HOLY EUCHARIST

## UKRAINIAN CATHOLIC CHURCH

Українська Католицька Церква Пресвятої Євхаристії

Sunday, March 26, 2023



### Fifth Sunday of the Great Fast: Our Venerable Mother, Mary of Egypt *Octoechos Tone 1; Synaxis of the Holy Archangel Gabriel*

**Troparia and Kontakia**

*Troparion, Tone 1:* Though the stone was sealed by the Judeans,\* and soldiers guarded Your most pure body,\* You arose, O Saviour, on the third day,\* and gave life to the world.\* And so the heavenly powers cried out to You, O Giver of Life:\* Glory to Your resurrection, O Christ!\* Glory to Your kingdom!\* Glory to Your saving plan,\* O only Lover of mankind.

*Troparion, Tone 4:* Today is the crown of our salvation,\* and the unfolding of the eternal mystery;\* the Son of God becomes the Virgin's Son,\* and Gabriel brings the good tidings of grace.\* With him let us also cry to the Mother of God:\* Rejoice, Full of grace! The Lord is with you.

*Troparion, Tone 4:* Princes of the heavenly hosts,\* we, though unworthy, beg you to encircle us through your prayers\* under the shelter of the wings of your spiritual glory.\* Guard us as we come to you and sincerely cry:\* "Deliver us from dangers,\* O princes of the powers on high!"

*Kontakion, Tone 1:* You arose in glory from the tomb\* and with Yourself You raised the world.\* All humanity acclaims You as God,\* and death has vanished.\* Adam exults, O Master,\* and Eve, redeemed now from bondage, cries out for joy:\* "You are the One, O Christ, Who offer resurrection to all."

Glory be to the Father and to the Son and to the Holy Spirit.

*Kontakion, Tone 2:* Princes of God's hosts, ministers of divine glory,\* leaders of angels and guides of men,\* pray for our welfare and for great mercy,\* O princes of the incorporeal powers.

Now and for ever and ever. Amen.

*Kontakion, Tone 8:* To You, O Mother of God,\* the invincible leader,\* we, your servants, ascribe these victory hymns\* in thanksgiving for our deliverance from evil.\* With your invincible power free us from all dangers\* that we may cry out to you:\* Hail, O Bride and pure Virgin!

**Prokeimenon, Tone 1**

Let Your mercy, O Lord, be upon us, as we have hoped in You.

**Anointing of the Sick**

Please make arrangements with the Pastor

**Funerals**

Please make arrangements with the Pastor

**Divine Liturgy Intentions**

Please make arrangements with the Pastor

**Catechism**

Contact forthcoming

**Parish Pastoral Council**

Curtis Shupenia  
204-667-8866

**UCWLC**

Emily Hawrysh  
204-668-8013  
*Travelling Icon*  
Evelyn Tymchak  
204-667-6791

**Millennium Seniors' Club**

Bernice Hrehirchuk  
204-669-2068  
Wednesday, 12:30 pm

**Young Adults (18-35)**

Contact forthcoming

**Cinema Divina**

Monthly.  
Contact Fr. Michael

*verse:* Rejoice in the Lord, O you just; praise befits the righteous. (Psalm 32:22,1)

Prokeimenon, Tone 4

He makes spirits His angels and flaming fire His ministers.

**Epistle - Hebrews 9:11-14; 2:2-10**

Brothers and Sisters, Christ came as High Priest of the good things to come, with the greater and more perfect tabernacle not made with hands, that is, not of this creation. Not with the blood of goats and calves, but with His own blood He entered the Most Holy Place once for all, having obtained eternal redemption. For if the blood of bulls and goats and the ashes of a heifer, sprinkling the unclean, sanctifies for the purifying of the flesh, how much more shall the blood of Christ, who through the eternal Spirit offered Himself without spot to God, cleanse your conscience from dead works to serve the living God?

Brothers and Sisters, if the word spoken through angels proved steadfast, and every transgression and disobedience received a just reward, how shall we escape if we neglect so great a salvation, which at the first began to be spoken by the Lord, and was confirmed to us by those who heard Him, God also bearing witness both with signs and wonders, with various miracles, and gifts of the Holy Spirit, according to His own will? For He has not put the world to come, of which we speak, in subjection to angels. But one testified in a certain place, saying: "What is man that You are mindful of him, or the son of man that You take care of him? You have made him a little lower than the angels; You have crowned him with glory and honor, and set him over the works of Your hands. You have put all things in subjection under his feet." For in that He put all in subjection under him, He left nothing that is not put under him. But now we do not yet see all things put under him. But we see Jesus, who was made a little lower than the angels, for the suffering of death crowned with glory and honor, that He, by the grace of God, might taste death for everyone. For it was fitting for Him, for whom

are all things and by whom are all things, in bringing many sons to glory, to make the captain of their salvation perfect through sufferings.

**Alleluia, Tone 1**

*verse:* God gives me vindication, and has subdued peoples under me.

*verse:* Making great the salvation of the king, and showing mercy to His anointed, to David, and to His posterity forever. (Psalm 17:48,51)

*verse:* Praise the Lord, all you His angels; praise Him, all His powers. (Psalm 148:2)

**Gospel - Mk 10:32-45; Lk 10:16-21**

At that time, Jesus took the twelve aside again and began to tell them the things that would happen to Him: "Behold, we are going up to Jerusalem, and the Son of Man will be betrayed to the chief priests and to the scribes; and they will condemn Him to death and deliver Him to the Gentiles; and they will mock Him, and scourge Him, and spit on Him, and kill Him. And the third day He will rise again." Then James and John, the sons of Zebedee, came to Him, saying, "Teacher, we want You to do for us whatever we ask." And He said to them, "What do you want Me to do for you?" They said to Him, "Grant us that we may sit, one on Your right hand and the other on Your left, in Your glory." But Jesus said to them, "You do not know what you ask. Are you able to drink the cup that I drink, and be baptized with the baptism that I am baptized with?" They said to Him, "We are able." So Jesus said to them, "You will indeed drink the cup that I drink, and with the baptism I am baptized with you will be baptized; but to sit on My right hand and on My left is not Mine to give, but it is for those for whom it is prepared." And when the ten heard it, they began to be greatly displeased with James and John. But Jesus called them to Himself and said to them, "You know that those who are considered rulers over the Gentiles lord it over them, and their great ones exercise authority over them. Yet it shall not be so among you; but whoever desires to become great among you shall be your servant. And

whoever of you desires to be first shall be slave of all. For even the Son of Man did not come to be served, but to serve, and to give His life a ransom for many.”

The Lord said to His disciples, “He who hears you hears Me, he who rejects you rejects Me, and he who rejects Me rejects Him who sent Me.” Then the seventy returned with joy, saying, “Lord, even the demons are subject to us in Your name.” And He said to them, “I saw Satan fall like lightning from heaven. Behold, I give you the authority to trample on serpents and scorpions, and over all the power of the enemy, and nothing shall by any means hurt you. Nevertheless do not rejoice in this, that the spirits are subject to you, but rather rejoice because your names are written in heaven.” In that hour Jesus rejoiced in the Spirit and said, “I thank You, Father, Lord of heaven and earth, that You have hidden these things from the wise and prudent and revealed them to babes. Even so, Father, for so it seemed good in Your sight.”

### *Hymn to the Mother of God*

In you, O Full of Grace, all creation rejoices: the angelic ranks and all the human race. Sanctified temple and spiritual paradise, virgins’ pride and boast, from whom God is made flesh and became a little Child; and He who is our God before all ages, He made your womb a throne, and He made it wider than all the heavens. In you, O Full of Grace, all creation rejoices. Glory be to you.

### *Communion Hymn*

Praise the Lord from the heavens;\* praise Him in the highest.\* He makes spirits His angels,\* and flaming fire His ministers.\* Alleluia, alleluia,\* alleluia.



## **Mudra Sprava**

The Patriarchal Foundation’s effort, with the help of CNEWA, in the sponsoring of food packages for people forced to live in the war zone in Ukraine. One package consists of 13 food items: a selection of grains, flour, pasta, meat and fish, oil, canned vegetables, sugar, coffee, tea, biscuits, etc. It is sufficient to feed 2 (two) people for 1 (one) week. Cost: \$25

Make online directly to CNEWA ONLINE by credit/debit card. Go to: <https://cnewa.org/ca/work/food-boxes-for-ukraine/> OR mail it directly to CNEWA (223 Main Street, Ottawa ON K1S 1C4). Please write cheques out to CNEWA Canada, OR Drop off your donation at your local parish. Please write a cheque to Holy Eucharist Parish. All donations will be collected to remitted to CNEWA.

## **St. Mary of Egypt**

We are tempted to think of the saints as perfect people, who never did anything wrong. Since we are not like that, we might decide that we cannot become saints ourselves. This is, as I have just called it, a temptation, a deceit of the devil, the father of lies. There is no sinner who cannot repent, and become a great saint. To encourage us, on the fifth (and last) Sunday of Lent, the Church remembers Saint Mary of the Desert, Mary of Egypt as she is also called.

Mary of Egypt was a successful prostitute, and joined a pilgrimage boat to Palestine only in search of new customers! She had been baptized as a child, but she was not at all interested in the Faith. Then, however, in Jerusalem, God’s grace moved Mary to repentance, and she went out into the desert beyond the Jordan, where she led an eremitical life for many years. Shortly before she died, she met Saint Zosimas, of the monastery of Saint Sabbas, near Jerusalem; it was Saint Zosimas who gave her Holy Communion before she died, and who learned her history. Later another of the monks of Saint Sabbas became Patriarch Sophronius of Jerusalem; he wrote the life of Saint Mary. Because of her connection with the monastery of Saint Sabbas, the annual commemoration of Saint Mary of the Desert is an important one in all the Churches of the Byzantine tradition.

From one aspect, there is nothing extraordinary about Saint Mary of the Desert; in every generation there have been sinners who repented and became saints. The eremitical vocation is less common, but hermits have never been lacking in the Church. Such people do not seek publicity or notoriety; during her lifetime Saint Mary would certainly not have wanted any attention. God chose to reveal this particular saint to the Church, so that we should know that we may never despair over our sins; the possibility of repentance is always open to us.

Also, of course, it is not without significance that the last of the major saints remembered on the Sundays of Great Lent is a woman. After singing the praises of the Mother of God, we at once sing the praises of Saint Mary of the Desert. This brings to mind the recent words of the [late] Holy Father [John Paul II]:

“I would also like to mention the splendid witness of nuns in the Christian East. This witness has offered an example of giving full value in the Church to what is specifically feminine, even breaking through the mentality of the time. During recent persecutions, especially in Eastern European countries, when many male monasteries were forcibly closed, female monasticism kept the torch of the monastic life burning. The nun’s charism, with its own specific characteristics, is a visible sign of that motherhood of God to which Sacred Scripture often refers.”

Saint Hippolytus of Rome teaches:

“After His Resurrection, it was the women who were the first to see Him. Just as the first sin was introduced into the world by a woman, so it was also women who first announced life to the world. Accordingly they hear the sacred word ‘Women, rejoice’ so that the primal sorrow might be swallowed up in the joy of the Resurrection.”

From *Journey to Pascha* by Bishop Basil Losten

# ANNOUNCEMENTS

**Make your Lenten Confession!** Saturdays, 4:30-6:00 pm and during the Lenten Mission. Aids to prepare for Confession available at the back of the church.

The **Schedule for Great Week and Pascha** is available online and at the back of the church.

The **Parish Pastoral Council** will meet on Thursday, March 30 at 7:00 pm in the Parish Centre.

The pious devotion of the **Way of the Cross** will be at 3:00 pm on Thursday, March 30 in the church.

Join us in person for **Ukrainian Park Catholic Children's Camp**: WILD AND FREE! Explore the Ukrainian Catholic faith in a fun filled environment. The first week of camp is July 2-9 for Gr. 7-10. The second week is July 9-16 for K-Gr. 6. Cost is \$350/week. Register online at [archeparchy.ca](http://archeparchy.ca) under Ministries/Children's Camp. Interested in being a staff member or volunteer? Contact Sophia Korban, Camp Administrator, at [childrenscamp@archeparchy.ca](mailto:childrenscamp@archeparchy.ca) or 204-979-5924.

For the *Paschal Easter Gift for the Clergy* (all gifts are shared with the Metropolitan Archbishop), if you are gifting by cheque, please make out to the name of the pastor.

The **Parish Office** will be closed on April 6, 7, and 10.

Please note that for Pascha (Easter Sunday), while the Procession and Matins starts at 8:00 am, the Divine Liturgy portion will begin sometime between 9:15-9:30 am.

**Please remember in your prayers our parishioners!**

Lavinia Aftanas, Jane Budzen, Sophie Demjanew, Sophie Gierys, Jennie Huchko, Jack Kisil, Nadia Kowal, Olga Kowalski, Stephanie Kupskey, Milly Manitowich, Jean Rotinsky, Fr. Victor Yakowchuk.

Offerings	Sunday, Mar 12	Sunday, Mar 19
Envelopes	\$ 2055.00	\$ 1615.00
Open collection	\$ 15.00	\$ 43.05
Candles	\$ 14.75	\$ 17.25
Flowers	\$ 50.00	\$ 50.00
Initial Offering	\$ 50.00	\$ 20.00
Youth Ministry	\$ 60.00	\$ 20.00
H.E. Charity Fund	\$ 0.00	\$ 20.00
Lenten Mission	\$ 30.00	\$ 535.00
Met. Lent Charity	\$ 0.00	\$ 20.00
<b>Total</b>	<b>\$ 2274.75</b>	<b>\$ 2340.30</b>

## Parish Schedule March 26 to April 2, 2023

*According to liturgical prescriptions, the Divine Liturgy is not celebrated on the weekdays of the Great Fast.*

### Sunday, March 26

5th Sunday of the Great Fast: Mary of Egypt. Octoechos Tone 1; Synaxis of the Holy Archangel Gabriel.

Heb 9:11-14; Mk 10:32-45.

08:00 am Divine Liturgy (for parishioners) (Ukr)

10:00 am Divine Liturgy (for parishioners) (Eng)

### Monday, March 27

Holy Mother Matrona of Thessalonica.

*Great Fast Day 36. Abstention from meat and foods that contain meat.*

Is 48:17-49:4; Gen 27:1-41; Prov 19:16-25.

*No Services*

### Tuesday, March 28

Venerable Father Hilarion the New; Holy Stephen the Wonderworker. *Great Fast Day 37.*

Is 49:6-10; Gen 31:3-16; Prov 21:3-21.

08:00 am Lenten Matins

07:00 pm Marriage Preparation Class

### Wednesday, March 29

Venerable Father Mark, Bishop of Arethusa.

*Great Fast Day 38. Abstention from meat and foods that contain meat.*

Is 58:1-11; Gen 43:26-31; 45:1-16; Prov 21:23-22:4.

08:00 am Lenten Matins

12:30 pm Seniors Club

05:30 pm Liturgy of the Presanctified Gifts

### Thursday, March 30

Venerable Father John Climacus. *Great Fast Day 39.*

Is 65:8-16; Gen 46:1-7; Prov 23:15-24:5.

08:00 am Lenten Matins

03:00 pm Way of the Cross

07:00 pm Parish Pastoral Council

### Friday, March 31

Venerable Father Hypatius, Bishop of Gangra.

*Great Fast Day 40. Abstention from meat and foods that contain meat.*

Is 66:10-24; Gen 49:33-50:26; Prov 31:8-31.

08:00 am Lenten Matins

### Saturday, April 1

**Lazarus Saturday.**

Heb 12:28-13:8; Jn 11:1-45.

09:00 am Divine Liturgy (+Percy Hall by Lillian Deptuch and Elaine Bowman)

04:30 pm Confessions

06:00 pm Great Vespers

### Sunday, April 2

**Flowery (Palm) Sunday: Our Lord's Entrance into Jerusalem**

Phil 4:4-9; Jn 12:1-18.

08:00 am Divine Liturgy (for parishioners) (Ukr)

10:00 am Divine Liturgy (for parishioners) (Eng)