



HOLY EUCHARIST UKRAINIAN CATHOLIC CHURCH

Українська Католицька Церква Пресвятої Євхаристії

Sunday, March 10, 2024

Church Address

505 Watt Street

Office & Mailing Address

460 Munroe Avenue
Winnipeg, MB R2K 1H4

Office Hours

Tue-Fri 9:00 am - 3:00 pm

Office Telephone

204-667-8866

Pastoral Emergencies

204-881-3150

Parish Website

holyeucharist.ca

Facebook

holyeucharistwinnipeg

Archeparchy Website

archeparchy.ca

Pastor

Fr. Michael Winn

Office: 204-667-8866

Main Cell: 587-937-5756

Local Cell: 204-881-3150

winn.heparish@gmail.com

Parish Office Administration

Carlene Deptuch

Office: 204-667-8866

heparish@gmail.com

Parish Facility Rentals

Call 204-667-8866, Tue-Thu
for inquiries and to make
appointment for viewing

Sunday Services

8:00 am—Ukrainian

10:00 am - English

Confessions

4:00-5:00 pm Saturdays

or by appointment

Great Vespers

5:00 pm Saturdays



4th Sunday of the Great Fast: St. John Climacus. Octoechos Tone 8.

Holy Martyr Codratus and those with Him

Troparia and Kontakia

Troparion, Tone 8: You came down from on high, O Merciful One,* and accepted three days of burial* to free us from our sufferings.* O Lord, our life and our resurrection,* glory be to You.

Troparion, Tone 1: O John, our God-bearing father,* you were shown to be a citizen of the desert,* an angel in bodily form,* and a worker of miracles.* Through fasting, prayers and vigils you received heavenly gifts* to heal the sick and the souls of those who, in faith, run to you.* Glory to Him who gives you strength.* Glory to Him who crowned you.* Glory to Him who works healing for all through you.

Glory... Now...

Kontakion, Tone 4: On the heights of true abstinence,* the Lord established you as a reliable star,* giving light for guidance to the ends of the earth,* O father John, our teacher.

Prokeimenon, Tone 8

Pray and give praise to the Lord our God.

verse: In Judea God is known; His name is great in Israel. (Psalm 75:12,2)

Prokeimenon, Tone 7

The venerable ones will exult in glory* and they shall be joyful in their beds. (Psalm 149:5)

Epistle - Hebrews 6:13-20

Brothers and Sisters, when God made a promise to Abraham, because He could swear by no one greater, He swore by Himself, saying, "Surely blessing I will bless you, and multiplying I will multiply you." And so, after he had patiently endured, he obtained the promise. For men indeed swear by the greater, and an oath for confirmation is for them an end of all dispute. Thus God, determining to show more abundantly to the heirs of promise the immutability of His counsel, confirmed it by an oath, that by two immutable things, in which it is impossible for God to lie, we might have strong consolation, who have fled for refuge to lay hold of the hope set before us. This hope we have as an anchor of the soul, both sure and steadfast, and which enters the Presence behind the veil, where the forerunner has entered for us, even Jesus, having become High Priest forever according to the order of Melchizedek.

Marriage

Please make arrangements with the Pastor

Baptism, Chrismation, Eucharist

Please make arrangements with the Pastor

Anointing of the Sick

Please make arrangements with the Pastor

Funerals

Please make arrangements with the Pastor

Divine Liturgy Intentions

Please make arrangements with the Pastor

Catechism

Please contact the Pastor

Parish Pastoral Council

Donna Korban
204-667-8866

UCWLC

Cathy Evanyshyn
204-669-6479
Travelling Icon
Linda Kadeshuk
204-770-5857

Millennium Seniors' Club

Bernice Hrehirchuk
204-669-2068
Wednesday, 12:30 pm

Young Adults (18-35)

Please contact the Pastor

Cinema Divina

Monthly (Sep-Jun)
Contact Fr. Michael

Perogy Hotline

204-667-6304

Parish Bookstore

204-334-2081

Alleluia, Tone 8

verse: Come, let us rejoice in the Lord; let us acclaim God our Saviour.

verse: Let us come before His countenance with praise and acclaim Him with psalms. (Psalm 94:1,2)

verse: They who are planted in the hose of the Lord shall flourish in the courts of our God. (Psalm 91:14)

Gospel - Mark 9:17-31

At that time, one of the multitude came to Jesus, bowed before Him, and said, "Teacher, I brought You my son, who has a mute spirit. And wherever it seizes him, it throws him down; he foams at the mouth, gnashes his teeth, and becomes rigid. So I spoke to Your disciples, that they should cast it out, but they could not." He answered him and said, "O faithless generation, how long shall I be with you? How long shall I bear with you? Bring him to Me." Then they brought him to Him. And when he saw Him, immediately the spirit convulsed him, and he fell on the ground and wallowed, foaming at the mouth. So He asked his father, "How long has this been happening to him?" And he said, "From childhood. And often he has thrown him both into the fire and into the water to destroy him. But if You can do anything, have compassion on us and help us." Jesus said to him, "If you can believe, all things are possible to him who believes." Immediately the father of the child cried out and said with tears, "Lord, I believe; help my unbelief!" When Jesus saw that the people came running together, He rebuked the un-

clean spirit, saying to it: "Deaf and dumb spirit, I command you, come out of him and enter him no more!" Then the spirit cried out, convulsed him greatly, and came out of him. And he became as one dead, so that many said, "He is dead." But Jesus took him by the hand and lifted him up, and he arose. And when He had come into the house, His disciples asked Him privately, "Why could we not cast it out?" So He said to them, "This kind can come out by nothing but prayer and fasting." Then they departed from there and passed through Galilee, and He did not want anyone to know it. For He taught His disciples and said to them, "The Son of Man is being betrayed into the hands of men, and they will kill Him. And after He is killed, He will rise the third day."

Hymn to the Mother of God

In you, O Full of Grace, all creation rejoices: the angelic ranks and all the human race. Sanctified temple and spiritual paradise, virgins' pride and boast, from whom God is made flesh and became a little Child; and He who is our God before all ages, He made your womb a throne, and He made it wider that all the heavens. In you, O Full of Grace, all creation rejoices. Glory be to you.

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest. (Psalm 148:1)* The just man shall be in everlasting remembrance;* of evil hearsay he shall have no fear.* Alleluia, alleluia,* alleluia. (Psalm 111:6)

ANNOUNCEMENTS

We offer our deep condolences and sympathies to Lorraine Kisil and family on the repose of her dear husband, **+Jack Kisil**, who passed on February 23. His funeral will be this Friday, March 15 at 10:30 am

We offer our deep condolences and sympathies to Shirley Skochylas and family on the repose of her dear mother, **+Mary Turkewich**, who passed on March 1. Her funeral was this past Friday, March 8 in Gimli.

Holy Eucharist UCWLC Dinner Meeting – Wednesday, March 13, 2024, beginning at 5:00 pm, at the Parish Centre. Meeting followed by light meal and refreshments. Please note the change of start time for this meeting.

Singing practices for Great and Holy Week, and Pascha on March 16, 10:30-12:00 in the church.

St John of the Ladder

Saint John, Abbot of the Monastery of Saint Catherine, on Mount Sinai, who died in 603 AD, wrote an ascetic book called *The Ladder of Divine Ascent*. This book became one of the greatest classics of Christian spirituality. It has been translated into innumerable languages, both ancient and modern; one of the first books printed in the Western Hemisphere was a Spanish translation of the *Ladder*: For several centuries there has been a Church Slavonic translation which our monks and nuns made use of; unfortunately, there is as yet no translation into modern Ukrainian.

While the *Ladder* is definitely an important work of the Eastern Christian tradition, it is by no means confined to the East. The Western Church also knows and honours this book. In the same way, while Saint John, who wrote the *Ladder* was an abbot and a great master of the monastic life, his book is not just for monks and nuns! As Pope John Paul II has written:

“I will look to monasticism in order to identify those values which I feel are very important today for expressing the contribution of the Christian East to the journey of Christ’s Church towards the Kingdom. While these aspects are at times neither exclusive to monasticism nor to the Eastern heritage they have frequently acquired a particular connotation in themselves. Besides, we are not seeking to make the most of exclusivity, but of the mutual enrichment in what the one Spirit has inspired in the one Church of Christ.

“Monasticism has always been the very soul of the Eastern Churches: the first Christian monks were born in the East and the monastic life was an integral part of the Eastern lumen passed on to the West by the great Fathers of the undivided Church” (*Orientalis Lumen*, 9)

Saint John is one of the greatest of these Fathers. And his writings, like all good spiritual and ascetical writings, should move us to improve our Christian lives. It is impossible to be “static” in our Christian practice; either we ascend further towards God, or we fall back, we fall away.

In the monastic communities of the Byzantine Churches, including our own Ukrainian Church, Saint John’s book *The Ladder of Divine Ascent* is read aloud every year, during Great Lent. Perhaps we may not necessarily read *The Ladder* in our families, but we should try during Lent to read some good book of our traditional spirituality. Such a book should not be read quickly, “in one sitting.” Rather, we try to let such a book teach us, speak to us, and instruct us. For this purpose, we read only a little each day, and we pray, asking God and the Saints to show us, slowly perhaps, how we are to benefit from this instruction.

From *Journey to Pascha* by Bishop Basil Losten



Please remember in your prayers our parishioners!

Lavinia Aftanas, Matthew Bakan, Jane Budzen, Donna Gareau, Sophie Gierys, Nelson and Katherine Hoffman, Gerry and Trudy Holowchuk, Margaret Hrushovetz, Jennie Huchko, Adela Kishensky, Peter Koralewicz, Olga Kowalski, Stephanie Kupskey, Milly Maniowich, Jean Rotinsky, Anna Senyk, Jean Stewart, Glen Tabinski.

Sts. Peter and Paul Ukrainian Catholic Church 75th Anniversary Celebration and Homecoming

Saturday, April 20, 2024

Divine Liturgy 4:00 pm

Reception and Gala Dinner 5:30 pm

Parish Centre - 400 Marion Street

Tickets: \$50.00

For 75 years, Sts. Peter and Paul Ukrainian Catholic Church has been an active religious, community and cultural centre on Marion Street in St. Boniface. In recognition of this milestone, we are planning to recognize and celebrate the achievements of 75 years on Saturday, April 20, 2024, with the celebration of Divine Liturgy at the Church followed by a Gala Dinner at the Parish Centre. We are inviting you to join us by your attendance at this event. We are very much hoping for your attendance and we will be very pleased to welcome you as we celebrate together.

Tickets and more information can be obtained through the Parish Office at 204-237-4206 no later than April 5, 2024.

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Holy Eucharist Parish presents

Cinema Divina

Viewing movies through the lens of scripture

Potluck at 6:00 pm
Movie at 7:00 pm



BRIDESHEAD REVISITED

Sunday March 17

460 Munroe Ave, Winnipeg
Telephone: 204 881-3150

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SAVE THE DATE

HOLY EUCHARIST PARISH FUNDRAISING DANCE WITH MEN IN CHEAP SUITS

MAY 10, 2024
HOLY EUCHARIST PARISH CENTRE
460 MUNROE AVENUE, WINNIPEG

| Offerings | Sunday, Feb 25 | Sunday, Mar 3 |
|------------------|-------------------|-------------------|
| Envelopes | \$ 1397.00 | \$ 1300.00 |
| Open collection | \$ 65.30 | \$ 90.00 |
| Candles | \$ 18.00 | \$ 8.35 |
| Initial Offering | \$ 20.00 | \$ 25.00 |
| Lenten Mission | \$ 20.00 | \$ 50.00 |
| Met. Lent | \$ 10.00 | \$ 195.00 |
| Easter Flowers | \$ 0.00 | \$ 20.00 |
| Total | \$ 1530.00 | \$ 1688.35 |

Parish Schedule March 10-17, 2024

The Divine Liturgy is not celebrated on the weekdays of Great Lent.

Sunday, March 10

4th Sunday of the Great Fast: St. John Climacus.
Octoechos Tone 8. Holy Martyr Codratus
Heb 6:13-20. Eph 5:9-19. Mk 9:17-31. Mt 4:25-5:12.
08:00 am Divine Liturgy [Ukr] (for parishioners)
10:00 am Divine Liturgy [Eng] (for parishioners)
07:00 pm Ever Wonder? Ask Fr. Mike Night

Monday, March 11

Holy Father Sophronius, Patriarch of Jerusalem.
Great Fast Day 29. Abstinence from meat and foods that contain meat.
Is 37:33-38:6. Gn 13:12-18. Prov 14:27-15:4.
10:00 am Busy Fingers

Tuesday, March 12

Venerable Father and Confessor Theophanes of Sigriana.
Holy Father Gregory the Dialogist.
Great Fast Day 30.
Is 40:18-31. Gn 15:1-15. Prov 15:7-19.
08:00 am Lenten Matins

Wednesday, March 13

Transfer of the Relics of Our Holy Father Nicephorus.
Great Fast Day 31. Abstinence from meat and foods that contain meat.
Is 41:4-14. Gn 17:1-9. Prov 15:20-16:9.
12:00 pm Seniors Club
05:00 pm UCWLC meeting

Thursday, March 14

Venerable Father Benedict of Nursia.
Great Fast Day 32.
Is 42:5-16. Gn 18:20-33. Prov 16:17-17:17.
No Services.

Friday, March 15

Holy Martyr Agapius and the Six Martyrs with Him.
Great Fast Day 33. Abstinence from meat and foods that contain meat.
Is 45:11-17. Gn 22:1-18. Prov 17:17-18:5.
10:00 am Funeral of +Jack Kisil
07:00 pm Marriage Preparation Course

Saturday, March 16

Fifth Saturday of the Great Fast: Akathist Saturday.
Great Fast Day 34.
Heb 9:24-28, 1-7. Mk 8:27-31. Lk 10:38-42. 11:27-28.
09:00 am Divine Liturgy (+Dr. Semeon Hrushovetz by Holy Eucharist UCWLC)

Sunday, March 17

5th Sunday of the Great Fast: Venerable Mother, Mary of Egypt. Octoechos Tone 1. Venerable Father Alexius.
Great Fast Day 35.
Heb 9:11-14. Gal 3:23-29. Mk 10:32-45. Lk 7:36-50.
08:00 am Divine Liturgy [Ukr] (for parishioners)
10:00 am Divine Liturgy [Eng] (for parishioners)
06:00 pm Cinema Divina