

Church Address505 Watt Street

Office & Mailing Address 460 Munroe Avenue Winnipeg, MB R2K 1H4

Office Hours
Tue-Fri 9:00 am - 3:00 pm

Office Telephone 204-667-8866

Pastoral Emergencies 204-881-3150

Parish Website holyeucharist.ca

Facebook holyeucharistwinnipeg

Archeparchy Website archeparchy.ca

Pastor

Fr. Michael Winn
Office: 204-667-8866
Main Cell: 587-937-5756
Local Cell: 204-881-3150
winn.heparish@gmail.com

Parish Office Administration

Carlene Deptuch
Office: 204-667-8866
heparish@gmail.com

Parish Facility Rentals

Call 204-667-8866, Tue-Thu for inquiries and to make appointment for viewing

Sunday Services

8:00 am—Ukrainian 10:00 am - English

Confessions

4:00-5:00 pm Saturdays or by appointment

Great Vespers5:00 pm Saturdays

HOLY EUCHARIST UKRAINIAN CATHOLIC CHURCH

Українська Католицька Церква Пресвятої Євхаристії

Sunday, February 4, 2024



Sunday of the Fearful Judgement (Meatfare). Octoechos Tone 3

Venerable Father Isidore of Pelusium

Troparia and Kontakia

Troparion, Tone 3: Let the heavens be glad, let the earth rejoice,* for the Lord has done a mighty deed with His arm.* He trampled death by death. He became the first-born of the dead;* He saved us from the abyss of Hades* and granted great mercy to the world.

Troparion, Tone 1: Rejoice, full of grace, Virgin Mother of God!* From you there dawned the Sun of Righteousness, Christ our God,* who enlightens those who dwell in darkness.* And you, O righteous Elder, be glad!* You received in your embrace* the Liberator of our souls,* who grants us resurrection.

Glory...

Kontakion, Tone 1: When You come on earth, O God, in glory,* and the universe trembles,* while the river of fire flows before the seat of judgement,* and the books are opened and all secrets disclosed,* then deliver me from the unquenchable fire,* and count me worthy to stand at Your right hand,* O Judge who are most just.

Now...

Kontakion, Tone 1: By Your birth, You sanctified a virgin womb* and fittingly blessed the hands of Simeon.* You have come also now and saved us, O Christ our God;* give peace to Your community in

time of war,* and strengthen its rulers, whom You love,* for You alone,* are the Lover of mankind.

Prokeimenon, Tone 3

Great is our Lord and great is His strength;* and of His knowledge there is no end.

verse: Praise the Lord, for a psalm is good; may praise be sweet to Him.

Epistle - 1 Corinthians 8:8-9:2

Brothers and Sisters, food does not commend us to God; for neither if we eat are we the better, nor if we do not eat are we the worse. But beware lest somehow this liberty of yours become a stumbling block to those who are weak. For if anyone sees you who have knowledge eating in an idol's temple, will not the conscience of him who is weak be emboldened to eat those things offered to idols? And because of your knowledge shall the weak brother perish, for whom Christ died? But when you thus sin against the brethren, and wound their weak conscience, you sin against Christ. Therefore, if food makes my brother stumble, I will never again eat meat, lest I make my brother stumble. Am I not an apostle? Am I not free? Have I not seen Jesus Christ our Lord? Are you not my work in the Lord? If I am not an apostle to others, yet

Marriage

Please make arrangements with the Pastor

Baptism, Chrismation, Eucharist Please make arrangements with the Pastor

Anointing of the Sick

Please make arrangements with the Pastor

Funerals

Please make arrangements with the Pastor

Divine Liturgy Intentions

Please make arrangements with the Pastor

Catechism

Please contact the Pastor

Parish Pastoral Council

Donna Korban 204-667-8866

UCWLC

Cathy Evanyshyn 204-669-6479 Travelling Icon Linda Kadeshuk 204-770-5857

Millennium Seniors' Club

Bernice Hrehirchuk 204-669-2068 Wednesday, 12:30 pm

Young Adults (18-35)

Please contact the Pastor

Cinema Divina

Monthly (Sep-Jun)
Contact Fr. Michael

Perogy Hotline

204-667-6304

Parish Bookstore

204-334-2081

doubtless I am to you. For you are the seal of my apostleship in the Lord.

Alleluia, Tone 8

verse: Come, let us rejoice in the Lord; let us acclaim God our Saviour.

verse: Let us come before His face with praise, and acclaim Him in psalms.

Gospel - Matthew 25:31-46

The Lord said, "When the Son of Man comes in His glory, and all the holy angels with Him, then He will sit on the throne of His glory. All the nations will be gathered before Him, and He will separate them one from another, as a shepherd divides his sheep from the goats. And He will set the sheep on His right hand, but the goats on the left. Then the King will say to those on His right hand, 'Come, you blessed of My Father, inherit the kingdom prepared for you from the foundation of the world: for I was hungry and you gave Me food; I was thirsty and you gave Me drink; I was a stranger and you took Me in; I was naked and you clothed Me; I was sick and you visited Me; I was in prison and you came to Me.' Then the righteous will answer Him, saying, 'Lord, when did we see You hungry and feed You, or thirsty and give You drink? When did we see You a stranger and take You in, or naked and clothe You? Or when did we see You sick, or in prison, and come to You?' And the King will answer and say to them, 'Assuredly, I say to you, inasmuch as you did it to one of the least of these My brethren, you did it to Me.' Then He

will also say to those on the left hand, 'Depart from Me, you cursed, into the everlasting fire prepared for the devil and his angels: for I was hungry and you gave Me no food; I was thirsty and you gave Me no drink; I was a stranger and you did not take Me in, naked and you did not clothe Me, sick and in prison and you did not visit Me.' Then they also will answer Him, saying, 'Lord, when did we see You hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to You?' Then He will answer them, saying, 'Assuredly, I say to you, inasmuch as you did not do it to one of the least of these, you did not do it to Me.' And these will go away into everlasting punishment, but the righteous into eternal life."

Hymn to the Mother of God

O God-bearing Virgin, hope of Christians, protect and guard and save all those who put their trust in you.

and the Irmos, Tone 3: In the law, the shadow, and the scriptures, we the faithful see a figure: every male child that opens the womb shall be sanctified to God. Therefore do we magnify the firstborn Word and Son of the Father who is without beginning, the first-born Child of a Mother who had not known man.

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest. (Psalm 148:1) * Rejoice in the Lord, O you just;* praise befits the righteous.* Alleluia, alleluia,* alleluia. (Psalm 32:1)

ANNOUNCEMENTS

Our **Lenten Mission** will be on February 26-28 with three members of the Madonna House Apostolate. Please mark your calendars and plan to participate.

Holy Eucharist UCWLC Dinner Meeting, Wednesday, February 7 at 5:00 pm at the Parish Centre. Meeting will start at 5:00 pm followed by a light meal and refreshments. Please note change of start time for this meeting.

Black Tie Bingo, for the Love of Holy Family Home, February 29, 7:30 pm (doors 7 pm) Lubov SSMI Foundation presents Black Tie Bingo, an evening of hors d'oeuvres, canapés, charcuterie, decadent desserts, live music and cocktails that will transform the Holy Family Home Atrium into an elegant space where we play bingo! \$100 per/person at holyfamilyhome.mb.ca/blacktiebingo/, by

phone at 204-942-0443 or in person at Lubov SSMI Foundation, 1085 Main Street.

Save the Date! Immaculate Heart of Mary School Fundraising Dinner. March 9, 2024. After a few years of not hosting the Dinner, IHMS is pleased to say this popular community event is returning. Mark your calendars for Saturday, March 9, 2024. It will be in our own Parish Centre! We're looking forward to your support and seeing everyone again!! Stay tuned... more details are forthcoming.

We had a successful **Trivia Night** on January 27! Full of fun and good cheer. It is reported that Fr. Michael even started to dance a little! Stay tuned for our next fundraiser, a **Spring Dance** with the live band, Men in Cheap Suits, on **May 10**.

Sunday of the Last Judgment (Meatfare)



As its name indicates, this is traditionally the final day for eating meat until Pascha. This additional week of abstinence from meat comes from the Monastery of Saint Sabbas, near Jerusalem. The monks are thought to have introduced the practice in expiation for a sin of the Emperor Heraclius when he recaptured Jerusalem from the Persians. But this is a historical matter of no particular importance, and is not even mentioned in the Triodion.

The real theme of this Sunday is *the Last Judgment*, which we read about in the Gospel at the Divine Liturgy (Matthew 25:31-46).

Fasting is a discipline, an aid to repentance. Repentance itself is the object of the exercise. Just before the Great Doxology on this Sunday we sing "If you fast, do not deceive your neighbour! If you abstain from food, do not judge others!"

Even Lent has its temptations: we may be tempted to believe that our religious practice of Lent somehow entitles us to look down on others, or somehow excuses us from serving others. Just the opposite is true. And this "Sunday of the Last Judgment" should keep before our eyes, all through Lent, the primary importance of caring for the needs of others, of recognizing in those in need, Christ Himself. Lent should teach us humility; God forbid that Lent would become an occasion of pride!

The week following this Sunday, the last week before Lent itself, has some interesting features. Wednesday and Friday are "aliturgical days," which means that no celebration of the Divine Liturgy is foreseen by the calendar, and there are no readings from the Scripture for the Divine Liturgy. Saturday, the day before Forgiveness Sunday, is kept in honour of the monastic saints, the Holy Ascetics, because particularly during Lent we strive to follow their good example.

In *Orientale Lumen*, Pope John Paul II devotes much attention to our tradition of monasticism, (see *Orientale Lumen*, 9-10, 12-15) which the Holy Father calls "a reference point for all the baptized, according to the gifts of-

fered to each by the Lord" (Orientale Lumen, 9). I should like to encourage all the clergy and faithful of the eparchy to read Orientale Lumen during Lent. It is the monastics who have given us much of our Lenten practice, and this Saturday just before Lent is a moment when we offer the monastic saints our thanks for all that they have done, for all that they mean to the Church. This Saturday also is a reminder to our contemporary monastics, including even those who serve in our own diocese, that they are the heirs and custodians of a most glorious spiritual heritage which the Church expects them to cultivate and share.

This Saturday, finally, reminds us of Pope John Paul II's exhortation:

"With regard to monasticism, in consideration of its importance in Eastern Christianity, we would like it to flourish once more in the Eastern Catholic Churches, and that support be given to all those who feel called to work for its revitalization. In fact, in the East an intrinsic link exists between liturgical prayer, spiritual tradition and monastic life. For this reason precisely, a well-trained and motivated renewal of monastic life could mean true ecclesial fruitfulness for them as well. Nor should it be thought that this would diminish the effectiveness of the pastoral ministry which in fact will be strengthened by such a vigorous spirituality, and thus will find once more its ideal place. This hope also concerns the territories of the Eastern diaspora, where the presence of Eastern monasteries would give greater stability to the Eastern Churches in those countries, and would make a valuable contribution to the religious life of Western Christians" (Orientale Lumen, 27).

In response to this teaching of the Holy Father, we should pray for an abundance of monastic vocations, and for the strong, authentic monastic witness which *Orientale Lumen* describes.

Excerpt from Our Paschal Pilgrimage. A Guide for the Great Fast for Ukrainian Catholics by Bishop Basil Losten.



Did you know...

Here's a question I often receive. Father, isn't the Eucharistic celebration in our parish called Mass? I have often heard you call it Divine Liturgy. And previous pastors used the term Mass. Which is correct?

The word **Mass** is used by the Latin (Roman) Catholics as the name for their Eucharistic celebration. It is derived from the Latin phrase used at the end of that service, *Ite, missa, est*, which literally mean, "Go, it is the dismissal." The phrase has in its intention that the participants of that Eucharistic celebration go forth into the world as the Body of Christ and continue the mission of the Saviour.

Most Eastern Christian Churches, including our own Ukrainian Greek Catholic Church, call the Eucharistic celebration the Divine Liturgy. This English phrase is derived from the Greek or Slavonic phrase, *Sluzhba Bozha*, which means "The work/service of God." It is our service/worship of God and His good work among us. The correct term to use for the Eucharist celebration is **The Divine Liturgy**. Let's use the proper name for the worship of God.

Please remember in your prayers our parishioners!

Lavinia Aftanas, Matthew Bakan, Jane Budzen, Donna Gareau, Sophie Gierys, Nelson Hoffman, Gerry and Trudy Holowchuk, Margaret Hrushovetz, Jennie Huchko, Jack Kisil, Peter Koralewicz, Olga Kowalski, Stephanie Kupskay, Milly Manitowich, Jean Rotinsky, Anna Senyk, Jean Stewart, Glen Tabinski, Fr. Victor Yakowchuk.

Offerings	Sunday, Jan 21	Sunday, Jan 28
Envelopes	\$ 990.00	\$ 0.00
Open collection	\$ 60.00	\$ 0.00
Candles	\$ 22.00	\$ 0.00
Initial Offering	\$ 40.00	\$ 0.00
Sacred Art	\$ 20.00	\$ 0.00
Total	\$ 1132.00	\$ 0.00

Parish Schedule February 4-11, 2024

Sunday, February 4

Sunday of the Fearful Judgement (Meatfare). Octoechos Tone 3. Venerable Father Isidore of Pelusium.

1 Cor 8:8-9:2. Mt 25:31-46.

08:00 am Divine Liturgy [Ukr] (for parishioners) 10:00 am Divine Liturgy [Eng] (for parishioners) 07:00 pm Ever Wonder? Ask Fr. Mike Night

Monday, February 5

Post-feast of the Encounter. Holy Martyr Agatha. 3 Jn 1:1-15. Lk 19:29-40. 22:7-39.

No services or meetings.

Tuesday, February 6

Leave-taking of the Feast of the Encounter. Our Venerable Father Boucolus, Bishop of Smyrna. Holy Priest-Martyr Sylvanus and those with him.

Jude 1-10. Lk 22:39-42. 22:45-23:1.

09:00 am Divine Liturgy (+Metro Bodnar by Pat Bodnar)

Wednesday, February 7

Our Venerable Father Parthenius, Bishop of Lampsacus.

Joel 2:12-26. Joel 3:12-21. 12:00 pm Seniors Club

05:00 pm UCWLC meeting

Thursday, February 8

Holy Great-Martyr Theodore the General (286-305). Holy Prophet Zechariah (c. 520 BC). Jude 11-25. Luke 23:1-34, 44-56.

06:30 am Daily Matins | Prayer for Families

07:00 pm Parish Reading Club

Friday, February 9

Holy Martyr Nicephorus.

Abstention from meat and foods that contain meat.

Zechariah 8:7-14. Zechariah 8:19-23.

07:00 pm Marriage Preparation Course

Saturday, February 10

Saturday before Cheesefare Sunday. Holy Martyr Charalampius.

Rm 14:19-26. Gal 5:22-6:2. Mt 6:1-13; 11:27-30.

09:00 am Divine Liturgy For peace, strength and guidance for my children and families by Pat Sirski)

04:00 pm Confessions

05:00 pm Great Vespers

Sunday, February 11

Sunday of Forgiveness (Cheesefare). Octoechos Tone 4. Martyr Blaise, Bishop of Sebastia.

Rm 13:11-14:4. Mt 6:14-21.

08:00 am Divine Liturgy [Ukr] (for parishioners)

10:00 am Divine Liturgy [Eng] (for parishioners)

06:00 pm Forgiveness Vespers