



HOLY EUCHARIST UKRAINIAN CATHOLIC CHURCH

Українська Католицька Церква Пресвятої Євхаристії

Sunday, September 10, 2023

Church Address

505 Watt Street

Office & Mailing Address

460 Munroe Avenue
Winnipeg, MB R2K 1H4

Office Hours

Tue-Fri 9:00 am - 3:00 pm

Office Telephone

204-667-8866

Pastoral Emergencies

204-881-3150

Parish Website

holyeucharist.ca

Facebook

holyeucharistwinnipeg

Archeparchy Website

archeparchy.ca

Pastor

Fr. Michael Winn

Office: 204-667-8866

Main Cell: 587-937-5756

Local Cell: 204-881-3150

winn.heparish@gmail.com

Parish Office Administration

Carlene Deptuch

Office: 204-667-8866

heparish@gmail.com

Parish Facility Rentals

Call 204-667-8866, Tue-Thu
for inquiries and to make
appointment for viewing

Sunday Services

8:00 am—Ukrainian

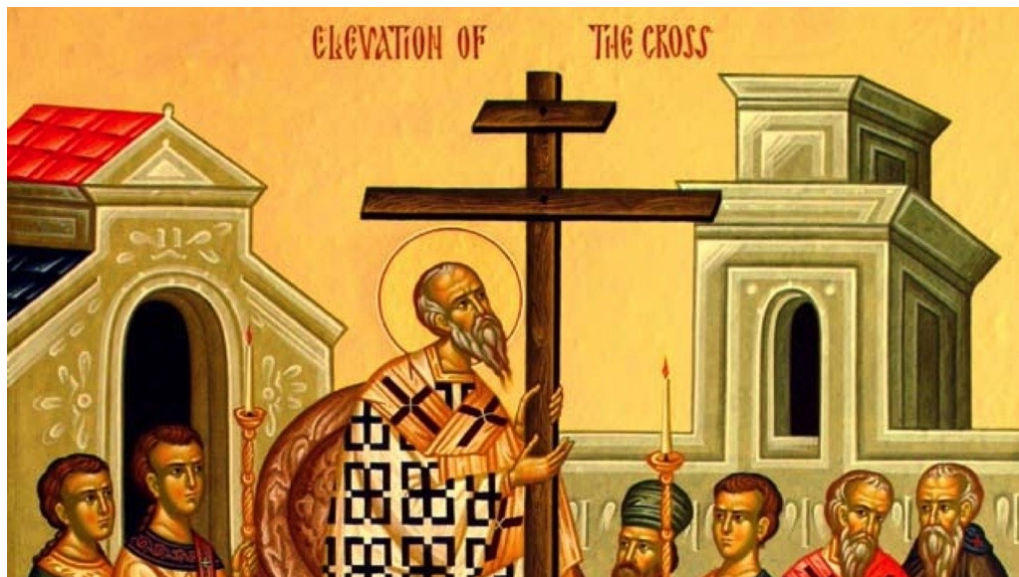
10:00 am - English

Confessions

4:00-5:00 pm Saturdays
or by appointment

Great Vespers

5:00 pm Saturdays



Sunday before the Exaltation of the Cross, Tone 6

Holy Martyrs Menodora, Metrodora, Nymphodora

Troparia and Kontakia

Troparion, Tone 6: Angelic powers were upon Your tomb* and the guards became like dead men;* Mary stood before Your tomb* seeking Your most pure body.* You captured Hades without being overcome by it.* You met the Virgin and granted life.* O Lord, risen from the dead,* glory be to You!

Troparion, Tone 4: Your nativity, O Virgin Mother of God,* has made joy known to all the world,* for from you dawned the Sun of Righteousness, Christ our God.* He abolished the curse and gave the blessing,* and by making death of no effect He bestowed on us eternal life.

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion, Tone 6: With His life-giving hand* Christ our God, the Giver of life,* raised all the dead from the murky abyss* and bestowed resurrection upon humanity.* He is for all the Saviour,* the resurrection and the life, and the God of all.

Now and for ever and ever. Amen.

Kontakion, Tone 4: By your birth, O immaculate one,* Joachim and Anna were freed from the reproach of childlessness,* and Adam and Eve* from the

corruption of death.* And your people, redeemed from the guilt of their sins,* celebrate as they cry out to you:* “The barren one gives birth to the Mother of God* and nourisher of our life.”

Prokeimenon, Tone 6

Save Your people, O Lord, * and bless Your inheritance.

verse: Unto You I will cry, O Lord, my God, lest You turn from me in silence. (Psalm 27:9,1)

Epistle - Galatians 6:11-18

Brothers and Sisters, see with what large letters I have written to you with my own hand! As many as desire to make a good showing in the flesh, these would compel you to be circumcised, only that they may not suffer persecution for the cross of Christ. For not even those who are circumcised keep the law, but they desire to have you circumcised that they may boast in your flesh. But God forbid that I should boast except in the cross of our Lord Jesus Christ, by whom the world has been crucified to me, and I to the world. For in Christ Jesus neither circumcision nor uncircumcision avails anything, but a new creation. And as many as walk according to this rule, peace and mercy be upon

Marriage

Please make arrangements with the Pastor

Baptism, Chrismation, Eucharist

Please make arrangements with the Pastor

Anointing of the Sick

Please make arrangements with the Pastor

Funerals

Please make arrangements with the Pastor

Divine Liturgy Intentions

Please make arrangements with the Pastor

Catechism

Please contact the Pastor

Parish Pastoral Council

Donna Korban
204-667-8866

UCWLC

Cathy Evanyshyn
204-669-6479
Travelling Icon
Linda Kadeshuk
204-770-5857

Millennium Seniors' Club

Bernice Hrehirchuk
204-669-2068
Wednesday, 12:30 pm

Young Adults (18-35)

Please contact the Pastor

Cinema Divina

Monthly (Sep-Jun)
Contact Fr. Michael

Perogy Hotline

204-667-6304

Parish Bookstore

204-334-2081

them, and upon the Israel of God. From now on let no one trouble me, for I bear in my body the marks of the Lord Jesus. Brothers and Sisters, the grace of our Lord Jesus Christ be with your spirit. Amen.

Alleluia, Tone 1

verse: I have exalted one chosen from among My people; with My holy oil I have anointed him.

verse: My hand shall sustain him, and my arm shall make him strong.

Gospel - John 3:13-17

The Lord said, "No one has ascended to heaven but He who came down from heaven, that is, the Son of Man who is in heaven. And as Moses lifted up the serpent in the wilderness, even so must the Son of Man be lifted up, that whoever believes in Him should not perish but have eternal life. For God so loved the

world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life. For God did not send His Son into the world to condemn the world, but that the world through Him might be saved."

Hymn to the Mother of God

O my soul, magnify the Virgin Mary, born from a barren womb.

And the Irmos, Tone 8: Virginité is alien to mothers* and childbearing is foreign to virgins;* yet in you, O Mother of God, both of them came together.* Therefore we and all the nations of the earth* without ceasing magnify you.

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest.* I will take the cup of salvation;* and I will call upon the name of the Lord (Psalm 115:13).* Alleluia, alleluia,* alleluia.

ANNOUNCEMENTS

A local seniors care facility has asked our parish to provide a late-morning prayer service once per month. If you are interested in assisting in this outreach ministry, please contact Fr. Michael directly.

There is a meeting of the **Board of Directors of Kildonan Horizons** this Friday, September 15 at 10:30 am in the board room of our parish centre.

The **UCWLC Travelling Icon** is available to come to your home for a week. Just give Linda a call or text at 204-770-5857.

Help Save Lives in Winnipeg, 40 Days for Life, September 27 - November 5, 2023. You can protect mothers and children by joining this worldwide mobilization! Through prayers and fasting, peaceful vigils, and community outreach, 40 Days For Life has inspired 1,000,000+ volunteers! Here's how to take part: Vigil Location: Outside Health Science Centre (Women's Hospital), 665 William Avenue at Sherbrook Street. Vigil Hours: 10:00 am to 5:00 pm daily. Local contact: Maria and Carol Slykerman, 204-452-2459. Learn more and get involved by visiting our campaign: 40daysforlife.com/Winnipeg

The **Welcome Home** is about to begin another season of ministry and has some

needs with which you can help. The Food Bank needs non-perishables such as: Proteins - canned ham, chicken, tuna, salmon, sardines and beans; Canned vegetables, canned tomatoes, pasta sauces; KD-Kraft dinner, rice, side kicks, minute noodles, packets of porridge; Extras: instant coffee, breakfast cereals, puddings, canned fruit or fruit cups, cookies; Hygiene items: individual size shampoo, conditioner, deodorant, bar soap, lotions, lip balm, tissues, tooth brushes, small tooth paste, women's hygiene products. We also need volunteers: Looking for a meaningful way to spend an hour or 2 during the week? How about helping with our Food Bank (Wednesday mornings)? Family Night on Thursdays? Or give an hour on an afternoon to be available to the needs of our mission? Give us a call to see what fits for you! 204-946-5352. Your kindness and generosity are always welcomed with grateful hearts! **You can place goods for Welcome Home in the box located in the narthex.**

UCWLC Food Preparation, Monday, September 11 beginning at 8:00 am in the parish centre kitchen. All members invited—please bring apron—we are steaming cabbage. Not a member? No problem. Please join us! *Many hands make light work.*

Pope Francis Met with the Bishops of the Synod of the Ukrainian Greek-Catholic Church at the Vatican

September 6, 2023 | Secretariat of the Head of the UGCC in Rome

On the morning of 6 September, a private audience with the Holy Father Francis was held at the Vatican for the Bishops of the Synod of the Ukrainian Greek Catholic Church (UGCC). In a frank conversation, the Hierarchs of the UGCC expressed the Ukrainian people's pain, suffering, and a certain disappointment.

On Pope Francis's initiative, the meeting started an hour earlier than scheduled "to have the opportunity to talk with the Ukrainian bishops for a longer time." According to His Beatitude Sviatoslav, Father and Head of the UGCC, "this meeting was a time of mutual listening and an opportunity for frank and sincere dialogue."

The bishops of the UGCC asked Pope Francis to begin the meeting with a joint prayer for a just peace in Ukraine and for all those "who are dying in our country at this moment at the hands of the Russian aggressor." The Holy Father thanked for the initiative and, together with the Ukrainian bishops, prayed the "Our Father" prayer for Ukraine and its "long-suffering people."

"In a conversation with the Holy Father, we expressed to the Pope everything that our faithful in Ukraine and throughout the world entrusted us to convey to His Holiness. Our bishops spoke in Ukrainian, English, Portuguese, and Italian," His Beatitude Sviatoslav emphasized. The bishops said that certain statements and gestures of

"the Holy See and Your Holiness are painful and difficult for the Ukrainian people, who are currently bleeding in the struggle for their dignity and independence." Misunderstandings that have arisen between Ukraine and the Vatican since the beginning of the full-scale war, the bishops explained, are used by Russian propaganda to justify and support the murderous ideology of the "Russian World", therefore "the faithful of our Church are sensitive to every word of Your Holiness as the universal voice of truth and justice."

Referring to his own words and comparisons that he had addressed, in particular, to Russian youth, the Holy Father explained: "Returning from Mongolia, I stated that the real pain is when the cultural heritage of a people undergoes 'dilution' and is subjected to manipulations from the side of a certain state power, as a result of which it is transformed into an ideology that destroys and kills. It is a great tragedy when such an ideology intrudes into the Church and replaces the Gospel of Christ."

The Holy Father also admitted that "the fact that you doubted whom the Pope is with was particularly painful for the Ukrainian people. I want to assure you of my solidarity with you and constant prayerful closeness. I am with the Ukrainian people." As a special gesture and symbol of closeness to the Ukrainian people, Pope Francis brought with him an icon of the Theotokos (Mother of God), which he



showed to the bishops of the UGCC. "This icon was given to me by His Beatitude Sviatoslav when he was a young bishop in Argentina. I pray for Ukraine every day in front of her."

The bishops also thanked Pope Francis for his constant support of Ukraine at the international level, his humanitarian actions, his personal efforts to free prisoners, the peacekeeping mission of the special papal envoy Cardinal Matteo Zuppi, etc. "Ukrainian youth were sincerely moved by the humility of your words in asking to forgive the fact that it was not possible to do more to end the war in Ukraine," said His Beatitude Sviatoslav.

The Synodal Fathers asked the Holy Father to continue his efforts for the release of prisoners of war, in particular, they mentioned the Redemptorist priests, Fr. Ivan Levytskyi and Fr. Bohdan Haleta, who are still in Russian captivity.

At the conclusion of the audience, on behalf of the Bishops of the UGCC Synod, His Beatitude Sviatoslav presented the Pope with some of the captive Redemptorists' personal belongings: a missionary cross, a prayer book, and a rosary. "These things, Your Holiness, testify to the suffering of our Church together with its people amid the horrors of the war caused by Russian aggression. As a priceless treasure, we hand them over to you with the hope that soon a just peace will come to Ukraine." The Head of the UGCC also presented His Holiness with an icon of Jesus Christ, which had been saved from the church burned by the Russians in the village of Chervone in the Zaporizhia Region.



From the Catechism...

1) *Growth of the Person from Image to Likeness of God*

125 Jesus Christ—in the image of whom the human being was created—is the incarnate Son of God, the Second Person of God, who took on human nature. Like Christ, human beings are persons. The growth of the human being from the image to the likeness of God is a personal growth. It takes place in the context of a free relationship between human beings and God. From the state of the *first Adam*, described in the book of Genesis, the human being grows to the state of the *new Adam*—Christ the God-man. “The first man Adam became a living being; the last Adam became a life-giving spirit ... The first man was from the earth, a man of dust; the second man is from heaven. As was the man of dust, so are those who are of the dust; and as is the man of heaven, so are those who are of heaven. Just as we have borne the image of the man of dust, we shall also bear the image of the man of heaven” (1 Cor 15:45-49).

126 Created good, humankind was supposed to achieve gradually perfection. For this reason Saint Irenaeus compares the condition of the first Adam in Paradise with the innocence of a child: “It was possible for God himself to have made the human being perfect from the first, but the human being could not receive this perfection, being as yet an infant.” To grow into the second Adam—Christ—is to receive the grace of the Holy Spirit to the point of our permanent abiding in it, “until all of us come to the *unity of the faith* and of the *knowledge of the Son of God*, to maturity, to the measure of the *full stature of Christ*” (Eph 4:13; emphasis added).

127 In accordance with God’s eternal plan, the divinization of human beings is possible. It is possible because of the incarnation of God’s Son, through which we receive the gift of becoming partakers in the nature of God (see 2 Pt 1:4) as *gods by grace*, and attain to eternal life. “We have not been made gods from the beginning, but at first merely human beings, then finally gods; for God has adopted this course out of his pure benevolence, that no one may impute to him invidiousness or grudgingness [i.e., envy or reluctance].” It is precisely because God has loved us that he desires for us to become like him: “Be perfect, therefore, as your heavenly Father is perfect” (Mt 5:48; see 1 Pt 1:16).

2) *The Created Nature of Humankind*

128 As the Book of Genesis tell us, God created the human being out of the “dust of the earth”—matter—breathing into us the “breath of life,” by virtue of which the human being becomes a “living being” (Gn 2:7). Holy Scripture portrays the Creator with the image of a potter, who *moulds* humankind according to his Image from the clay. This Image (see Gn 1:27) is the incarnate Son of God: “He is the image of the invisible God, the firstborn of all creation” (Col 1:15). Humankind is created in the image of the Son:

Now God ... modelled [the human being] after his own Son; for by the hands of the Father, that is, by the Son and the Holy Spirit, the whole human being, and not [merely] a part of it, was made in the likeness of God. ... for the perfect human being consists in the commingling and the union of the *soul* receiving the *Spirit of the Father*, and the admixture of that *fleshly nature* that was moulded after the image of God.

129 The image of God defines the dignity of the human being—already in the bodily state—as being *good*. The goodness of the body especially consists in the fact that in our relationships, through the body, we are able to express ourselves as persons. We receive this ability as a gift from God. The human body is able to receive into itself the Spirit of God; and so, the apostle Paul refers to the human body as the “temple of the Holy Spirit” (1 Cor 6:19). Here lies the *mystery* of the body and the fullness of its destiny. This is why Christianity regards the human body as a temple, consecrated for the service of God and neighbour.

130 Having created us in his own image, God calls us to holiness: “May the God of peace himself sanctify you entirely; and may your spirit and soul and body be kept sound and blameless” (1 Thes 5:23). Saint Gregory of Nyssa thus states that Saint Paul uses “the word ‘body’ for the nutritive part; denoting the sensitive [part] by the word ‘soul,’ and the intellectual by the word ‘spirit.’”

131 For the sanctification of humankind, God gave one commandment. We read: “of the tree of the knowledge of good and evil you shall not eat” (Gn 2:17). The fulfilment of this one commandment in Paradise would have permitted humankind to eat of the “tree of life;” it would have allowed them “to receive immortality as reward from [God];” and it would have transfigured them “into one Spirit with the Lord,” into “a spiritual being, who has surrendered the body to the authority of the Spirit.”





Nomination

Tuesday, November 7 | 6:00 pm
Cathedral of Saints Volodymyr and Olha, Winnipeg

Cheirontonia (Episcopal Ordination)

Wednesday, November 8 | 10:00 am
Cathedral of Saints Volodymyr and Olha, Winnipeg

Farewell Divine Liturgy

Sunday, November 12
Blessed Virgin Mary Parish, Winnipeg

Enthronement (Installation)

Saturday, November 18 | 10:00 am
Protection of the Blessed Virgin Mary Parish, Vancouver

Welcome and First Solemn Hierarchical Divine Liturgy

Sunday, November 19 | 10:00 am
Holy Eucharist Cathedral, New Westminster



Exaltation of the Holy Cross

Wednesday, September 13, 5:00 pm
Great Vespers with Lytia

Thursday, September 14, 7:00 am
Festal Matins

Thursday, September 14, 9:00 am
Festal Divine Liturgy
Holy Day of Obligation

Інсайти Експертів Expert Insights

Серія Вебінарів | Webinar Series
2023/24



Теми вебінару включають:

Написання резюме, особиста безпека, культура на робочому місці, молодіжні організації, жіночі організації, житло тощо.

Webinar Topics Include:

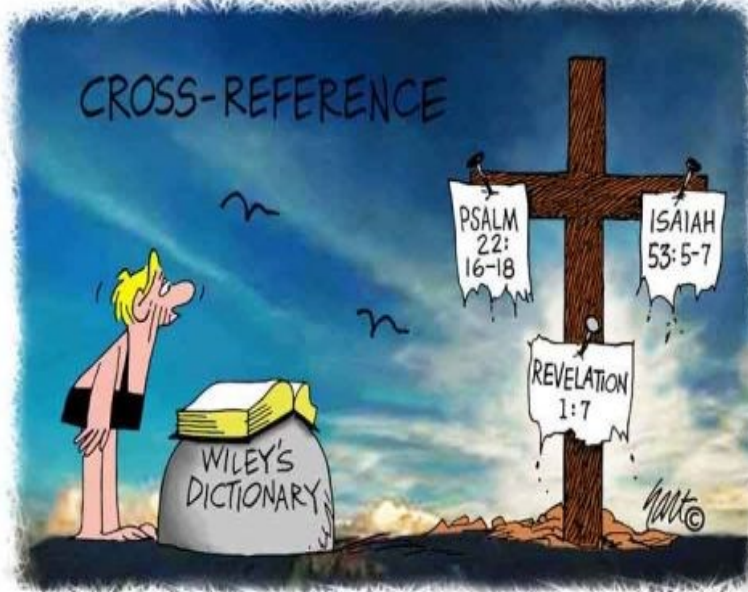
Resume Writing, Personal Safety, Workplace Culture, Youth Organizations, Women's Organizations, Housing, and more.

14 вересня	September 14
28 вересня	September 28
12 жовтня	October 12
26 жовтня	October 26
9 листопада	November 9
23 листопада	November 23
7 грудня	December 7

20:00 EST

ucc.ca/expert-insights/

*Troubles remind the wise man of God,
but crush those who forget Him.
St. Mark the Ascetic*



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Holy Eucharist
Parish presents

**Cinema
Divina**

Viewing movies
through the lens
of scripture

Potluck at 6:00 pm
Movie at 7:00 pm



**Sunday
September 24**

460 Munroe Ave, Winnipeg
Telephone: 204 881-3150

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*For God so loved the world
that He gave His only begotten Son,
that whoever believes in Him
should not perish but have everlasting life.*

Please remember in your prayers our parishioners!

Lavinia Aftanas, Matthew Bakan, Jane Budzen, Sophie Gierys, Jennie Huchko, Jack Kisil, Nadia Kowal, Olga Kowalski, Stephanie Kupskey, Milly Manitowich, Jean Rotinsky, Anna Senyk, Jean Stewart, Fr. Victor Yakowchuk.

Offerings	Sunday, Aug 27	Sunday, Sep 03
Envelopes	\$ 1215.00	\$ 1445.00
Open collection	\$ 60.00	\$ 36.00
Candles	\$ 29.00	\$ 18.25
Mission	\$ 0.00	\$ 100.00
Andrew's Pence	\$ 0.00	\$ 20.00
Seminary	\$ 0.00	\$ 20.00
CCCB	\$ 0.00	\$ 40.00
Total	\$ 1304.00	\$ 1679.25

Parish Schedule Sep 10-17, 2023

Sunday, September 10

Sunday before the Exaltation of the Cross, Tone 6. Post-feast of the Nativity. Holy Martyrs Menodora, Metrodora, Nymphodora.

Gal 6:11-18; Jn 3:13-17.

08:00 am Divine Liturgy [Ukr] (for parishioners)

10:00 am Divine Liturgy [Eng] (for parishioners)

Monday, September 11

Post-feast of the Nativity of the Mother of God; Our Venerable Mother Theodora of Alexandria (474-91).

Gal 4:28-5:10; Mk 6:54-7:8.

No Services.

Tuesday, September 12

Leave-taking of the Nativity. Holy Priest-Martyr Autonomus (284-305).

Gal 5:11-21; Mk 7:5-16.

07:00 am Daily Matins

Wednesday, September 13

Commemoration of the Dedication of the Holy Church of the Resurrection of Christ Our God. Forefeast of the Exaltation of the Cross. Holy Priest-Martyr Cornelius the Centurion.

Gal 6:2-10; Mk 7:14-24.

07:00 am Daily Matins

12:00 pm Seniors Club

05:00 pm Great Vespers with Lytia

Thursday, September 14

The Universal Exaltation of the Precious and Life-Giving Cross.

Feast of our Lord. Holy Day of Obligation. Abstinence from meat and foods that contain meat.

1 Cor 1:18-24; Jn 19:6-11, 13-20, 25-28, 30-35.

07:00 am Festal Matins

09:00 am Divine Liturgy (for parishioners)

Friday, September 15

Post-feast of the Exaltation. Holy Great-Martyr Nicetas.

Abstinence from meat and foods that contain meat.

Eph 1:7-17; Mk 8:1-10.

07:00 am Daily Matins

Saturday, September 16

Saturday after the Exaltation of the Cross. Holy Great-Martyr Euphemia.

1 Cor 1:26-29; Jn 8:21-30.

No Services.

Sunday, September 17

Sunday after the Exaltation, Tone 7. Holy Martyr Sophia, & Her Three Daughters Faith, Hope and Love.

Gal 2:16-20; Mk 8:34-9:1.

08:00 am Divine Liturgy [Ukr] (for parishioners)

10:00 am Divine Liturgy [Eng] (for parishioners)