



HOLY EUCHARIST UKRAINIAN CATHOLIC CHURCH

Українська Католицька Церква Пресвятої Євхаристії

Sunday, March 3, 2024

Church Address

505 Watt Street

Office & Mailing Address

460 Munroe Avenue
Winnipeg, MB R2K 1H4

Office Hours

Tue-Fri 9:00 am - 3:00 pm

Office Telephone

204-667-8866

Pastoral Emergencies

204-881-3150

Parish Website

holyeucharist.ca

Facebook

holyeucharistwinnipeg

Archeparchy Website

archeparchy.ca

Pastor

Fr. Michael Winn

Office: 204-667-8866

Main Cell: 587-937-5756

Local Cell: 204-881-3150

winn.heparish@gmail.com

Parish Office Administration

Carlene Deptuch

Office: 204-667-8866

heparish@gmail.com

Parish Facility Rentals

Call 204-667-8866, Tue-Thu
for inquiries and to make
appointment for viewing

Sunday Services

8:00 am—Ukrainian

10:00 am - English

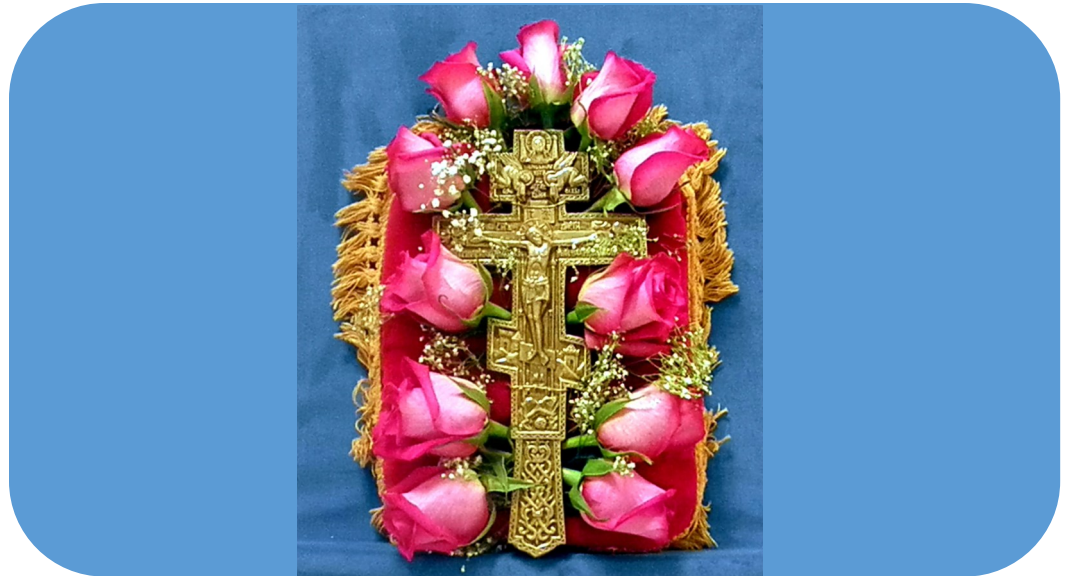
Confessions

4:00-5:00 pm Saturdays

or by appointment

Great Vespers

5:00 pm Saturdays



Third Sunday of the Great Fast, Octoechos Tone 7 Veneration of the Holy Cross

Troparia and Kontakia

Troparion, Tone 7: By Your cross You destroyed death;* You opened Paradise to the thief;* You changed the lamentation of the myrrh-bearers to joy,* and charged the apostles to proclaim* that You are risen, O Christ our God,* offering great mercy to the world.

Troparion, Tone 1: Save Your people, O Lord, and bless Your inheritance.* Grant victory to Your faithful people against enemies,* and protect Your community by Your cross.

Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.

Kontakion, Tone 7: No longer does the flaming sword guard the gate of Eden;* the tree of the Cross has quenched its flames gloriously.* The sting of death and the victory of Hades are banished,* and You O my Saviour came and called to those in Hades: "Return again to Paradise!"

Instead of Holy God, we sing:

To Your Cross, O Master,* we bow in veneration,* and we glorify Your holy Resurrection!

Prokeimenon, Tone 6

Save Your people, O Lord, and bless Your inheritance.

verse: Unto You I will cry, O Lord my God, lest You turn from me in silence. (Psalm 27:9,1)

Epistle - Hebrews 4:14-5:6

Brothers and Sisters, seeing then that we have a great High Priest who has passed through the heavens, Jesus the Son of God, let us hold fast our confession. For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all points tempted as we are, yet without sin. Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need. For every high priest taken from among men is appointed for men in things pertaining to God, that he may offer both gifts and sacrifices for sins. He can have compassion on those who are ignorant and going astray, since he himself is also subject to weakness. Because of this he is required as for the people, so also for himself, to offer sacrifices for sins. And no man takes this honor to himself, but he who is called by God, just as Aaron was. So also Christ did not glorify Himself to become High Priest, but it was He who

Marriage

Please make arrangements with the Pastor

Baptism, Chrismation, Eucharist

Please make arrangements with the Pastor

Anointing of the Sick

Please make arrangements with the Pastor

Funerals

Please make arrangements with the Pastor

Divine Liturgy Intentions

Please make arrangements with the Pastor

Catechism

Please contact the Pastor

Parish Pastoral Council

Donna Korban
204-667-8866

UCWLC

Cathy Evanyshyn
204-669-6479
Travelling Icon
Linda Kadeshuk
204-770-5857

Millennium Seniors' Club

Bernice Hrehirchuk
204-669-2068
Wednesday, 12:30 pm

Young Adults (18-35)

Please contact the Pastor

Cinema Divina

Monthly (Sep-Jun)
Contact Fr. Michael

Perogy Hotline

204-667-6304

Parish Bookstore

204-334-2081

said to Him: "You are My Son, today I have begotten You." As He also says in another place: "You are a priest forever according to the order of Melchizedek."

Alleluia, Tone 8

verse: Remember Your congregation which You acquired from the beginning.

verse: But God is our king before the ages; He has wrought salvation in the midst of the earth. (Psalm 73:2,12)

Gospel - Mark 8:34-9:1

The Lord said, "Whoever desires to come after Me, let him deny himself, and take up his cross, and follow Me. For whoever desires to save his life will lose it, but whoever loses his life for My sake and the gospel's will save it. For what will it profit a man if he gains the whole world, and loses his own soul? Or what will a man give in exchange for his soul? For whoever is ashamed of Me and My words in this adulterous and sinful generation, of him the Son of Man also will be ashamed when He comes in the glory of His Father with the holy angels." And He said to them, "Assuredly, I say to you that there are some standing here who will not taste death till they see the kingdom of God present with power."

Hymn to the Mother of God

In you, O Full of Grace, all creation rejoices: the angelic ranks and all the human race. Sanctified temple and spiritual paradise, virgins' pride and boast, from whom God is made flesh and became a little Child; and He who is our God before all ages, He made your womb a throne, and He made it wider than all the heavens. In you, O Full of Grace, all creation rejoices. Glory be to you.

Communion Hymn

Let the light of Your countenance, O Lord* shine upon us.* Alleluia, alleluia,* alleluia. (Psalm 4:7)

Upcoming Lenten Parish Missions**March 8-10**

Holy Family Parish, with Bishop Andriy Rabiychuk

March 8-10

BVM Parish, with Fr. Yaroslav Budykevych

March 18-20

St. Michael Parish (Mar 18), St. Anne Parish (Mar 19),
St. Joseph Parish (Mar 20), with Fr. Ivan Dzhur, CSsR

Sts. Peter and Paul Ukrainian Catholic Church
75th Anniversary Celebration and Homecoming

Saturday, April 20, 2024

Divine Liturgy 4:00 pm

Reception and Gala Dinner 5:30 pm

Parish Centre - 400 Marion Street

Tickets: \$50.00

For 75 years, Sts. Peter and Paul Ukrainian Catholic Church has been an active religious, community and cultural centre on Marion Street in St. Boniface. In recognition of this milestone, we are planning to recognize and celebrate the achievements of 75 years on Saturday, April 20, 2024, with the celebration of Divine Liturgy at the Church followed by a Gala Dinner at the Parish Centre. We are inviting you to join us by your attendance at this event. We are very much hoping for your attendance and we will be very pleased to welcome you as we celebrate together.

Tickets and more information can be obtained through the Parish Office at 204-237-4206 no later than April 5, 2024.

The Holy Cross

Not only the Third Sunday of Great Lent, but the week that follows, are devoted to welcoming the Precious Cross of Christ. This adoration of the Cross does not have a penitential character, but rather the opposite: “through the Cross joy has come to the whole world.” Having reached the midpoint of Lent we take refreshment, as though at a spiritual oasis, in the shade of the Cross, which is the banner and emblem of Christ’s victory. The Cross is a sign of our joy in Christ’s triumph. The liturgical texts express this joy; all the hymns in praise of the Cross have a victorious note to them. The Canon of Sunday Matins resembles the Paschal Canon of Saint John of Damascus.

Saint Hippolytus of Rome teaches:

“This Cross is the tree of my eternal salvation, nourishing and delighting me. I take root in the roots of the Cross; I am extended in the branches of the Cross; the dew of the Cross is my delight. The spirit of the Cross refreshes me like a lovely breeze. The shade of the Cross shelters me in my tent; when I flee from excessive heat I find the Cross a refuge, moist with dew, The flowers of the Cross are my flowers. The fruits of the Cross delight me altogether; the fruits of the Cross are always reserved for me, and I feast on the fruits of the Cross unrestrainedly. When I am hungry, the Cross is my nourishment. When I am thirsty, the Cross is my fountain. When I am naked, the Cross clothes me, for its leaves are no longer fig leaves, but the very breath of life. When I fear God, the Cross is my safeguard. When I falter, the Cross is my support. When I go into battle, the Cross is my prize, and when I triumph, the Cross is my trophy.

“The Cross is the ladder of Jacob; the Cross is the path of angels; the Lord is truly enthroned at the summit of the Cross. The Cross is my tree, wide as the firmament. The tree of the Cross extends from earth to the heavens, with its immortal trunk established between heaven and earth. The Cross is the pillar of the universe; the Cross is the support of the whole world; the Cross is the joint of the world, holding together the variety of human nature and riveted by the invisible bolts of the Spirit, so that it may remain fastened to the divinity and impossible to detach. The top of the Cross touches the highest heaven; the roots of the Cross are planted in the earth, and in between the giant arms of the Cross embrace the ever present breaths of air. The Cross is wholly in all things and in all places.”

For us Christians, the Cross of Christ is our boast! Saint Paul said, “God forbid that I should boast, except in the Cross of Our Lord Jesus Christ.” To show our pride in the Cross, just after the Great Doxology at Sunday Matins, we bring out the Cross into the nave of the church for veneration, and we adorn the precious Cross with flowers. Thus we express our faith that what might have seemed to be the “dead wood” of the cross became the bearer of Life. Dry wood is highly inflammable, yet in

the Kondak we sing that:

“... no longer does the flaming sword guard the gates of Eden, for in a strange and glorious way, the Wood of the Cross has put out its flames, and My Saviour, You have stood on the Cross and called out to those in hell: ‘enter again into Paradise.’”

Our liturgical poetry about the Cross of Christ makes much of the many scriptural references to wood, since the Cross of Christ was made from wood. “The Tree of the Cross replaces the Tree of Knowledge of good and evil.” Thus it is best to have a suitable wooden cross for veneration on these feast days. Many Christian cultures have a tradition of carved crosses; our Ukrainian carved wooden crosses are sometimes exquisitely beautiful.

The precious Cross remains in the nave of the church for veneration throughout the week, until Friday. Most of us are not able to come to church each day, but of course we can all pray at home, however briefly. So during this week, we should also have the cross in a place of honour in our home, with some flowers to adorn the cross, and be sure to kiss the cross and pray at least “We bow down before Your Cross, O Master, and we glorify Your Holy Resurrection!” Thus we keep the joy of the Cross throughout the week, and we strengthen the link between the family and the church.

From *Our Paschal Pilgrimage* by Bishop Basil Losten.



IT'S BACK
St Anne Church
Knights of Columbus

LENTEN FRIDAYS



DINNERS STARTING AT \$15

include Fries or Perogies

Creamy Coleslaw

complimentary Bun, Beverages & Dessert

Also Available Take-Outs and UCWLC Bake Items for Sale

St Anne Ukrainian Catholic Church Hall
35 Marcie Street (off Gilmore Avenue)
Lenten Fridays, Feb 23, Mar 1, 8, 15, 22
from 4:00pm - 7:00pm

- Proceeds from the Fish Fry go to support Winnipeg Charities, Ukrainian War Relief efforts and our church.
- Please note that additional parking is available in the Douglas Mennonite Church parking lot accessible from Rothesay St. at the north end of the Rothesay overpass. Proceed via a private walkway on the east side of the parking lot that will lead to Marcie St. and to St. Anne Church.

EVER WONDER... about healing...

about life...
about faith...
about love...
about death...
about God...

Q&A WITH FR. MIKE

**7:00-9:00 PM
SUNDAY, MARCH 10**

**HOLY EUCHARIST CHURCH
505 WATT STREET**



ANNOUNCEMENTS

Holy Eucharist UCWLC Dinner Meeting – Wednesday, March 6, 2024, beginning at 5:00 pm, at the Parish Centre. Meeting followed by light meal and refreshments. Please note the change of start time for this meeting.

Singing practices for Great and Holy Week, and Pascha on March 9 and 16, 10:30-12:00 in the church.

Fish Fry dinner at St. Joseph Parish, March 8, 15, 22, 4:30-6:30 pm

Easter Food Bake Sale at St. Basil Parish on Saturday, March 23, 10:00-1:00.

Childrens Camp at Ukrainian Park will be on Jun 30 to Jul 6 (Grade 7-10) and July 7 - 13 (Grade 1-6). Mark your calendars! More details to come.

Please remember in your prayers our parishioners!

Lavinia Aftanas, Matthew Bakan, Jane Budzen, Donna Gareau, Sophie Gierys, Nelson and Katherine Hoffman, Gerry and Trudy Holowchuk, Margaret Hrushovetz, Jennie Huchko, Adela Kishensky, Peter Koralewicz, Olga Kowalski, Stephanie Kupskey, Milly Manitowich, Jean Rotinsky, Anna Senyk, Jean Stewart, Glen Tabinski.

Offerings	Sunday, Feb 18	Sunday, Feb 25
Envelopes	\$ 2620.00	\$ 1397.00
Open collection	\$ 54.00	\$ 65.30
Candles	\$ 12.95	\$ 18.00
Initial Offering	\$ 0.00	\$ 20.00
Lenten Mission	\$ 0.00	\$ 20.00
Met. Lent	\$ 0.00	\$ 10.00
Total	\$ 2686.95	\$ 1530.00

Parish Schedule March 3-10, 2024

The Divine Liturgy is not celebrated on the weekdays of Great Lent.

Sunday, March 3

Veneration of the Holy Cross. Octoechos Tone 7. Holy Martyrs Eutropius and Companions. *Great Fast Day 21.* Heb 4:14-5:6. Mk 8:34-9:1.

08:00 am Divine Liturgy [Ukr] (for parishioners)
10:00 am Divine Liturgy [Eng] (for parishioners)

Monday, March 4

Our Venerable Father Gerasimus of the Jordan (475). *Great Fast Day 22. Abstention from meat and foods that contain meat.*

Is 14:24-32. Gn 8:21-9:7. Prov 11:19-12:6.
No services.

Tuesday, March 5

Holy Martyr Conon (249-251). *Great Fast Day 23.* Is 25:1-9. Gn 9:8-17. Prov 12:8-22.

08:00 am Lenten Matins

Wednesday, March 6

Holy Forty-Two Martyrs of Ammorium (848). *Great Fast Day 24. Abstention from meat and foods that contain meat.*

Is 26:21-27:9. Gn 9:18-10:1. Prov 12:23-13:10.

08:00 am Lenten Matins
12:00 pm Seniors Club
05:30 pm Liturgy of the Presanctified Gifts (+George Bradics)
05:00 pm UCWLC Meeting

Thursday, March 7

Holy Priest-Martyrs and Bishops of Cherson Basil, Ephrem, Capiton, Eugene, Etherius and Others. *Great Fast Day 25.*

Is 28:14-22. Gn 10:32-11:9. Prov 13:19-14:6.
07:00 pm Booking Reading Club

Friday, March 8

Our Venerable Father and Confessor Theophilactus, Bishop of Nicomedia (c. 845). *Great Fast Day 26. Abstention from meat and foods that contain meat.*

Is 29:13-23. Gn 12:1-7. Prov 14:15-26.
08:00 am Lenten Matins
07:00 pm Marriage Preparation Course

Saturday, March 9

Holy Forty Martyrs of Sebaste (321-23). *Great Fast Day 27. Polyelos Feast.* Heb 12:1-10. Mt 20:1-16.

09:00 am Divine Liturgy (+John and +Nell Kozoriz by Pat Sirski)
04:00 pm Confessions
05:00 pm Great Vespers

Sunday, March 10

4th Sunday of the Great Fast: St. John Climacus. Octoechos Tone 8. Holy Martyr Codratus. Heb 6:13-20. Eph 5:9-19. Mk 9:17-31. Mt 4:25-5:12.

08:00 am Divine Liturgy [Ukr] (for parishioners)
10:00 am Divine Liturgy [Eng] (for parishioners)
07:00 pm Ever Wonder? Ask Fr. Mike Night